

Weekly Menu

Cafeteria Fuji



	2024/4/1 Monday	2024/4/2 Tuesday	2024/4/3 Wednesday	2024/4/4 Thursday	2024/4/5 Friday	2024/4/6 Saturday	2024/4/7 Sunday
b r e a k f a s t	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
	spaghetti salad	potato salad	vermicelli salad	macaroni salad	burdock salad	spaghetti salad	potato salad
	scrambled eggs Japanese style	thick fried egg	scrambled eggs	scrambled eggs Japanese style	thick fried egg	scrambled eggs Japanese style	thick fried egg
	komatsuna and agar dip	seasoned root vegetables and tuna	Stir-fried chicken and vegetables with miso	Stir-fried tuna and cabbage	Stir-fried minced chicken and potato with BBQ sauce	komatsuna and agar dip	seasoned root vegetables and tuna
	pork wiener	meatball	Shumai	pork wiener	Meatballs (sweet and sour sauce)	pork wiener	meatball
	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
l u n c h	A	A	A	A	A	A	A
	chicken sauté grated steak sauce	hamburger teriyaki sauce	fried chicken	Ground beef cutlet with demi glace sauce& Salt-grilled mackerel	grilled pork loin	lemon pepper chicken	Grilled chicken with salt koji & fried white fish with tartar sauce
	B	B	B	B	B	B	B
	bibimbap style yakiniku	chicken cutlet demi glace sauce	Omelet rice with chicken tomato sauce	Meat sauce on rice	Scrambled eggs with Chinese chili sauce on the rice	Chinese style mixed vegetable and meat/seafood gravy rice	Spicy Sichuan eggplant on the rice
	C	C	C	C	C	C	C
	Beef & vegetables curry sauce with rice	Vegetable curry with mushrooms and cheese	Beef curry	pork curry	Hayashi rice with plenty of mushrooms	Unskinned vegetables curry & rice	hamburger curry
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
d i n n e r	A	A	A	A	A	A	A
	Pork cutlet	Bulgogi	Fried chicken Shiso roll&Ginger grilled pork	Japanese-style grated yakiniku	Fried chicken with spicy sauce	Hamburger BBQ sauce	grilled beef salad
	B	B	B	B	B	B	B
	chicken curry	Chicken Nanbandon	chicken steak bowl	Kanazawa curry	Stir-fried pork with ginger sauce on the rice	European curry	Pork cutlet & sliced cabbage on the rice with tonkatsu sauce
	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

•Breakfast will be served in buffet style.

•You can choose from 3 menu items for lunch and 1 item from 2 menu items for dinner. The menu may change due to availability of ingredients.

•Our store is not a free space. Those who cannot purchase a meal ticket or those who bring their own food will not be permitted to use the facility.

•Reservations are required for breakfast and dinner. Please make your reservation by 3:00 pm 7 days in advance, excluding holidays. Please see the Olympic Center homepage for details.

•Tickets for lunch will be sold on the day, but if there are many customers, we may stop selling tickets on the day at the ticket vending machine.

Weekly Menu

Cafeteria Fuji



	2024/4/8 Monday	2024/4/9 Tuesday	2024/4/10 Wednesday	2024/4/11 Thursday	2024/4/12 Friday	2024/4/13 Saturday	2024/4/14 Sunday
b r e a k f a s t	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
	vermicelli salad scrambled eggs Stir-fried chicken and vegetables with miso Shumai Soup/drink bar	macaroni salad scrambled eggs Japanese style Stir-fried tuna and cabbage pork wiener Soup/drink bar	burdock salad thick fried egg Stir-fried minced chicken and potato with BBQ sauce Meatballs (sweet and sour sauce) Soup/drink bar	spaghetti salad scrambled eggs Japanese style komatsuna and agar dip pork wiener Soup/drink bar	potato salad thick fried egg seasoned root vegetables and tuna meatball Soup/drink bar	vermicelli salad scrambled eggs Stir-fried chicken and vegetables with miso Shumai Soup/drink bar	macaroni salad scrambled eggs Japanese style Stir-fried tuna and cabbage pork wiener Soup/drink bar
	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
l u n c h	A chicken sauté grated steak sauce	A hamburger teriyaki sauce	A fried chicken	A Ground beef cutlet with demi glace sauce& Salt-grilled mackerel	A grilled pork loin	A lemon pepper chicken	A Grilled chicken with salt koji & fried white fish with tartar sauce
	B bibimbap style yakiniku	B chicken cutlet demi glace sauce	B Omelet rice with chicken tomato sauce	B Meat sauce on rice	B Scrambled eggs with Chinese chili sauce on the rice	B Chinese style mixed vegetable and meat/seafood gravy rice	B Spicy Sichuan eggplant on the rice
	C Beef & vegetables curry sauce with rice	C Vegetable curry with mushrooms and cheese	C Beef curry	C pork curry	C Hayashi rice with plenty of mushrooms	C Unskinned vegetables curry & rice	C hamburger curry
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
d i n n e r	A Pork cutlet	A Bulgogi	A Fried chicken Shiso roll&Ginger grilled pork	A Japanese-style grated yakiniku	A Fried chicken with spicy sauce	A Hamburger BBQ sauce	A grilled beef salad
	B chicken curry	B Chicken Nanbandon	B chicken steak bowl	B Kanazawa curry	B Stir-fried pork with ginger sauce on the rice	B European curry	B Pork cutlet & sliced cabbage on the rice with tonkatsu sauce
	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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Weekly Menu

Cafeteria Fuji



日 曜日	2024/4/15 Monday	2024/4/16 Tuesday	2024/4/17 Wednesday	2024/4/18 Thursday	2024/4/19 Friday	2024/4/20 Saturday	2024/4/21 Sunday
b r e a k f a s t	Buffet style burdock salad thick fried egg Stir-fried minced chicken and potato with BBQ sauce Meatballs (sweet and sour sauce) Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style spaghetti salad scrambled eggs Japanese style komatsuna and agar dip pork wiener Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style potato salad thick fried egg seasoned root vegetables and tuna meatball Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style vermicelli salad scrambled eggs Stir-fried chicken and vegetables with miso Shumai Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style macaroni salad scrambled eggs Japanese style Stir-fried tuna and cabbage pork wiener Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style burdock salad thick fried egg Stir-fried minced chicken and potato with BBQ sauce Meatballs (sweet and sour sauce) Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style spaghetti salad scrambled eggs Japanese style komatsuna and agar dip pork wiener Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert
l u n c h	A chicken sauté grated steak sauce B bibimbap style yakiniku C Beef & vegetables curry sauce with rice ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A hamburger teriyaki sauce B chicken cutlet demi glace sauce C Vegetable curry with mushrooms and cheese ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A fried chicken B Omelet rice with chicken tomato sauce C Beef curry ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Ground beef cutlet with demi glace sauce & Salt-grilled mackerel B Meat sauce on rice C pork curry ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A grilled pork loin B Scrambled eggs with Chinese chili sauce on the rice C Hayashi rice with plenty of mushrooms ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A lemon pepper chicken B Chinese style mixed vegetable and meat/seafood gravy rice C Unskinned vegetables curry & rice ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Grilled chicken with salt koji & fried white fish with tartar sauce B Spicy Sichuan eggplant on the rice C hamburger curry ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert
d i n n e r	A Pork cutlet B chicken curry AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Bulgogi B Chicken Nanbandon AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Fried chicken Shiso roll & Ginger grilled pork B chicken steak bowl AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Japanese-style grated yakiniku B Kanazawa curry AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Fried chicken with spicy sauce B Stir-fried pork with ginger sauce on the rice AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Hamburger BBQ sauce B European curry AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A grilled beef salad B Pork cutlet & sliced cabbage on the rice with tonkatsu sauce AB common menu Rice/soup/drink bar Salad/Fruit/Dessert

- Breakfast will be served in buffet style.
- You can choose from 3 menu items for lunch and 1 item from 2 menu items for dinner. The menu may change due to availability of ingredients.
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日 曜日	2024/4/22 Monday	2024/4/23 Tuesday	2024/4/24 Wednesday	2024/4/25 Thursday	2024/4/26 Friday	2024/4/27 Saturday	2024/4/28 Sunday
b r e a k f a s t	Buffet style potato salad thick fried egg seasoned root vegetables and tuna meatball Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style vermicelli salad scrambled eggs Stir-fried chicken and vegetables with miso Shumai Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style macaroni salad scrambled eggs Japanese style Stir-fried tuna and cabbage pork wiener Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style burdock salad thick fried egg Stir-fried minced chicken and potato with BBQ sauce Meatballs (sweet and sour sauce) Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style spaghetti salad scrambled eggs Japanese style komatsuna and agar dip pork wiener Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style potato salad thick fried egg seasoned root vegetables and tuna meatball Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style vermicelli salad scrambled eggs Stir-fried chicken and vegetables with miso Shumai Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert
l u n c h	A chicken sauté grated steak sauce B bibimbap style yakiniku C Beef & vegetables curry sauce with rice ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A hamburger teriyaki sauce B chicken cutlet demi glace sauce C Vegetable curry with mushrooms and cheese ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A fried chicken B Omelet rice with chicken tomato sauce C Beef curry ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Ground beef cutlet with demi glace sauce& Salt-grilled mackerel B Meat sauce on rice C pork curry ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A grilled pork loin B Scrambled eggs with Chinese chili sauce on the rice C Hayashi rice with plenty of mushrooms ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A lemon pepper chicken B Chinese style mixed vegetable and meat/seafood gravy rice C Unskinned vegetables curry & rice ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Grilled chicken with salt koji & fried white fish with tartar sauce B Spicy Sichuan eggplant on the rice C hamburger curry ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert
d i n n e r	A Pork cutlet B chicken curry AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Bulgogi B Chicken Nanbandon AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Fried chicken Shiso roll&Ginger grilled pork B chicken steak bowl AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Japanese-style grated yakiniku B Kanazawa curry AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Fried chicken with spicy sauce B Stir-fried pork with ginger sauce on the rice AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Hamburger BBQ sauce B European curry AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A grilled beef salad B Pork cutlet & sliced cabbage on the rice with tonkatsu sauce AB common menu Rice/soup/drink bar Salad/Fruit/Dessert

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Weekly Menu

Cafeteria Fuji



日 曜日	2024/4/29 Monday	2024/4/30 Tuesday	2024/5/1 Wednesday	2024/5/2 Thursday	2024/5/3 Friday	2024/5/4 Saturday	2024/5/5 Sunday
b r e a k f a s t	Buffet style macaroni salad scrambled eggs Japanese style Stir-fried tuna and cabbage pork wiener Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	Buffet style burdock salad thick fried egg Stir-fried minced chicken and potato with BBQ sauce Meatballs (sweet and sour sauce) Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	coming soon				
l u n c h	A chicken sauté grated steak sauce	A hamburger teriyaki sauce					
	B bibimbap style yakiniku	B chicken cutlet demi glace sauce					
	C Beef & vegetables curry sauce with rice	C Vegetable curry with mushrooms and cheese					
	ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert	ABC common menu Rice/soup/drink bar Salad/Fruit/Dessert					
d i n n e r	A Pork cutlet B chicken curry AB common menu Rice/soup/drink bar Salad/Fruit/Dessert	A Bulgogi B Chicken Nanbandon AB common menu Rice/soup/drink bar Salad/Fruit/Dessert					

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April 2024 【Breakfast】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

***Breakfast is served in a buffet style, and each person can choose the food they like, so
Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)**

No.1

date	1・6・11・16・21・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	spaghetti salad	●	●	●				
	scrambled eggs Japanese style	●	●					
	komatsuna and agar dip	●						
	pork wiener			●				

No.2

date	2・7・17・22・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	potato salad	●	●	●				
	thick fried egg	●	●					
	seasoned root vegetables and tuna							
	meatball	●	●	●				

No.3

date	3・8・13・18・23・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	vermicelli salad							
	scrambled eggs	●	●	●				
	Stir-fried chicken and vegetables with miso							
	Shumai	●		●				

Others		wheat	egg	milk	buckwheat	peanut	shrimp	crab
	rice							
	miso soup							
	batard	●						
	roll bread	●	●	●				
	natto	●						

*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	4・9・14・19・24・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	macaroni salad	●	●	●				
	scrambled eggs Japanese style	●	●					
	Stir-fried tuna and cabbage	●						
	pork wiener			●				

No.5

date	5・10・15・20・25・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	burdock salad	●	●	●				
	thick fried egg	●	●					
	Stir-fried minced chicken and potato with BBQ sauce	●						
	Meatballs (sweet and sour sauce)	●	●	●				

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

April 2024 【Lunch】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
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- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*For lunch, you can choose one item from the three items on the menu.
Depending on availability on the day, some menu items may be sold out.

No.1 (Monday)

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	chicken sauté grated steak sauce	●						
	bibimbap style yakiniku	●						
	Beef & vegetables curry sauce with rice	●		●				

No.2 (Tuesday)

date	2・9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	hamburger teriyaki sauce	●		●				
	chicken cutlet demi glace sauce	●	●	●				
	Vegetable curry with mushrooms and cheese	●		●				

No.3 (Wednesday)

date	3・10・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	fried chicken	●						
	Omelet rice with chicken tomato sauce	●	●	●				
	Beef curry	●		●				

No.4 (Thursday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Ground beef cutlet with demi glace sauce& Salt-grilled mackerel	●		●				
	Meat sauce on rice	●	●	●				
	pork curry	●						

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab
	rice							
	miso soup							

No.5 (Friday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	grilled pork loin	●						
	Scrambled eggs with Chinese chili sauce on the rice	●	●	●			●	●
	Hayashi rice with plenty of mushrooms	●		●				

No.6 (Saturday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	lemon pepper chicken	●						
	Chinese style mixed vegetable and meat/seafood gravy rice bowl	●		●				
	Unskinned vegetables curry & rice	●		●				

No.7 (Sunday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Grilled chicken with salt koji & fried white fish with tartar sauce	●	●					
	Spicy Sichuan eggplant on the rice	●						
	hamburger curry	●		●				

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

April 2024 【Dinner】 Main Menu Allergen Table

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- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.

No.1 (Monday)

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	Pork cutlet	●	●	●				
	chicken curry	●						

No.2 (Tuesday)

date	2・9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	Bulgogi	●						
	Chicken Nanbandon	●	●					

No.3 (Wednesday)

date	3・10・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	Fried chicken Shiso roll&Ginger grilled pork	●						
	chicken steak bowl	●						

No.4 (Thursday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	Japanese-style grated yakiniku	●						
	Kanazawa curry	●		●				

others		wheat	egg	milk	buckwheat	peanut	shrimp	crab
	rice							
	miso soup							

No.5 (Friday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	Fried chicken with spicy sauce	●	●					
	Stir-fried pork with ginger sauce on the rice	●						

No.6 (Saturday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	Hamburger BBQ sauce	●		●				
	European curry	●		●				

No.7 (Sunday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	grilled beef salad	●		●				
	Pork cutlet & sliced cabbage on the rice with tonkatsu sauce	●	●	●				

Salads, fruit bars/drink bars, and desserts are also available.

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