2024/3/1	2024/3/2	2024/3/3	2024/3/4	2024/3/5	2024/3/6	2024/3/7
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Thuay	Sararady	Sanady	Wonddy	rucsudy	weathesday	Thursday
Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
burdock salad	spaghetti salad	potato salad	vermicelli salad	macaroni salad	burdock salad	spaghetti salad
thick fried egg	Scrambled eggs Japanese style	thick fried egg	Scrambled eggs	Scrambled eggs Japanese style	thick fried egg	Scrambled eggs Japanese s
fried bacon and vegetables	sautéed chicken and vegetables	Stir-fried cabbage and soybeans with ketchup	Stir-fried minced chicken and potato with BBQ sauce	Stir-fried tuna and seaweed	fried bacon and vegetables	sautéed chicken and vegetal
Teriyaki meatballs	pork wiener	Boiled food(chicken dumplings)	Shumai	Sausage and vegetable consomme stew	Teriyaki meatballs	pork wiener
Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
				L		
A Japanese black beef minced cutlet & Potato mochi croquette	A Deep-fried gyoza dumplings with spicy soy sauce & tartar sauce	Fried fish with spicy sauce	A chicken sautéed vegetables tomato sauce	A Tatsuta-age fried cheese and perilla leaves &Grilled pork with ginger	<u>A</u> Big minced meat cutlet BBQ sauce	Fried chicken with vegetable Ankake saud
<u>B</u> white sauce omelet rice	<u>B</u> chicken saute lemon butter sauce	<u>B</u> Pork salt ribs bowl	B Spicy Sichuan eggplant on the rice	<u>B</u> Crab omelet with amber sauce on the rice (soy sauce flavor)	<u>B</u> Caponata DON Sicilian style	<u>B</u> Baby sardine & poache egg on the rice
<u>C</u> Pork & vegetables curry sauce with rice	<u>C</u> Hashed beef on the rice	C Japanese-style curry topped with curry-flavored chicken	<u>C</u> Egg on the rice with curry	<u>C</u> Kanazawa curry	<u>C</u> Egg on the rice with curry	<u>C</u> Hayashi rice with plenty mushrooms
ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
•		•	•	1.	•	1.
<u>A</u> Hamburg steak with demiglace sauce	A Fried chicken	A hamburger&Shrimp cream croquettes	A Pork cutlet with ponzu sauce	Fried chicken with spicy sauce	Pork filet cutlet	A chicken nanban
<u>B</u> roast chicken bowl	B Crispy Chinese noodles with Tonkotsu Seafood Ankake	<u>B</u> gapao rice	<u>B</u> Salt-grilled mackerel & teriyaki chicken	B Omelet on chicken rice with beef demi-glace sauce	<u>B</u> European curry	<u>B</u> Spicy stir-fried vegetat & pork
AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar

•You can choose from 3 menu items for lunch and 1 item from 2 menu items for dinner. The menu may change due to availability of ingredients.

•Our store is not a free space. Those who cannot purchase a meal ticket or those who bring their own food will not be permitted to use the facility.

	y Menu 🍟	8			Fuji 🍐 🍐 🌡	
2024/3/8	2024/3/9	2024/3/10	2024/3/11	2024/3/12	2024/3/13	2024/3/14
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
<u></u>						
Buffet style	Buffet style	<u>Buffet style</u>	Buffet style			Buffet style
potato salad	vermicelli salad	macaroni salad	burdock salad			vermicelli salad
thick fried egg	Scrambled eggs	Scrambled eggs Japanese style	thick fried egg			Scrambled eggs
Stir-fried cabbage and soybeans with ketchup	Stir-fried minced chicken and potato with BBQ sauce	Stir-fried tuna and seaweed	fried bacon and vegetables	<u>closing day</u>	closing day	Stir-fried minced chicken o potato with BBQ sauce
Boiled food(chicken dumplings)	Shumai	Sausage and vegetable consomme stew	Teriyaki meatballs			Shumai
Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar			Soup/drink bar
Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto			Rice/bread/natto
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			Salad/Fruit/Dessert
A Japanese black beef minced cutlet & Potato mochi croquette	A Deep-fried gyoza dumplings with spicy soy sauce & tartar sauce	A Fried fish with spicy sauce			A Big minced meat cutlet BBQ sauce	<u>A</u> Fried chicken with vegetable Ankake sau
<u>B</u> white sauce omelet rice	<u>B</u> chicken saute lemon butter sauce	<u>B</u> Pork salt ribs bowl	closing day	closing day	<u>B</u> Caponata DON Sicilian style	B Baby sardine & poach egg on the rice
<u>C</u> Pork & vegetables curry sauce with rice	<u>C</u> Hashed beef on the rice	<u>C</u> Japanese-style curry topped with curry-flavored chicken		<u>,</u>	<u>C</u> Egg on the rice with curry	<u>C</u> Hayashi rice with plenty mushrooms
ABC common menu	ABC common menu	ABC common menu			ABC common menu	ABC common menu
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar			Rice/soup/drink bar	Rice/soup/drink bar
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			Salad/Fruit/Dessert	Salad/Fruit/Dessert
<u>A</u>	<u>A</u>	<u>A</u>			A	A
Hamburg steak with demiglace sauce	Fried chicken	hamburger&Shrimp cream croquettes			Pork filet cutlet	chicken nanban
<u>B</u> roast chicken bowl	B Crispy Chinese noodles with Tonkotsu Seafood Ankake	<u>B</u> gapao rice	<u>closing day</u>	<u>closing day</u>	<u>B</u> European curry	<u>B</u> Spicy stir-fried vegetat & pork
AB common menu	AB common menu	AB common menu			AB common menu	AB common menu
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar			Rice/soup/drink bar	Rice/soup/drink bar
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert			Salad/Fruit/Dessert	Salad/Fruit/Dessert

•You can choose from 3 menu items for lunch and 1 item from 2 menu items for dinner. The menu may change due to availability of ingredients.

•Our store is not a free space. Those who cannot purchase a meal ticket or those who bring their own food will not be permitted to use the facility.

	y Menu 🍟			afeteria Fu		COMPASS
2024/3/15	2024/3/16	2024/3/17	2024/3/18	2024/3/19	2024/3/20	2024/3/21
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
macaroni salad	burdock salad	spaghetti salad	potato salad	vermicelli salad	macaroni salad	burdock salad
Scrambled eggs Japanese style	thick fried egg	Scrambled eggs Japanese style	thick fried egg	Scrambled eggs	Scrambled eggs Japanese style	thick fried egg
Stir-fried tuna and seaweed	fried bacon and vegetables	sautéed chicken and vegetables	Stir-fried cabbage and soybeans with ketchup	Stir-fried minced chicken and potato with BBQ sauce	Stir-fried tuna and seaweed	fried bacon and vegetables
Sausage and vegetable consomme stew	Teriyaki meatballs	pork wiener	Boiled food(chicken dumplings)	Shumai	Sausage and vegetable consomme stew	Teriyaki meatballs
Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
		·			•	
A Japanese black beef minced cutlet & Potato mochi croquette	A Deep-fried gyoza dumplings with spicy soy sauce & tartar sauce	A Fried fish with spicy sauce	<u>A</u> chicken sautéed vegetables tomato sauce	<u>A</u> Tatsuta-age fried cheese and perilla leaves &Grilled pork with ginger	A Big minced meat cutlet BBQ sauce	A Fried chicken with vegetable Ankake sauc
B	<u>B</u>	B	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
white sauce omelet rice	chicken saute lemon butter sauce	Pork salt ribs bowl	Spicy Sichuan eggplant on the rice	Crab omelet with amber sauce on the rice (soy sauce flavor)	Caponata DON Sicilian style	Baby sardine & poache egg on the rice
<u>c</u>	<u>c</u>	<u>C</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>
Pork & vegetables curry sauce with rice	Hashed beef on the rice	Japanese-style curry topped with curry-flavored chicken	Egg on the rice with curry	Kanazawa curry	Egg on the rice with curry	Hayashi rice with plenty mushrooms
ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
<u>A</u>	A	<u>A</u>	<u>A</u>	<u>A</u>	A	<u>A</u>
Hamburg steak with demiglace sauce	Fried chicken	hamburger&Shrimp cream croquettes	Pork cutlet with ponzu sauce	Fried chicken with spicy sauce	Pork filet cutlet	chicken nanban
<u>B</u> roast chicken bowl	B Crispy Chinese noodles with Tonkotsu Seafood Ankake	<u>B</u> gapao rice	<u>B</u> Salt-grilled mackerel & teriyaki chicken	B Omelet on chicken rice with beef demi-glace sauce	<u>B</u> European curry	<u>B</u> Spicy stir-fried vegetabl & pork
AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

•You can choose from 3 menu items for lunch and 1 item from 2 menu items for dinner. The menu may change due to availability of ingredients.

•Our store is not a free space. Those who cannot purchase a meal ticket or those who bring their own food will not be permitted to use the facility.

	A week!	y Menu			afeteria F	uji 🍐 🍐	
	2024/3/22	2024/3/23	2024/3/24	2024/3/25	2024/3/26	2024/3/27	2024/3/28
Ħ	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
	Duffet stule	Duffet et de	Duffet et de	Duffet et de	Duffet et de	Duffet et de	Duffet et de
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
	spaghetti salad	potato salad	vermicelli salad	macaroni salad	burdock salad	spaghetti salad	potato salad
	Scrambled eggs Japanese style	thick fried egg	Scrambled eggs	Scrambled eggs Japanese style	thick fried egg	Scrambled eggs Japanese style	thick fried egg
:	sautéed chicken and vegetables	Stir-fried cabbage and soybeans with ketchup	Stir-fried minced chicken and potato with BBQ sauce	Stir-fried tuna and seaweed	fried bacon and vegetables	sautéed chicken and vegetables	Stir-fried cabbage and soybeans with ketchup
	pork wiener	Boiled food(chicken dumplings)	Shumai	Sausage and vegetable consomme stew	Teriyaki meatballs	pork wiener	Boiled food(chicken dumpling
	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
ľ	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
F		1	1		1	ſ	1
¢	<u>A</u> Japanese black beef minced cutlet & Potato mochi croquette	<u>A</u> Deep-fried gyoza dumplings with spicy soy sauce & tartar sauce	A Fried fish with spicy sauce	<u>A</u> chicken sautéed vegetables tomato sauce	<u>A</u> Tatsuta-age fried cheese and perilla leaves &Grilled pork with ginger	A Big minced meat cutlet BBQ sauce	A Fried chicken with vegetable Ankake sauce
Ī	B	B	B	B	B	<u>B</u>	<u>B</u>
	white sauce omelet rice	chicken saute lemon butter sauce	Pork salt ribs bowl	Spicy Sichuan eggplant on the rice	Crab omelet with amber sauce on the rice (soy sauce flavor)	Caponata DON Sicilian style	Baby sardine & poached egg on the rice
1	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>
	Pork & vegetables curry sauce with rice	Hashed beef on the rice	Japanese-style curry topped with curry-flavored chicken	Egg on the rice with curry	Kanazawa curry	Egg on the rice with curry	Hayashi rice with plenty mushrooms
4	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
г		ſ	ſ		ſ	Γ	I
	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
	Hamburg steak with demiglace sauce	Fried chicken	hamburger&Shrimp cream croquettes	Pork cutlet with ponzu sauce	Fried chicken with spicy sauce	Pork filet cutlet	chicken nanban
	<u>B</u> roast chicken bowl	B Crispy Chinese noodles with Tonkotsu Seafood Ankake	<u>B</u> gapao rice	<u>B</u> Salt-grilled mackerel & teriyaki chicken	B Omelet on chicken rice with beef demi-glace sauce	<u>B</u> European curry	<u>B</u> Spicy stir-fried vegetabl & pork
4	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

•You can choose from 3 menu items for lunch and 1 item from 2 menu items for dinner. The menu may change due to availability of ingredients.

•Our store is not a free space. Those who cannot purchase a meal ticket or those who bring their own food will not be permitted to use the facility.

	Weekl	y Menu			Cafeteria	Fuji 💧 🍐 🍐	Compass
B	2024/3/29	2024/3/30	2024/3/31	2024/4/1	2024/4/2	2024/4/3	2024/4/4
曜日	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Â							
	Buffet style	Buffet style	Buffet style				
b	vermicelli salad	macaroni salad	burdock salad				
r	Scrambled eggs	Scrambled eggs Japanese style	thick fried egg				
e a k	Stir-fried minced chicken and potato with BBQ sauce	Stir-fried tuna and seaweed	fried bacon and vegetables				
f a	Shumai	Sausage and vegetable consomme stew	Teriyaki meatballs				
s	Soup/drink bar	Soup/drink bar	Soup/drink bar				
t	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto				
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert				
۲	A Japanese black beef minced cutlet & Potato mochi croquette	<u>A</u> Deep-fried gyoza dumplings with spicy soy sauce & tartar sauce	<u>A</u> Fried fish with spicy sauce		comi	ing soon	
	<u>B</u>	<u>B</u>	<u>B</u>				
l u n	white sauce omelet rice	chicken saute lemon butter sauce	Pork salt ribs bowl				
С	<u>c</u>	<u>c</u>	<u>c</u>				
h	Pork & vegetables curry sauce with rice	Hashed beef on the rice	Japanese-style curry topped with curry-flavored chicken				
	ABC common menu	ABC common menu	ABC common menu				
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar				
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert				
	A	A	Α				
ڑے d	Hamburg steak with demiglace sauce	Fried chicken	hamburger&Shrimp cream croquettes				
i n n e	B roast chicken bowl	<u>B</u> Crispy Chinese noodles with Tonkotsu Seafood Ankake	<u>B</u> gapao rice				
r	AB common menu	AB common menu	AB common menu				
	Rice/soup/drink bar Salad/Fruit/Dessert	Rice/soup/drink bar Salad/Fruit/Dessert	Rice/soup/drink bar Salad/Fruit/Dessert				
	Salaa/Fruit/Dessert	Sulua/Fruit/Dessert	Salaa/Fruit/Dessert				

•You can choose from 3 menu items for lunch and 1 item from 2 menu items for dinner. The menu may change due to availability of ingredients.

•Our store is not a free space. Those who cannot purchase a meal ticket or those who bring their own food will not be permitted to use the facility.

### March 2024 [Breakfast] 🝂 Main Menu Allergen Table

• The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.

- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

 $N_04$ 

#### \*Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

No.1								
date	1 • 6 • 11 • 16 • 21 • 26 • 31	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
	burdock salad	•	•	•				
M a	thick fried egg	•	•					
i n	fried bacon and vegetables		•	•				
	Teriyaki meatballs	•	•	•				
No.2								
date	2•7•17•22•27	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
	spaghetti salad	•	•	•				
M a	Scrambled eggs Japanese style	•						
i n	saut é ed chicken and vegetables	•						
	pork wiener							
No.3								
date	3 • 8 • 18 • 23 • 28	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
	potato salad	•						
M a	thick fried egg	•						
i n	Stir-fried cabbage and soybeans with ketchup							
	Boiled food (chicken dumplings)	•	•	•				
		wheat	egg	dairy	buckwheat	peanut	shrimp	crab

		wheat	egg	dairy	buckwheat	peanut	shrimp	crab
0	rice							
h μ	miso soup							
e	mini croissant	•	•	•				
s	roll bread	•	•	•				
	natto	•						
*Inc	rradianta abanga daily Friad tafu tafu a	roop	opio			d		

\*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

110.4								
date	4 • 9 • 14 • 19 • 24 • 29	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
	vermicelli salad							
M a	Scrambled eggs	•	•	•				
i n	Stir-fried minced chicken and potato with BBQ sauce							
••	Shumai	•		•				
No.5								
date	5 • 10 • 15 • 20 • 25 • 30	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
	macaroni salad		•	•				
M a	Scrambled eggs Japanese style	•	•					
i n	Stir-fried tuna and seaweed	•						

Salads, fruit bars/drink bars, and desserts are also available.

Sausage and vegetable consomme stew

Please contact us separately for the allergen list of seasonings etc. provided in the store.

# March 2024 [Lunch] 🍎 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

#### \*For lunch, you can choose one item from the three items on the menu. Depending on availability on the day, some menu items may be sold out.

No.1	(Friday)							
date	1 • 8 • 15 • 22 • 29	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
М	Japanese black beefminced cutlet &Potato mochi croquette	٠		•				
a i	white sauce omelet rice	•	•	•				
n	Pork & vegetables curry sauce with rice	•		•				
No.2	(Saturday)							
date	2•9•16•23•30	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
М	Deep-fried gyoza dumplings with spicy soy sauce & tartar sauce	•	•					
a i	chicken saute lemon butter sauce	•		•				
n	Hashed beef on the rice	•						
No.3	(Sunday)							
date	3 • 10 • 17 • 24 • 31	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
М	Fried fish with spicy sauce	•	•					
a i	Pork salt ribs bowl							
n	Japanese-style curry topped with curry-flavored chicken	•						
No.4	(Monday)							
date	4 • 18 • 25	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
		_						
М	chicken saut é ed vegetables tomato sauce	•		•				
M a i	chicken saut é ed vegetables tomato sauce Spicy Sichuan eggplant on the rice	•		•				

o t		wheat	egg	dairy	buckwheat	peanut	shrimp	crab
h e	rice							
r s	miso soup							

No.5 (Tuesday)

date	5 • 19 • 26	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
М	Tatsuta-age fried cheese and perilla leaves &Grilled pork with ginger	•	٠	٠				
a i	Crab omelet with amber sauce on the rice (soy sauce flavor)	•	•	•			•	•
n	Kanazawa curry	•		•				

No.6 (Wednesday)

date	6 • 13 • 20 • 27	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
М	Big minced meat cutlet BBQ sauce	•		•				
a i	Caponata DON Sicilian style	•	•	•				
'n	Egg on the rice with curry	•	•	•				
No.7	(Thursday)							

date	7 • 14 • 21 • 28	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
М	Fried chicken with vegetable Ankake sauce	•		•				
a i	Baby sardine & poached egg on the rice	•						
n	Hayashi rice with plenty of mushrooms	•		•				

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

## March 2024 [Dinner] Din Main Menu Allergen Table

• The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.

• Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.

• Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.

• If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).

• We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

### %For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.

No.1	(Friday)							
date	1 • 8 • 15 • 22 • 29	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
M a i n	Hamburg steak with demiglace sauce	•	•	•				
	roast chicken bowl	•		•				
No.2	(Saturday)							
date	2•9•16•23•30	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
M a	Fried chicken	•	•					
i n	Crispy Chinese noodles with Tonkotsu Seafood Ankake	•	•				•	
No.3	(Sunday)							
date	3 • 10 • 17 • 24 • 31	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
M a	hamburger&Shrimp cream croquettes	•	•	•			•	
i	gapao rice	•	•					
No.4	(Monday)							
date	4 • 18 • 25	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
M a	Pork cutlet with ponzu sauce	•	•	•				
i n	Salt-grilled mackerel & teriyaki chicken							

o t		wheat	egg	dairy	buckwheat	peanut	shrimp	crab
h e	rice							
r s	miso soup							

No.5	(Tuesday)
1.0.0	(100000)

date	5 • 19 • 26	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
M a i	Fried chicken with spicy sauce	•	•					
	Omelet on chicken rice with beef demi-glace sauce	•	•	•				
No.6	(Wednesday)							
date	6•13•20•27	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
M a i n	Pork filet cutlet	•		•				
	European curry	•		•				
No.7 (Thursday)								
date	7 • 14 • 21 • 28	wheat	egg	dairy	buckwheat	peanut	shrimp	crab
M a	chicken nanban	•	•	•				
i n	Spicy stir-fried vegetables & pork	•						

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.