November　2026　【Breakfast】Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance.If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

***Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)**

No.1

date	1・6・16・21・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Macaroni Salad	●	●						
	scrambled eggs	●	●	●					
	Cabbage and Shimeji Mushroom Namul	●							
	Teriyaki Meatballs	●	●	●					

No.2

date	2・7・17・22・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●						
	Egg Soboro	●	●						
	Blanched Spinach (Ohitashi)	●							
	Pork sausages			●					

No.3

date	3・8・13・18・23・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Macaroni Salad	●	●						
	Thickly grilled egg	●	●						
	Daikon Radish and Wakame Seaweed Tossed with Ginger	●							
	Flavored ground chicken	●							

others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								
	various breads	●	Please check in store for daily changes.						
	natto	●							

*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	4・9・14・19・24・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●						
	scrambled eggs	●	●	●					
	Bean sprout salad with aromatic dressing	●							
	Teriyaki Meatballs	●	●	●					

No.5

date	5・15・20・25・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	potato salad	●	●	●					
	omelette	●	●	●					
	Komatsuna and Carrot Tossed with Bonito Flakes								
	Shumai	●		●					

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

November　2026　【Lunch】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
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- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

***For lunch, you can choose one item from the three items on the menu.**
Depending on availability on the day, some menu items may be sold out.

No.1　(Sunday)

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Grilled Chicken with Tomato Sauce								
	Pork cutlet with grated daikon radish and ponzu sauce	●	●						
	Sweet and Savory Oyakodon (Chicken and Egg Bowl)	●	●	●					

No.2　(Monday)

date	2・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Chicken Katsu with Special Sauce	●	●	●					
	Sara udon noodles with plenty of vegetables	●							
	Omelet Curry	●	●	●					

No.3　(Tuesday)

date	3・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Deep-fried white fish with sweet and sour sauce	●	●	●					
	Chicken Sautéé with Mustard Cream Sauce	●		●					
	Mushroom Hayashi Rice	●		●					

No.4　(Wednesday)

date	4・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Sautéed Pork with Tomato and Ginger	●							
	Fried Chicken Bowl	●							
	Pork Curry	●							

No.5　(Thursday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Hamburg Steak with BBQ Sauce	●		●					
	Egg drop ankake udon	●	●	●					
	Tomato Chicken Curry	●							

No.6　(Friday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Chicken Sautéé with Japanese-Style Mushroom Sauce	●							
	White Fish Fritter with Tartar Sauce	●	●	●					
	White sauce omelet rice	●	●	●					

No.7　(Saturday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Ginger Pork	●							
	Fried chicken	●							
	Keema curry	●							

others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

Salads, fruit bars/drink bars, and desserts are also available.
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November　2026　【Dinner】 Main Menu Allergen Table

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- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.
(If there are less than 30 users on the day, salad will be served in a small bowl.)

No.1 （Sunday）

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Hamburg Steak with Demiglace Sauce	●		●					
	Japanese-style chicken curry	●							

No.2 （Monday）

date	2・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Stamina-style stir-fried chicken & pumpkin croquette	●		●					
	Salted pork bowl								

No.3 （Tuesday）

date	3・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Hamburg Steak with Onion Sauce	●		●					
	Sauce katsudon	●	●						

No.4 （Wednesday）

date	4・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Cabbage Menchi-katsu & Fried Horse Mackerel	●		●					
	Garlic Butter Soy Sauce Chicken Stir-fry Bowl	●		●					

No.5 （Thursday）

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Stir-fried Pork and Autumn Vegetables with Oyster Sauce	●							
	Chicken Katsu Bowl with Nanban Sauce	●	●	●					

No.6 （Friday）

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Chinese-style fried chicken	●							
	Pork and Potato Curry	●		●					

No.7 （Saturday）

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	chicken cutlet with sweet miso sauce	●	●	●					
	Pork Bowl with Lemon-Soy Sauce	●							

others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

Salads, fruit bars/drink bars, and desserts are also available.
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