

September 2026

【 Breakfast】

Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance.If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*Breakfast is served in a buffet style, and each person can choose the food they like, so
Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

No.1

date	1・6・11・16・21・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●						
	omelette	●	●	●					
	Napa Cabbage Tossed with Shiso and Bonito Flakes	●							
	Flavored ground chicken	●							

No.2

date	2・7・12・17・22・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Macaroni Salad	●	●						
	scrambled eggs	●	●	●					
	Japanese spinach and fried tofu salad	●							
	Teriyaki Meatballs	●	●	●					

No.3

date	3・13・18・23・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	potato salad	●	●	●					
	Egg Soboro	●	●						
	Carrot and bean sprout salad with tuna								
	Shumai	●		●					

Others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								
	various breads	●	Please check in store for daily changes.						
	natto	●							

*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	4・9・14・19・24・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●						
	Thickly grilled egg	●	●						
	Spinach and shimeji mushroom salad with grated daikon radish	●							
	Teriyaki Meatballs	●	●	●					

No.5

date	5・10・15・20・25・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Macaroni Salad	●	●						
	scrambled eggs	●	●	●					
	Wakame seaweed and okra salad with vinegar dressing								
	Pork sausages			●					

Salads, fruit bars/drink bars, and desserts are also available.
Please contact us separately for the allergen list of seasonings etc. provided in the store.

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【 Lunch】

Main Menu Allergen Table

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*For lunch, you can choose one item from the three items on the menu.
Depending on availability on the day, some menu items may be sold out.

No.1 (Tuesday)

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pork Ratatouille								
	Chicken cutlet with mustard cream sauce	●	●	●					
	Pork and Potato Curry	●		●					

No.2 (Wednesday)

date	2・9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Fried horse mackerel with grated daikon radish and ponzu sauce	●							
	Chicken saut é ed with garlic butter soy sauce	●		●					
	hashed pork	●		●					

No.3 (Thursday)

date	3・10・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Fried chicken with honey lemon sauce	●	●	●					
	Sara udon noodles with plenty of vegetables	●							
	Pork ginger stir-fry rice bowl	●							

No.4 (Friday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Teriyaki Chicken	●							
	Pork cutlet with tartar sauce (nanban style)	●	●	●					
	Summer vegetable tomato curry	●							

Others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Saturday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Japanese-style grated radish and tofu hamburger steak	●		●					
	Chicken Tempura Udon	●							
	Spicy Miso Pork Rice Bowl	●							

No.6 (Sunday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Bulgogi (pork)	●							
	Fried white fish with ginger sauce	●	●	●					
	Japanese-style chicken curry	●							

No.7 (Monday)

date	14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Hamburg steak with teriyaki yuzu pepper sauce	●		●					
	Fried chicken	●							
	Meat sauce omelet rice	●	●	●					

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【Dinner】

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※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.
(If there are less than 30 users on the day, salad will be served in a small bowl.)

No.1 (Tuesday)

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Cabbage minced meat cutlet & meat croquette	●	●	●					
	Sweet and spicy steamed chicken oyakodon	●	●	●					

No.2 (Wednesday)

date	2・9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Hamburger steak with mushroom peperoncino sauce	●		●					
	Chicken Tatsuta-age Donburi (rice bowl dish)	●							

No.3 (Thursday)

date	3・10・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Grilled Chicken with BBQ Sauce								
	Vegetable Keema Curry	●							

No.4 (Friday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Fried chicken	●							
	Omelet rice with mushroom demi-glace sauce	●	●	●					

Others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Saturday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Chicken stir-fried with black pepper & vegetable croquettes	●							
	Pork Curry	●							

No.6 (Sunday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Grilled Chicken with Aromatic Tomato Sauce								
	Sauce katsudon	●	●	●					

No.7 (Monday)

date	14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pork stamina stir-fry	●							
	Chicken Steak Rice Bowl	●							

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