

July 2026 【Breakfast】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

No.1

date	1・6・11・16・21・26・31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Spaghetti salad	●	●						
	Thickly grilled egg	●	●						
	Spinach and shimeji mushroom salad with grated daikon radish	●							
	Teriyaki Meatballs	●	●	●					

No.2

date	2・12・17・22・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Pumpkin Salad	●	●	●					
	scrambled eggs	●	●	●					
	Wakame seaweed and okra salad with vinegar dressing								
	Pork sausages			●					

No.3

date	3・8・13・18・23・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Spaghetti salad	●	●						
	omelette	●	●	●					
	Chinese cabbage with yuzu and bonito flakes	●							
	Flavored ground chicken	●							

		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
o t h e r s	rice								
	miso soup								
	various breads	●	Please check in store for daily changes.						
	natto	●							

*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	4・9・14・19・24・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Macaroni Salad	●	●						
	scrambled eggs	●	●	●					
	Japanese spinach and fried tofu salad	●							
	Teriyaki Meatballs	●	●	●					

No.5

date	5・10・15・20・25・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	potato salad	●	●	●					
	Egg Soboro	●	●						
	Carrot and bean sprout salad with tuna								
	Shumai	●		●					

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

July 2026 【Lunch】 Main Menu Allergen Table

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- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
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*For lunch, you can choose one item from the three items on the menu.
Depending on availability on the day, some menu items may be sold out.

No.1 (Wednesday)

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried horse mackerel with grated daikon radish and ponzu sauce	●							
	Chicken sautéed with garlic butter soy sauce	●		●					
	hashed pork	●		●					

No.2 (Thursday)

date	2・9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried chicken with honey lemon sauce	●	●	●					
	Sara udon noodles with plenty of vegetables	●							
	Pork ginger stir-fry rice bowl	●							

No.3 (Friday)

date	3・10・17・24・31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Teriyaki Chicken	●							
	Pork cutlet with tartar sauce (nanban style)	●	●	●					
	Summer vegetable tomato curry	●							

No.4 (Saturday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Japanese-style grated radish and tofu hamburger steak	●		●					
	Chicken Tempura Udon	●							
	Spicy Miso Pork Rice Bowl	●							

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Sunday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Bulgogi (pork)	●							
	Fried white fish with ginger sauce	●	●	●					
	Japanese-style chicken curry	●							

No.6 (Monday)

date	13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Hamburg steak with teriyaki yuzu pepper sauce	●		●					
	Fried chicken	●							
	Meat sauce omelet rice	●	●	●					

No.7 (Tuesday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Pork Ratatouille								
	Chicken cutlet with mustard cream sauce	●	●	●					
	Beef & vegetables curry sauce with rice	●		●					

Salads, fruit bars/drink bars, and desserts are also available.

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July 2026 【Dinner】 Main Menu Allergen Table

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- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.
(If there are less than 30 users on the day, salad will be served in a small bowl.)

No.1 (Wednesday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Hamburger steak with mushroom peperoncino sauce	●		●					
	Chicken Tatsuta-age Donburi (rice bowl dish)	●							

No.2 (Thursday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Grilled Chicken with BBQ Sauce								
	Vegetable Keema Curry	●		●					

No.3 (Friday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried chicken	●							
	Omelet rice with mushroom demi-glace sauce	●	●	●					

No.4 (Saturday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Chicken stir-fried with black pepper & vegetable croquettes	●							
	Pork Curry	●							

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Sunday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Grilled Chicken with Aromatic Tomato Sauce								
	Sauce katsudon	●	●	●					

No.6 (Monday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Pork stamina stir-fry	●							
	Chicken Steak Rice Bowl	●							

No.7 (Tuesday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Cabbage minced meat cutlet & meat croquette	●	●	●					
	Sweet and spicy steamed chicken oyakodon	●	●	●					

Salads, fruit bars/drink bars, and desserts are also available.

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