

# March 2026 【Breakfast】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

\*Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

No.1

date	1 • 6 • 11 • 16 • 21 • 26 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Spaghetti salad	●	●						
	scrambled eggs	●	●	●					
	Okra and cabbage with salted kelp	●							
	Takoyaki	●	●						

No.2

date	2 • 7 • 12 • 17 • 22 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	potato salad	●	●	●					
	omelette	●	●	●					
	Spinach and mushroom salad	●							
	Pork sausages			●					

No.3

date	8 • 13 • 18 • 23 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Spaghetti salad	●	●						
	scrambled eggs	●	●	●					
	Tuna and broccoli with bonito flakes	●							
	chicken nuggets	●	●	●					

		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
o t h e r s	rice								
	miso soup								
	various breads	●	Please check in store for daily changes.						
	natto	●							

\*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	9 • 14 • 19 • 24 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Macaroni Salad	●	●						
	Egg Soboro	●	●						
	Soy meat chili con carne								
	Teriyaki Meatballs	●	●	●					

No.5

date	5 • 10 • 15 • 20 • 25 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Pumpkin Salad	●	●	●					
	Thickly grilled egg	●	●						
	Komatsuna with yuzu and bonito flakes	●							
	Meat dumplings (sweet and sour sauce)	●	●	●					

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

# March 2026 【Lunch】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

\*For lunch, you can choose one item from the three items on the menu.  
Depending on availability on the day, some menu items may be sold out.

No.1 (Sunday)

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Hamburger with Japanese-style steak sauce	●		●					
	Chicken cutlet rice bowl with sweet and spicy sauce	●	●	●					
	Beef curry with rice	●							

No.2 (Monday)

date	9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Tandoori chicken			●					
	Fried fish with spicy sauce	●	●						
	Omelette rice with demi-glace cheese sauce	●	●	●					

No.3 (Tuesday)

date	10・17・24・31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Pork cutlet with ponzu sauce	●	●	●					
	Niku udon	●							
	Japanese-style chicken curry	●							

No.4 (Wednesday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Grilled chicken thigh with miso								
	Cabbage minced meat cutlet with tomato sauce	●		●					
	Hayashi rice with plenty of mushrooms	●		●					

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Thursday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Hamburger steak with demi-glace sauce	●		●					
	Fried chicken	●	●						
	Pork curry	●							

No.6 (Friday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Teriyaki Chicken	●							
	Vegetable tempura udon	●							
	White sauce omelet rice	●	●	●					

No.7 (Saturday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried horse mackerel and chicken meat croquette	●	●						
	Sweet and spicy steamed chicken oyakodon	●	●	●					
	Kanazawa curry	●		●					

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

# March 2026 【Dinner】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.  
(If there are less than 30 users on the day, salad will be served in a small bowl.)

No.1 (Sunday)

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Grilled Chicken with Garlic Tomato Sauce								
	Chinese rice bowl	●	●						

No.2 (Monday)

date	9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Deep fried chicken with green onion nanban sauce	●							
	Beef & vegetables curry sauce with rice	●		●					

No.3 (Tuesday)

date	10・17・24・31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Herb Chicken & Pumpkin Croquettes	●	●	●					
	Salted pork kalbi bowl								

No.4 (Wednesday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Sauteed Chicken with Ginger Sauce	●							
	Fried white fish curry	●							

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Thursday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Chicken cutlet with BBQ sauce	●	●	●					
	Egg on the rice with curry	●	●	●					

No.6 (Friday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pork ginger stir-fry	●							
	Chicken Nanban Rice Bowl	●	●						

No.7 (Saturday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Stir-fried pork stamina	●							
	Fried Chicken Curry	●							

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.