	Week	ly Menu			S COMP	Cafete	eria Fuji
	2026/1/1	2026/1/2	2026/1/3	2026/1/4	2026/1/5	2026/1/6	2026/1/7
	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
					Buffet style	Buffet style	Buffet style
b					Spaghetti salad	potato salad	Spaghetti salad
r					scrambled eggs	omelette	scrambled eggs
e a k		<u>closing</u>	g day		Okra and cabbage with salted kelp	Spinach and mushroom salad	Tuna and broccoli with bonito flakes
a					Takoyaki	Pork sausages	chicken nuggets
S					Soup/drink bar	Soup/drink bar	Soup/drink bar
†					Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
					Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
					Γ.	T.	I -
₹				A Hamburger with Japanese-style steak sauce	<u>A</u> Tandoori chicken	Pork cutlet with ponzu sauce	A Grilled chicken thigh with miso
				<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
l u n		closing day		Chicken cutlet rice bowl with sweet and spicy sauce	Fried fish with spicy sauce	Niku udon	Cabbage minced meat cutlet with tomato sauce
С				<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>
h				Beef curry with rice	Omelette rice with demi- glace cheese sauce	Japanese–style chicken curry	Hayashi rice with plenty of mushrooms
				ABC common menu	ABC common menu	ABC common menu	ABC common menu
				Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
				Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
				A	l _A	Α	Α
d				Grilled Chicken with Garlic Tomato Sauce	Deep fried chicken with green onion nanban sauce	Herb Chicken & Pumpkin Croquettes	Sauteed Chicken with Ginger Sauce
l i		1		<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n n e		<u>closing day</u>		Chinese rice bowl	Beef & vegetables curry sauce with rice	Salted pork kalbi bowl	Fried white fish curry
r				AB common menu	AB common menu	AB common menu	AB common menu
				Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
				Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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	Weels	dy Menu			S COMP	Cafete	eria Fuji
	2026/1/8	2026/1/9	2026/1/10	2026/1/11	2026/1/12	2026/1/13	2026/1/14
	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
		·	·	·	·		
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	Macaroni Salad	Pumpkin Salad	Spaghetti salad	potato salad	Spaghetti salad	Macaroni Salad	Pumpkin Salad
r	Egg Soboro	Thickly grilled egg	scrambled eggs	omelette	scrambled eggs	Egg Soboro	Thickly grilled egg
ak	Soy meat chili con carne	Komatsuna with yuzu and bonito flakes	Okra and cabbage with salted kelp	Spinach and mushroom salad	Tuna and broccoli with bonito flakes	Soy meat chili con carne	Komatsuna with yuzu and bonito flakes
l f	Teriyaki Meatballs	Meat dumplings (sweet and sour sauce)	Takoyaki	Pork sausages	chicken nuggets	Teriyaki Meatballs	Meat dumplings (sweet and sour sauce)
S	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	A Hamburger steak with demi-glace sauce	<u>A</u> Teriyaki Chicken	Fried horse mackerel and chicken meat croquette	<u>A</u> Hamburger with Japanese-style steak sauce	<u>A</u> Tandoori chicken	A Pork cutlet with ponzu sauce	A Grilled chicken thigh with miso
I u n	B Fried chicken	B Vegetable tempura udon	B Sweet and spicy steamed chicken oyakodon	B Chicken cutlet rice bowl with sweet and spicy sauce	B Fried fish with spicy sauce	B Niku udon	B Cabbage minced meat cutlet with tomato sauce
С	<u>C</u>	<u>c</u>	<u>c</u>	<u>C</u>	<u>c</u>	<u>C</u>	<u>c</u>
h	Pork curry	White sauce omelet rice	Kanazawa curry	Beef curry with rice	Omelette rice with demi- glace cheese sauce	Japanese–style chicken curry	Hayashi rice with plenty of mushrooms
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	A		T _A	ΙΔ	I a	T _A	
t)	A Chicken cutlet with BBQ sauce	A Pork ginger stir-fry	Stir-fried pork stamina	Grilled Chicken with Garlic Tomato Sauce	Deep fried chicken with green onion nanban sauce	Herb Chicken & Pumpkin Croquettes	Sauteed Chicken with Ginger Sauce
i	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n n e	Egg on the rice with curry	Chicken Nanban Rice Bowl	Fried Chicken Curry	Chinese rice bowl	Beef & vegetables curry sauce with rice	Salted pork kalbi bowl	Fried white fish curry
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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	Week	dy Menu			S COMP	Cafete	eria Fuji
日	2026/1/15	2026/1/16	2026/1/17	2026/1/18	2026/1/19	2026/1/20	2026/1/21
曜日	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
			· · · · · · · · · · · · · · · · · · ·				
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	Spaghetti salad	potato salad	Spaghetti salad	Macaroni Salad	Pumpkin Salad	Spaghetti salad	potato salad
r	scrambled eggs	omelette	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs	omelette
a k	Okra and cabbage with salted kelp	Spinach and mushroom salad	Tuna and broccoli with bonito flakes	Soy meat chili con carne	Komatsuna with yuzu and bonito flakes	Okra and cabbage with salted kelp	Spinach and mushroom salad
l t	Takoyaki	Pork sausages	chicken nuggets	Teriyaki Meatballs	Meat dumplings (sweet and sour sauce)	Takoyaki	Pork sausages
S	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
			T.			Ι.	
	<u>A</u> Hamburger steak with demi-glace sauce	<u>A</u> Teriyaki Chicken	Fried horse mackerel and chicken meat croquette	<u>A</u> Hamburger with Japanese-style steak sauce	<u>A</u> Tandoori chicken	Pork cutlet with ponzu sauce	Grilled chicken thigh with miso
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
u n	Fried chicken	Vegetable tempura udon	Sweet and spicy steamed chicken oyakodon	Chicken cutlet rice bowl with sweet and spicy sauce	Fried fish with spicy sauce	Niku udon	Cabbage minced meat cutlet with tomato sauce
С	<u>C</u>	<u>C</u>	<u>c</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>
h	Pork curry	White sauce omelet rice	Kanazawa curry	Beef curry with rice	Omelette rice with demi- glace cheese sauce	Japanese–style chicken curry	Hayashi rice with plenty of mushrooms
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	Δ	Δ.	T _A	ΙΔ	ΙΔ		١
*	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
d	Chicken cutlet with BBQ sauce	Pork ginger stir-fry	Stir-fried pork stamina	Grilled Chicken with Garlic Tomato Sauce	Deep fried chicken with green onion nanban sauce	Herb Chicken & Pumpkin Croquettes	Sauteed Chicken with Ginger Sauce
l n	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n e	Egg on the rice with curry	Chicken Nanban Rice Bowl	Fried Chicken Curry	Chinese rice bowl	Beef & vegetables curry sauce with rice	Salted pork kalbi bowl	Fried white fish curry
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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	Weels	dy Menu			S COMP	Cafete	eria Fuji
日	2026/1/22	2026/1/23	2026/1/24	2026/1/25	2026/1/26	2026/1/27	2026/1/28
曜日	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
			· · ·				
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	Spaghetti salad	Macaroni Salad	Pumpkin Salad	Spaghetti salad	potato salad	Spaghetti salad	Macaroni Salad
r	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs	omelette	scrambled eggs	Egg Soboro
ak	Tuna and broccoli with bonito flakes	Soy meat chili con carne	Komatsuna with yuzu and bonito flakes	Okra and cabbage with salted kelp	Spinach and mushroom salad	Tuna and broccoli with bonito flakes	Soy meat chili con carne
l t	chicken nuggets	Teriyaki Meatballs	Meat dumplings (sweet and sour sauce)	Takoyaki	Pork sausages	chicken nuggets	Teriyaki Meatballs
S	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
			T.			Ι.	
	<u>A</u> Hamburger steak with demi-glace sauce	<u>A</u> Teriyaki Chicken	Fried horse mackerel and chicken meat croquette	<u>A</u> Hamburger with Japanese-style steak sauce	<u>A</u> Tandoori chicken	Pork cutlet with ponzu sauce	Grilled chicken thigh with miso
l u n	<u>B</u> Fried chicken	<u>B</u> Vegetable tempura udon	B Sweet and spicy steamed chicken oyakodon	B Chicken cutlet rice bowl with sweet and spicy sauce	B Fried fish with spicy sauce	B Niku udon	B Cabbage minced meat cutlet with tomato sauce
С	<u>C</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>C</u>	<u>C</u>
h	Pork curry	White sauce omelet rice	Kanazawa curry	Beef curry with rice	Omelette rice with demi- glace cheese sauce	Japanese–style chicken curry	Hayashi rice with plenty of mushrooms
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
		ΙΔ	T _A	ΙΔ	ΙΔ	ΙΔ	١
*	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
d	Chicken cutlet with BBQ sauce	Pork ginger stir-fry	Stir-fried pork stamina	Grilled Chicken with Garlic Tomato Sauce	Deep fried chicken with green onion nanban sauce	Herb Chicken & Pumpkin Croquettes	Sauteed Chicken with Ginger Sauce
n	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n e	Egg on the rice with curry	Chicken Nanban Rice Bowl	Fried Chicken Curry	Chinese rice bowl	Beef & vegetables curry sauce with rice	Salted pork kalbi bowl	Fried white fish curry
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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	₩eel	dy Menu			COMPASS	Cafete	ria Fuji
日	2026/1/29	2026/1/30	2026/1/31	2026/2/1	2026/2/2	2026/2/3	2026/2/4
曜日	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
				•			
	Buffet style	Buffet style	Buffet style				
b	Pumpkin Salad	Spaghetti salad	potato salad				
r	Thickly grilled egg	scrambled eggs	omelette				
e a k	Komatsuna with yuzu and bonito flakes	Okra and cabbage with salted kelp	Spinach and mushroom salad				
† a	Meat dumplings (sweet and sour sauce)	Takoyaki	Pork sausages				
s	Soup/drink bar	Soup/drink bar	Soup/drink bar				
t	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto				
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert				
	Hamburger steak with	<u>A</u> Teriyaki Chicken	Fried horse mackerel and		comina	s soon	
	demi-glace sauce	_	chicken meat croquette				
ı	<u>B</u>	<u>B</u>	<u>B</u>				
u n	Fried chicken	Vegetable tempura udon	Sweet and spicy steamed chicken oyakodon				
	<u>C</u>	<u>c</u>	<u>c</u>				
h	Pork curry	White sauce omelet rice	Kanazawa curry				
	ABC common menu	ABC common menu	ABC common menu				
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar				
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert				
C	<u>A</u>	<u>A</u>	<u>A</u>				
d :	Chicken cutlet with BBQ sauce	Pork ginger stir-fry	Stir-fried pork stamina				
n	<u>B</u>	<u>B</u>	В				
n e	Egg on the rice with curry	Chicken Nanban Rice Bowl	Fried Chicken Curry				
r	AB common menu	AB common menu	AB common menu				
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar				
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert				

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