

December 2025 【Breakfast】☀️ Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance.If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*Breakfast is served in a buffet style, and each person can choose the food they like, so
Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

No.1

date	1・6・11・16・21・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●						
	scrambled eggs	●	●	●					
	Bean sprouts and tuna salad	●							
	Shumai	●		●					

No.2

date	7・12・17・22・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Macaroni Salad	●	●						
	Egg Soboro	●	●						
	Spinach and Shimeji Mushroom Dressed with Bonito Flakes	●							
	Teriyaki Meatballs	●	●	●					

No.3

date	3・8・13・18・23・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pumpkin Salad	●	●	●					
	Thickly grilled egg	●	●						
	Tuna and seaweed vinegar dish								
	Meat dumplings (sweet and sour sauce)	●	●	●					

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								
	various breads	●	Please check in store for daily changes.						
	natto	●							

*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	4・9・14・19・24・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●						
	scrambled eggs	●	●	●					
	Bok choy and mushroom namul								
	Flavored ground chicken	●							

No.5

date	5・10・15・20・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	potato salad	●	●	●					
	omelette	●	●	●					
	Ratatouille								
	Pork sausages			●					

Salads, fruit bars/drink bars, and desserts are also available.
Please contact us separately for the allergen list of seasonings etc. provided in the store.

December 2025 【Lunch】 Main Menu Allergen Table

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- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
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*For lunch, you can choose one item from the three items on the menu.
Depending on availability on the day, some menu items may be sold out.

No.1 (Monday)

date	8・15・22	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried chicken	●	●						
	Hamburger steak with mushroom white sauce	●		●					
	Beef curry with rice	●							

No.2 (Tuesday)

date	2・9・16・23	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Tandoori chicken			●					
	Sara udon noodles with plenty of vegetables	●							
	Hashed beef on the rice	●							

No.3 (Wednesday)

date	3・10・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Roast chicken & demiglace sauce croquette	●		●					
	Pork stamina bowl	●							
	Omelette rice with tomato cream sauce	●	●	●					

No.4 (Thursday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	chicken cutlet with sweet miso sauce	●	●	●					
	Minced meat rice bowl	●	●						
	Kanazawa curry	●		●					

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Friday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Sauteed Chicken with Mushroom Cream Sauce	●		●					
	Deep-fried tofu champuru	●	●						
	Vegetable Keema Curry	●		●					

No.6 (Saturday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Hamburger steak with demi-glace sauce	●		●					
	Fried chicken	●							
	Kakitama Ankake Udon	●	●	●					

No.7 (Sunday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	White fish fritters with tartar sauce	●	●	●					
	Sauteed Chicken with Onion Sauce	●		●					
	Mushroom and cheese curry	●		●					

Salads, fruit bars/drink bars, and desserts are also available.

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December 2025 【Dinner】 Main Menu Allergen Table

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※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.
(If there are less than 30 users on the day, salad will be served in a small bowl.)

No.1 (Monday)

date	8・15・22	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Sauteed chicken with tomato miso sauce								
	Simmered pork cutlet, onion & beaten egg on the rice	●	●	●					

No.2 (Tuesday)

date	2・9・16・23	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Chicken Tempura with ponzu sauce	●							
	Beef & vegetables curry sauce with rice	●		●					

No.3 (Wednesday)

date	3・10・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Grilled Chicken with BBQ Sauce								
	Curry rice topped with fried white fish	●							

No.4 (Thursday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pork ginger fried	●							
	Fried chicken rice bowl	●							

No.5 (Friday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Fried chicken fillet wrapped in shiso leaves and pumpkin croquette	●	●	●					
	Omuhayashi	●	●	●					

No.6 (Saturday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pork salt short rib								
	Chicken cutlet rice bowl with sauce	●	●	●					

No.7 (Sunday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Stir-fried chicken and potatoes with oyster sauce	●							
	Croquette curry	●		●					

Others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

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