







	2025/12/1	2025/12/2	2025/12/3	2025/12/4	2025/12/5	2025/12/6	2025/12/7
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
b	Buffet style		Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
	Spaghetti salad	closing day	Pumpkin Salad	Spaghetti salad	potato salad	Spaghetti salad	Macaroni Salad
r e	scrambled eggs		Thickly grilled egg	scrambled eggs	omelette	scrambled eggs	Egg Soboro
a k	Bean sprouts and tuna salad		Tuna and seaweed vinegar dish	Bok choy and mushroom namul	Ratatouille	Bean sprouts and tuna salad	Spinach and Shimeji Mushroom Dressed with Bonito Flakes
† a	Shumai		Meat dumplings (sweet and sour sauce)	Flavored ground chicken	Pork sausages	Shumai	Teriyaki Meatballs
s	Soup/drink bar		Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
Ť	Rice/bread/natto		Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert		Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
A	closing day	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
l u n		Tandoori chicken	Roast chicken & demiglace sauce croquette	chicken cutlet with sweet miso sauce	Sauteed Chicken with Mushroom Cream Sauce	Hamburger steak with demi-glace sauce	White fish fritters with tartar sauce
		B Sara udon noodles with plenty of vegetables	<u>B</u> Pork stamina bowl	Minced meat rice bowl	B Deep-fried tofu champuru	B Fried chicken	B Sauteed Chicken with Onion Sauce
С		<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>C</u>	<u>C</u>
h		Hashed beef on the rice	Omelette rice with tomato cream sauce	Kanazawa curry	Vegetable Keema Curry	Kakitama Ankake Udon	Mushroom and cheese curry
		ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
		Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
		Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
*		<u>A</u>	<u>A</u>	<u>A</u>		<u>A</u>	<u>A</u>
d	closing day	Chicken Tempura with ponzu sauce	Grilled Chicken with BBQ Sauce	Pork ginger fried	Fried chicken fillet wrapped in shiso leaves and pumpkin croquette	Pork salt short rib	Stir-fried chicken and potatoes with oyster sauce
1		<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n n e		Beef & vegetables curry sauce with rice	Curry rice topped with fried white fish	Fried chicken rice bowl	Omuhayashi	Chicken cutlet rice bowl with sauce	Croquette curry
r		AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
		Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
		Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

[•]Breakfast will be served buffet style. You can choose from 3 menus for lunch and 1 from 2 menus for dinner. The menu may be changed depending on the convenience of ingredients. Thank you for your understanding. If there are less than 30 users on the day, breakfast will be served with a plate, and salad will be served in a small bowl for dinner. Our shop is not a free space. Those who cannot purchase a meal ticket or bring in a meal are not allowed to use it. (If you have any allergies or other circumstances, please contact us at least 2 weeks in advance, excluding closed days.) • Breakfast and dinner are by reservation only. In addition, please make a reservation as soon as possible for group use. (Deadline is 3 p.m. 7 days before the museum is closed) For details, please visit the Olympic Center website. • Same-day tickets are also sold for lunch, but if there are many customers, same-day ticket sales at the ticket vending machine may be suspended.









	2025/12/8	2025/12/9	2025/12/10	2025/12/11	2025/12/12	2025/12/13	2025/12/14
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
b r e a k	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
	Pumpkin Salad	Spaghetti salad	potato salad	Spaghetti salad	Macaroni Salad	Pumpkin Salad	Spaghetti salad
	Thickly grilled egg	scrambled eggs	omelette	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs
		Bok choy and mushroom namul	Ratatouille	Bean sprouts and tuna salad	Spinach and Shimeji Mushroom Dressed with Bonito Flakes	Tuna and seaweed vinegar dish	Bok choy and mushroom namul
l t	Meat dumplings (sweet and sour sauce)	Flavored ground chicken	Pork sausages	Shumai	Teriyaki Meatballs	Meat dumplings (sweet and sour sauce)	Flavored ground chicken
s		Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
t	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
V V	A	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
>	Fried chicken	Tandoori chicken	Roast chicken & demiglace sauce croquette	chicken cutlet with sweet miso sauce	Sauteed Chicken with Mushroom Cream Sauce	Hamburger steak with demi-glace sauce	White fish fritters with tartar sauce
l u n	mushroom write sauce	B Sara udon noodles with plenty of vegetables	B Pork stamina bowl	B Minced meat rice bowl	B Deep-fried tofu champuru	B Fried chicken	B Sauteed Chicken with Onion Sauce
C	C	<u>C</u>	<u>c</u>	<u>C</u>	<u>c</u>	<u>C</u>	<u>C</u>
h	Beef curry with rice	Hashed beef on the rice	Omelette rice with tomato cream sauce	Kanazawa curry	Vegetable Keema Curry	Kakitama Ankake Udon	Mushroom and cheese curry
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
		I.		I.		I.	
*	Sauteed chicken with tomato miso sauce	<u>A</u> Chicken Tempura with ponzu sauce	<u>A</u> Grilled Chicken with BBQ Sauce	A Pork ginger fried	A Fried chicken fillet wrapped in shiso leaves and pumpkin croquette	Pork salt short rib	A Stir-fried chicken and potatoes with oyster sauce
i 	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n	onion & beaten egg on the	Beef & vegetables curry sauce with rice	Curry rice topped with fried white fish	Fried chicken rice bowl	Omuhayashi	Chicken cutlet rice bowl with sauce	Croquette curry
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

[•]Breakfast will be served buffet style. You can choose from 3 menus for lunch and 1 from 2 menus for dinner. The menu may be changed depending on the convenience of ingredients. Thank you for your understanding. If there are less than 30 users on the day, breakfast will be served with a plate, and salad will be served in a small bowl for dinner. Our shop is not a free space. Those who cannot purchase a meal ticket or bring in a meal are not allowed to use it. (If you have any allergies or other circumstances, please contact us at least 2 weeks in advance, excluding closed days.) • Breakfast and dinner are by reservation only. In addition, please make a reservation as soon as possible for group use. (Deadline is 3 p.m. 7 days before the museum is closed) For details, please visit the Olympic Center website. • Same-day tickets are also sold for lunch, but if there are many customers, same-day ticket sales at the ticket vending machine may be suspended.









1111									
日	2025/12/15	2025/12/16	2025/12/17	2025/12/18	2025/12/19	2025/12/20	2025/12/21		
曜日	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style		
b	potato salad	Spaghetti salad	Macaroni Salad	Pumpkin Salad	Spaghetti salad	potato salad	Spaghetti salad		
r e	omelette	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs	omelette	scrambled eggs		
a k	Ratatouille	Bean sprouts and tuna salad	Spinach and Shimeji Mushroom Dressed with Bonito Flakes	Tuna and seaweed vinegar dish	Bok choy and mushroom namul	Ratatouille	Bean sprouts and tuna salad		
† a	Pork sausages	Shumai	Teriyaki Meatballs	Meat dumplings (sweet and sour sauce)	Flavored ground chicken	Pork sausages	Shumai		
s	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar		
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto		
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		
A	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	A	<u>A</u>		
	Fried chicken	Tandoori chicken	Roast chicken & demiglace sauce croquette	chicken cutlet with sweet miso sauce	Sauteed Chicken with Mushroom Cream Sauce	Hamburger steak with demi-glace sauce	White fish fritters with tartar sauce		
l u n	B Hamburger steak with mushroom white sauce	B Sara udon noodles with plenty of vegetables	B Pork stamina bowl	B Minced meat rice bowl	B Deep-fried tofu champuru	Fried chicken	B Sauteed Chicken with Onion Sauce		
	<u>C</u>	<u>C</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>C</u>	<u>c</u>		
h	Beef curry with rice	Hashed beef on the rice	Omelette rice with tomato cream sauce	Kanazawa curry	Vegetable Keema Curry	Kakitama Ankake Udon	Mushroom and cheese curry		
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu		
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar		
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		
*	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>		<u>A</u>	<u>A</u>		
d	Sauteed chicken with tomato miso sauce	Chicken Tempura with ponzu sauce	Grilled Chicken with BBQ Sauce	Pork ginger fried	Fried chicken fillet wrapped in shiso leaves and pumpkin croquette	Pork salt short rib	Stir–fried chicken and potatoes with oyster sauce		
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>		
n n e	Simmered pork cutlet, onion & beaten egg on the rice	Beef & vegetables curry sauce with rice	Curry rice topped with fried white fish	Fried chicken rice bowl	Omuhayashi	Chicken cutlet rice bowl with sauce	Croquette curry		
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu		
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar		
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		

[•]Breakfast will be served buffet style. You can choose from 3 menus for lunch and 1 from 2 menus for dinner. The menu may be changed depending on the convenience of ingredients. Thank you for your understanding. If there are less than 30 users on the day, breakfast will be served with a plate, and salad will be served in a small bowl for dinner. Our shop is not a free space. Those who cannot purchase a meal ticket or bring in a meal are not allowed to use it. (If you have any allergies or other circumstances, please contact us at least 2 weeks in advance, excluding closed days.) • Breakfast and dinner are by reservation only. In addition, please make a reservation as soon as possible for group use. (Deadline is 3 p.m. 7 days before the museum is closed) For details, please visit the Olympic Center website. • Same-day tickets are also sold for lunch, but if there are many customers, same-day ticket sales at the ticket vending machine may be suspended.



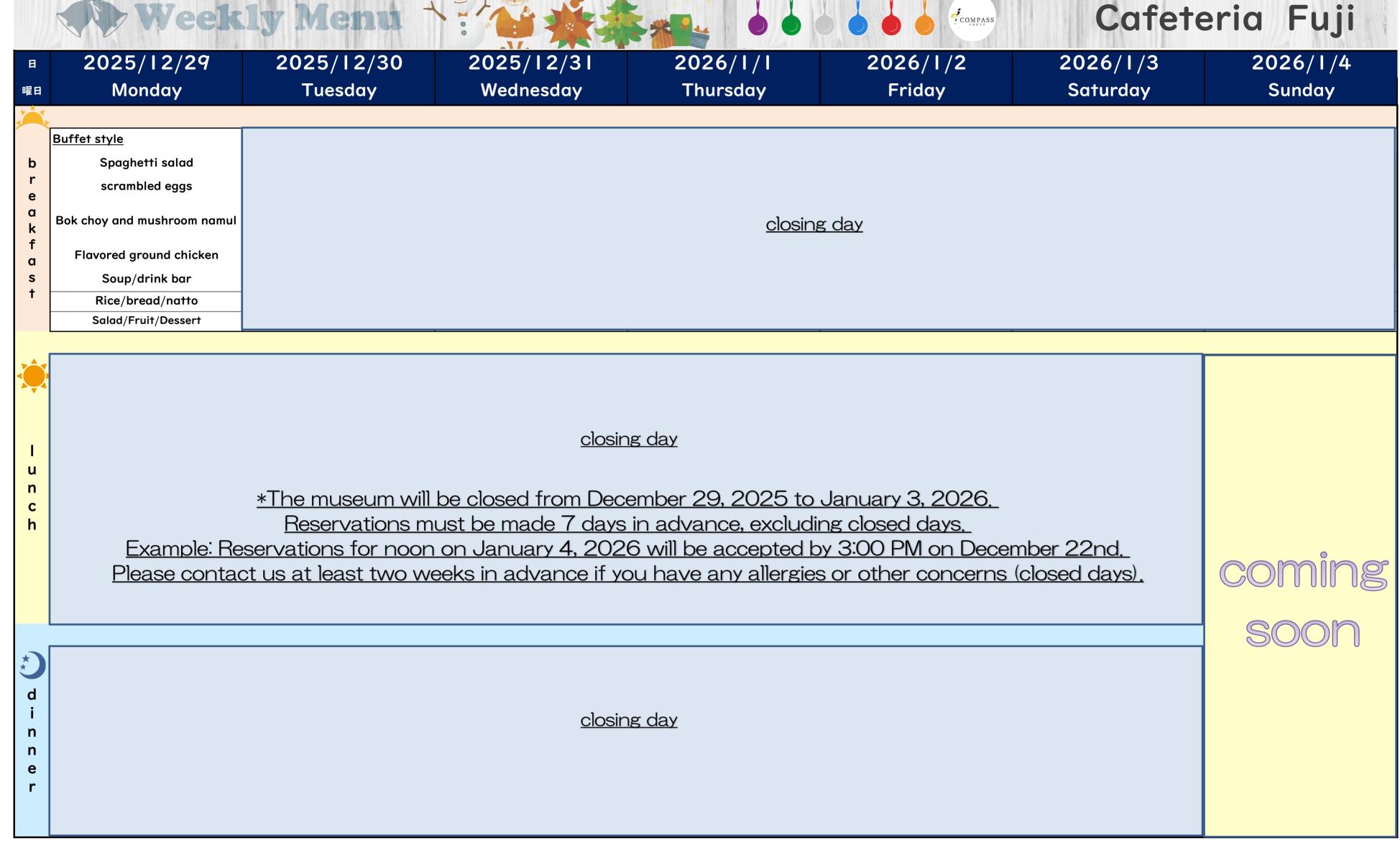






1111/									
目	2025/12/22	2025/12/23	2025/12/24	2025/12/25	2025/12/26	2025/12/27	2025/12/28		
曜日	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style		
b	Macaroni Salad	Pumpkin Salad	Spaghetti salad	potato salad	Spaghetti salad	Macaroni Salad	Pumpkin Salad		
r e	Egg Soboro	Thickly grilled egg	scrambled eggs	omelette	scrambled eggs	Egg Soboro	Thickly grilled egg		
a k	Spinach and Shimeji Mushroom Dressed with Bonito Flakes	Tuna and seaweed vinegar dish	Bok choy and mushroom namul	Ratatouille	Bean sprouts and tuna salad	Spinach and Shimeji Mushroom Dressed with Bonito Flakes	Tuna and seaweed vinegar dish		
a	Teriyaki Meatballs	Meat dumplings (sweet and sour sauce)	Flavored ground chicken	Pork sausages	Shumai	Teriyaki Meatballs	Meat dumplings (sweet and sour sauce)		
s	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar		
t	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto		
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		
YAY.	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	A	<u>A</u>		
	Fried chicken	Tandoori chicken	Roast chicken & demiglace sauce croquette	chicken cutlet with sweet miso sauce	Sauteed Chicken with Mushroom Cream Sauce	Hamburger steak with demi-glace sauce	White fish fritters with tartar sauce		
l u n	B Hamburger steak with mushroom white sauce	B Sara udon noodles with plenty of vegetables	B Pork stamina bowl	Minced meat rice bowl	B Deep-fried tofu champuru	B Fried chicken	B Sauteed Chicken with Onion Sauce		
	<u>C</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>C</u>	<u>C</u>		
h	Beef curry with rice	Hashed beef on the rice	Omelette rice with tomato cream sauce	Kanazawa curry	Vegetable Keema Curry	Kakitama Ankake Udon	Mushroom and cheese curry		
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu		
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar		
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		
*	<u>A</u>	<u>A</u>	<u> A</u>	<u>A</u>	<u>A</u> Fried chicken fillet	<u>A</u>	<u>A</u>		
d ·	Sauteed chicken with tomato miso sauce	Chicken Tempura with ponzu sauce	Grilled Chicken with BBQ Sauce	Pork ginger fried	wrapped in shiso leaves and pumpkin croquette	Pork salt short rib	Stir–fried chicken and potatoes with oyster sauce		
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>		
n n e	Simmered pork cutlet, onion & beaten egg on the rice	Beef & vegetables curry sauce with rice	Curry rice topped with fried white fish	Fried chicken rice bowl	Omuhayashi	Chicken cutlet rice bowl with sauce	Croquette curry		
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu		
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar		
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		

[•]Breakfast will be served buffet style. You can choose from 3 menus for lunch and 1 from 2 menus for dinner. The menu may be changed depending on the convenience of ingredients. Thank you for your understanding. If there are less than 30 users on the day, breakfast will be served with a plate, and salad will be served in a small bowl for dinner. Our shop is not a free space. Those who cannot purchase a meal ticket or bring in a meal are not allowed to use it. (If you have any allergies or other circumstances, please contact us at least 2 weeks in advance, excluding closed days.) • Breakfast and dinner are by reservation only. In addition, please make a reservation as soon as possible for group use. (Deadline is 3 p.m. 7 days before the museum is closed) For details, please visit the Olympic Center website. • Same-day tickets are also sold for lunch, but if there are many customers, same-day ticket sales at the ticket vending machine may be suspended.



[•]Breakfast will be served buffet style. You can choose from 3 menus for lunch and 1 from 2 menus for dinner. The menu may be changed depending on the convenience of ingredients. Thank you for your understanding. If there are less than 30 users on the day, breakfast will be served with a plate, and salad will be served in a small bowl for dinner. Our shop is not a free space. Those who cannot purchase a meal ticket or bring in a meal are not allowed to use it. (If you have any allergies or other circumstances, please contact us at least 2 weeks in advance, excluding closed days.) • Breakfast and dinner are by reservation only. In addition, please make a reservation as soon as possible for group use. (Deadline is 3 p.m. 7 days before the museum is closed) For details, please visit the Olympic Center website. • Same-day tickets are also sold for lunch, but if there are many customers, same-day ticket sales at the ticket vending machine may be suspended.