

November 2025 【Breakfast】☀️ Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance.If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

***Breakfast is served in a buffet style, and each person can choose the food they like, so
Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)**

No.1

date	1・6・11・16・21・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●						
	scrambled eggs	●	●	●					
	Okra and cauliflower with salted kelp	●							
	Flavored ground chicken	●							

No.2

date	2・7・12・17・22・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pumpkin Salad	●	●	●					
	Thickly grilled egg	●	●						
	Soy meat chili con carne								
	Meat dumplings (sweet and sour sauce)	●	●	●					

No.3

date	3・8・13・18・23・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●						
	scrambled eggs	●	●	●					
	Spinach and mushroom salad	●							
	Shumai	●		●					

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								
	various breads	●	Please check in store for daily changes.						
	natto	●							

*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	4・9・14・19・24・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Macaroni Salad	●	●						
	Egg Soboro	●	●						
	Boiled komatsuna and shimeji mushrooms	●							
	Teriyaki Meatballs	●	●	●					

No.5

date	5・10・15・20・25・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	potato salad	●	●	●					
	omelette	●	●	●					
	Root vegetables with tuna								
	Pork sausages			●					

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

November 2025 【Lunch】



Main Menu Allergen Table

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*For lunch, you can choose one item from the three items on the menu.
Depending on availability on the day, some menu items may be sold out.

No.1 (Saturday)

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Fried horse mackerel with tartar sauce	●	●						
	Grilled chicken with black pepper								
	Pork & vegetables curry sauce with rice	●		●					

No.2 (Sunday)

date	2・9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Sauteed Chicken with Japanese Garlic Sauce	●							
	Kakitama Ankake Udon	●	●	●					
	Pork cutlet on the rice with demiglace sauce	●	●	●					

No.3 (Monday)

date	3・10・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Teriyaki hamburger steak	●		●					
	Stir-fried chicken and potatoes with oyster sauce	●							
	European curry	●		●					

No.4 (Tuesday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Sauteed chicken with tomato miso sauce								
	Fried white fish with ginger sauce	●	●	●					
	Hashed beef on the rice	●							

others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Wednesday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Chicken cutlet with BBQ sauce	●	●	●					
	Simmered pork tongue root & onion on the rice	●							
	Omelet rice with mushrooms & cream sauce	●	●	●					

No.6 (Thursday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Fried white fish with Nanban sauce	●	●	●					
	curry udon	●							
	Chicken steak bowl	●							

No.7 (Friday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pork shabu-shabu and eggplant dressed with grated daikon radish	●							
	Deep-fried chicken rice bowl	●							
	Mushroom and cheese curry	●		●					

Salads, fruit bars/drink bars, and desserts are also available.

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November 2025 【Dinner】 Main Menu Allergen Table

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- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.
(If there are less than 30 users on the day, salad will be served in a small bowl.)

No.1 (Saturday)

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Sasami cheese katsu	●	●	●					
	Pork stamina bowl	●							

No.2 (Sunday)

date	2・9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Deep fried chicken with grated daikon radish sauce	●							
	Omuhayashi	●	●	●					

No.3 (Monday)

date	3・10・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Tandoori chicken			●					
	Stir-fried pork with ginger sauce on the rice	●							

No.4 (Tuesday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Stir-fried pork, wood ear mushrooms and eggs	●	●						
	Fried chicken curry	●							

others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Wednesday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Hamburger steak with demi-glace sauce	●		●					
	Japanese-style chicken curry	●							

No.6 (Thursday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pork cutlet with soy based flavored sauce	●	●	●					
	Gapao rice	●	●						

No.7 (Friday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Stir-fried chicken and vegetables with sweet and sour sauce & spring rolls	●							
	Beef curry with rice	●							

Salads, fruit bars/drink bars, and desserts are also available.

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