	Week Week	cly Menu	1	6		Cofet	eria Fuji
	2025/11/1	2025/11/2	2025/11/3	2025/11/4	2025/11/5	2025/11/6	2025/11/7
	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	1						
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	Spaghetti salad	Pumpkin Salad	Spaghetti salad	Macaroni Salad	potato salad	Spaghetti salad	Pumpkin Salad
r	scrambled eggs	Thickly grilled egg	scrambled eggs	Egg Soboro	omelette	scrambled eggs	Thickly grilled egg
a k	Okra and cauliflower with salted kelp	Soy meat chili con carne	Spinach and mushroom salad	Boiled komatsuna and shimeji mushrooms	Root vegetables with tuna	Okra and cauliflower with salted kelp	Soy meat chili con carne
f	Flavored ground chicken	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs	Pork sausages	Flavored ground chicken	Meat dumplings (sweet and sour sauce)
s	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	<u> </u>	1.					1.
÷	Fried horse mackerel with tartar sauce	Sauteed Chicken with Japanese Garlic Sauce	Teriyaki hamburger steak	Sauteed chicken with tomato miso sauce	Chicken cutlet with BBQ sauce	Fried white fish with Nanban sauce	Pork shabu-shabu and eggplant dressed with grated daikon radish
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
u	Grilled chicken with black pepper	Kakitama Ankake Udon	Stir–fried chicken and potatoes with oyster sauce	Fried white fish with ginger sauce	Simmered pork tongue root & onion on the rice	curry udon	Deep-fried chicken rice bowl
С	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>C</u>
h	Pork & vegetables curry sauce with rice	Pork cutlet on the rice with demiglace sauce	European curry	Hashed beef on the rice	Omelet rice with mushrooms & cream sauce	Chicken steak bowl	Mushroom and cheese curry
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
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d i	Sasami cheese katsu	Deep fried chicken with grated daikon radish sauce	Tandoori chicken	Stir-fried pork, wood ear mushrooms and eggs	Hamburger steak with demi-glace sauce with demi-glace sauce	Pork cutlet with soy based flavored sauce	Stir-fried chicken and vegetables with sweet and sour sauce & spring rolls
l n	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n e	Pork stamina bowl	Omuhayashi	Stir-fried pork with ginger sauce on the rice	Fried chicken curry	Japanese–style chicken curry	Gapao rice	Beef curry with rice
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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	Week Week	cly Menu	1	5		Cafet	eria Fuji
	2025/11/8	2025/11/9	2025/11/10	2025/11/11	2025/11/12	2025/11/13	2025/11/14
	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	.						
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	Spaghetti salad	Macaroni Salad	potato salad	Spaghetti salad	Pumpkin Salad	Spaghetti salad	Macaroni Salad
e	scrambled eggs	Egg Soboro	omelette	scrambled eggs	Thickly grilled egg	scrambled eggs	Egg Soboro
a k	Spinach and mushroom salad	Boiled komatsuna and shimeji mushrooms	Root vegetables with tuna	Okra and cauliflower with salted kelp	Soy meat chili con carne	Spinach and mushroom salad	Boiled komatsuna and shimeji mushrooms
f	Shumai	Teriyaki Meatballs	Pork sausages	Flavored ground chicken	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs
s	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
t	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
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\	Fried horse mackerel with tartar sauce	Sauteed Chicken with Japanese Garlic Sauce	Teriyaki hamburger steak	Sauteed chicken with tomato miso sauce	Chicken cutlet with BBQ sauce	Fried white fish with Nanban sauce	Pork shabu-shabu and eggplant dressed with grated daikon radish
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
u	Grilled chicken with black pepper	Kakitama Ankake Udon	Stir–fried chicken and potatoes with oyster sauce	Fried white fish with ginger sauce	Simmered pork tongue root & onion on the rice	curry udon	Deep-fried chicken rice bowl
С	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>
h	Pork & vegetables curry sauce with rice	Pork cutlet on the rice with demiglace sauce	European curry	Hashed beef on the rice	Omelet rice with mushrooms & cream sauce	Chicken steak bowl	Mushroom and cheese curry
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	Δ	ΙΔ	ΙΔ	ΙΔ	IΔ	IΔ	ΙΔ
d	Sasami cheese katsu	Deep fried chicken with grated daikon radish sauce	Tandoori chicken	Stir-fried pork, wood ear mushrooms and eggs	Hamburger steak with demi-glace sauce with demi-glace sauce	Pork cutlet with soy based flavored sauce	Stir-fried chicken and vegetables with sweet and sour sauce & spring rolls
l 'n	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n e	Pork stamina bowl	Omuhayashi	Stir-fried pork with ginger sauce on the rice	Fried chicken curry	Japanese–style chicken curry	Gapao rice	Beef curry with rice
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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	Week Week	ly Menu	10			Cafet	eria Fuji
日	2025/11/15	2025/11/16	2025/11/17	2025/11/18	2025/11/19	2025/11/20	2025/11/21
曜日	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
			<u> </u>	· · · · · · · · · · · · · · · · · · ·			
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	potato salad	Spaghetti salad	Pumpkin Salad	Spaghetti salad	Macaroni Salad	potato salad	Spaghetti salad
r e	omelette	scrambled eggs	Thickly grilled egg	scrambled eggs	Egg Soboro	omelette	scrambled eggs
a k	Root vegetables with tuna	Okra and cauliflower with salted kelp	Soy meat chili con carne	Spinach and mushroom salad	Boiled komatsuna and shimeji mushrooms	Root vegetables with tuna	Okra and cauliflower with salted kelp
fa	Pork sausages	Flavored ground chicken	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs	Pork sausages	Flavored ground chicken
s	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
t	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
*	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	A Doub shahu shahu sad
	Fried horse mackerel with tartar sauce	Sauteed Chicken with Japanese Garlic Sauce	Teriyaki hamburger steak	Sauteed chicken with tomato miso sauce	Chicken cutlet with BBQ sauce	Fried white fish with Nanban sauce	Pork shabu-shabu and eggplant dressed with grated daikon radish
١.	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
u n	Grilled chicken with black pepper	Kakitama Ankake Udon	Stir-fried chicken and potatoes with oyster sauce	Fried white fish with ginger sauce	Simmered pork tongue root & onion on the rice	curry udon	Deep-fried chicken rice bowl
C	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>	<u>c</u>
h	Pork & vegetables curry sauce with rice	Pork cutlet on the rice with demiglace sauce	European curry	Hashed beef on the rice	Omelet rice with mushrooms & cream sauce	Chicken steak bowl	Mushroom and cheese curry
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
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d	Sasami cheese katsu	Deep fried chicken with grated daikon radish sauce	Tandoori chicken	Stir-fried pork, wood ear mushrooms and eggs	Hamburger steak with demi-glace sauce with demi-glace sauce	Pork cutlet with soy based flavored sauce	Stir-fried chicken and vegetables with sweet and sour sauce & spring rolls
l n	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	В
n e	Pork stamina bowl	Omuhayashi	Stir-fried pork with ginger sauce on the rice	Fried chicken curry	Japanese–style chicken curry	Gapao rice	Beef curry with rice
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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	Week Week	cly Menu	1288	S & S		Cafeto	eria Fuji
日	2025/11/22	2025/11/23	2025/11/24	2025/11/25	2025/11/26	2025/11/27	2025/11/28
曜日	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	Pumpkin Salad	Spaghetti salad	Macaroni Salad	potato salad	Spaghetti salad	Pumpkin Salad	Spaghetti salad
r e	Thickly grilled egg	scrambled eggs	Egg Soboro	omelette	scrambled eggs	Thickly grilled egg	scrambled eggs
a k	Soy meat chili con carne	Spinach and mushroom salad	Boiled komatsuna and shimeji mushrooms	Root vegetables with tuna	Okra and cauliflower with salted kelp	Soy meat chili con carne	Spinach and mushroom salad
f a	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs	Pork sausages	Flavored ground chicken	Meat dumplings (sweet and sour sauce)	Shumai
s	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
		I A	T _A	I A	T _A	T _A	•
	Fried horse mackerel with tartar sauce	Sauteed Chicken with Japanese Garlic Sauce	Teriyaki hamburger steak	Sauteed chicken with tomato miso sauce	Chicken cutlet with BBQ sauce	Fried white fish with Nanban sauce	Pork shabu-shabu and eggplant dressed with grated daikon radish
١.	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
u	Grilled chicken with black pepper	Kakitama Ankake Udon	Stir–fried chicken and potatoes with oyster sauce	Fried white fish with ginger sauce	Simmered pork tongue root & onion on the rice	curry udon	Deep-fried chicken rice bowl
С	<u>c</u>	<u>C</u>	<u>c</u>	<u>C</u>	<u>c</u>	<u>c</u>	<u>C</u>
h	Pork & vegetables curry sauce with rice	Pork cutlet on the rice with demiglace sauce	European curry	Hashed beef on the rice	Omelet rice with mushrooms & cream sauce	Chicken steak bowl	Mushroom and cheese curry
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	Α	Α	A	Α	A	I _A	Α
d :	Sasami cheese katsu	Deep fried chicken with grated daikon radish sauce	Tandoori chicken	Stir-fried pork, wood ear mushrooms and eggs	Hamburger steak with demi-glace sauce with demi-glace sauce	Pork cutlet with soy based flavored sauce	Stir-fried chicken and vegetables with sweet and sour sauce & spring rolls
l n	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n e	Pork stamina bowl	Omuhayashi	Stir-fried pork with ginger sauce on the rice	Fried chicken curry	Japanese–style chicken curry	Gapao rice	Beef curry with rice
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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目	2025/11/29	2025/11/30	2025/12/1	2025/12/2	2025/12/3	2025/12/4	2025/12/
曜日	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		<u> </u>	Г				
		Buffet style					
b r	Macaroni Salad	potato salad					
e e	Egg Soboro	omelette					
a k	Boiled komatsuna and shimeji mushrooms	Root vegetables with tuna					
f	Teriyaki Meatballs	Pork sausages					
a s	Soup/drink bar	Soup/drink bar					
t	Rice/bread/natto	Rice/bread/natto					
	Salad/Fruit/Dessert	Salad/Fruit/Dessert					
	<u>A</u>	<u>A</u>			0		
Ų	Fried horse mackerel with tartar sauce	Sauteed Chicken with Japanese Garlic Sauce			comir	ng soon	
	В	В					
l u	Grilled chicken with black pepper	Kakitama Ankake Udon					
n c	С	С					
h	Pork & vegetables curry sauce with rice	Pork cutlet on the rice with demiglace sauce					
	ABC common menu	ABC common menu					
	Rice/soup/drink bar	Rice/soup/drink bar					
	Salad/Fruit/Dessert	Salad/Fruit/Dessert					
Č d	A Sasami cheese katsu	A Deep fried chicken with grated daikon radish					
i	В	sauce B					
n n e	Pork stamina bowl	Omuhayashi					
r	AB common menu	AB common menu					
	Rice/soup/drink bar	Rice/soup/drink bar					
	Salad/Fruit/Dessert	Salad/Fruit/Dessert					

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