

October 2025

【 Breakfast】

Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance.If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*Breakfast is served in a buffet style, and each person can choose the food they like, so
Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

No.1

date	1・6・11・16・21・26・31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	potato salad	●	●	●					
	Egg Soboro	●	●						
	Tuna and komatsuna with mustard								
	Teriyaki Meatballs	●	●	●					

No.2

date	2・12・17・22・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Macaroni Salad	●	●						
	Thickly grilled egg	●	●						
	Spinach and Shimeji Mushroom Dressed with Bonito Flakes	●							
	Pork sausages			●					

No.3

date	3・8・13・18・23	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●						
	scrambled eggs	●	●	●					
	Soaked bok choy and fried tofu	●							
	Flavored ground chicken	●							

Others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								
	various breads	●	Please check in store for daily changes.						
	natto	●							

*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	4・9・14・19・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pumpkin Salad	●	●	●					
	omelette	●	●	●					
	Vinegared wakame seaweed and okra								
	Meat dumplings (sweet and sour sauce)	●	●	●					

No.5

date	5・10・15・20・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●						
	scrambled eggs	●	●	●					
	Komatsuna and Shiitake Mushrooms Dressed with Bonito Flakes	●							
	Shumai	●		●					

Salads, fruit bars/drink bars, and desserts are also available.
Please contact us separately for the allergen list of seasonings etc. provided in the store.

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【 Lunch】

Main Menu Allergen Table

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*For lunch, you can choose one item from the three items on the menu.
Depending on availability on the day, some menu items may be sold out.

No.1 (Wednesday)

date	1・8・15・22	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Fried chicken with sweet and sour sauce	●							
	Tofu hamburger steak with refreshing sauce with mushrooms	●		●					
	Beef curry with rice	●							

No.2 (Thursday)

date	2・9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Grilled chicken honey mustard sauce	●							
	Sweet and spicy sauce bowl of pork cutlet	●	●	●					
	Grilled Vegetable Curry	●		●					

No.3 (Friday)

date	3・10・17・24・31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Fried chicken	●	●						
	Beef sukiyaki bukkake udon	●							
	Taco Rice		●	●					

No.4 (Saturday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	White fish fritto flavored tomato sauce	●	●	●					
	Tianjin rice(Chicken with egg and ankake bowl)	●	●	●					
	Mushroom Hayashi rice	●		●					

Others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Sunday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Hamburger steak with demi-glace sauce	●		●					
	Deep fried chicken with green onion nanban sauce	●							
	Beef & vegetables curry sauce with rice	●		●					

No.6 (Monday)

date	13・20	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Chicken Tempura with ponzu sauce	●							
	Pork miso and eggplant udon	●							
	Hashed beef on the rice	●							

No.7 (Tuesday)

date	7・14・21	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pork Shabu Caesar Salad		●	●					
	Chicken katsudon with special sauce	●	●	●					
	Pork & vegetables curry sauce with rice	●		●					

Salads, fruit bars/drink bars, and desserts are also available.
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【Dinner】

Main Menu Allergen Table

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- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.
(If there are less than 30 users on the day, salad will be served in a small bowl.)

No.1 (Wednesday)

date	1・8・15・22	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Sauteed Chicken with Ginger Sauce	●							
	【Supervised by Alporto】 Gorotto Meat Sauce DON	●	●	●					

No.2 (Thursday)

date	2・9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Teriyaki Chicken	●							
	Omelet Rice Beef with Demi-glace Sauce	●	●	●					

No.3 (Friday)

date	3・10・17・24・31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Chicken Cutlet with Creamy Mushroom Sauce	●	●	●					
	Kanazawa Curry	●		●					

No.4 (Saturday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Saut é ed Chicken with Lemon Butter Sauce	●		●					
	Pork salt short rib bowl								

Others		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Sunday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pork cutlet with soy based flavored sauce	●	●	●					
	Japanese-style chicken curry	●							

No.6 (Monday)

date	13・20	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Cabbage minced meat cutlet with BBQ sauce	●		●					
	Omelet rice with white sauce	●	●	●					

No.7 (Tuesday)

date	7・14・21	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Fried white fish with sweet and sour sauce	●	●	●					
	Chicken Steak Bowl	●							

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