	Week	cly Menu				Cafete	eria Fuji
	2025/10/1	2025/10/2	2025/10/3	2025/10/4	2025/10/5	2025/10/6	2025/10/7
	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	
b	potato salad	Macaroni Salad	Spaghetti salad	Pumpkin Salad	Spaghetti salad	potato salad	<u>closing day</u>
r	Egg Soboro	Thickly grilled egg	scrambled eggs	omelette	scrambled eggs	Egg Soboro	
e a k	Tuna and komatsuna with mustard	Spinach and Shimeji Mushroom Dressed with Bonito Flakes	Soaked bok choy and fried tofu	Vinegared wakame seaweed and okra	Komatsuna and Shiitake Mushrooms Dressed with Bonito Flakes	Tuna and komatsuna with mustard	
† a	Teriyaki Meatballs	Pork sausages	Flavored ground chicken	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs	
S	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	-
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	
	<u>A</u> Fried chicken with sweet and sour sauce	A Grilled chicken honey mustard sauce	<u>A</u> Fried chicken	<u>A</u> White fish fritto flavored tomato sauce	A Hamburger steak with demi-glace sauce	closig day	<u>A</u> Pork Shabu Caesar Salad
I u n	B Tofu hamburger steak with refreshing sauce with mushrooms	B Sweet and spicy sauce bowl of pork cutlet	<u>B</u> Beef sukiyaki bukkake udon	B Tianjin rice(Chicken with egg and ankake bowl)	B Deep fried chicken with green onion nanban sauce		B Chicken katsudon with special sauce
С	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>		<u>C</u>
h	Beef curry with rice	Grilled Vegetable Curry	Taco Rice	Mushroom Hayashi rice	Beef & vegetables curry sauce with rice		Pork & vegetables curry sauce with rice
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu		ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar		Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		Salad/Fruit/Dessert
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*	<u>A</u>	<u>A</u>	<u> A</u>	<u>A</u>	<u>A</u>		<u> </u>
d :	Sauteed Chicken with Ginger Sauce	Teriyaki Chicken	Chicken Cutlet with Creamy Mushroom Sauce	Sautéed Chicken with Lemon Butter Sauce	Pork cutlet with soy based flavored sauce		Fried white fish with sweet and sour sauce
n	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	ologina dov	<u>B</u>
n e	[Supervised by Alporto] Gorotto Meat Sauce DON	Omelet Rice Beef with Demi-glace Sauce	Kanazawa Curry	Pork salt short rib bowl	Japanese–style chicken curry	<u>closing day</u>	Chicken Steak Bowl
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu		AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar		Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		Salad/Fruit/Dessert

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	Week	cly Menu				Cafete	eria Fuji
	2025/10/8	2025/10/9	2025/10/10	2025/10/11	2025/10/12	2025/10/13	2025/10/14
	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	Spaghetti salad	Pumpkin Salad	Spaghetti salad	potato salad	Macaroni Salad	Spaghetti salad	Pumpkin Salad
r	scrambled eggs	omelette	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs	omelette
a k	Soaked bok choy and fried tofu	Vinegared wakame seaweed and okra	Komatsuna and Shiitake Mushrooms Dressed with Bonito Flakes	Tuna and komatsuna with mustard	Spinach and Shimeji Mushroom Dressed with Bonito Flakes	Soaked bok choy and fried tofu	Vinegared wakame seaweed and okra
a l	Flavored ground chicken	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs	Pork sausages	Flavored ground chicken	Meat dumplings (sweet and sour sauce)
s	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
l ,			,				
	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
	Fried chicken with sweet and sour sauce	Grilled chicken honey mustard sauce	Fried chicken	White fish fritto flavored tomato sauce	Hamburger steak with demi-glace sauce	Chicken Tempura with ponzu sauce	Pork Shabu Caesar Salad
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
l u n	Tofu hamburger steak with refreshing sauce with mushrooms	Sweet and spicy sauce bowl of pork cutlet	Beef sukiyaki bukkake udon	Tianjin rice(Chicken with egg and ankake bowl)	Deep fried chicken with green onion nanban sauce	Pork miso and eggplant udon	Chicken katsudon with special sauce
С	<u>C</u>	<u>c</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>
h	Beef curry with rice	Grilled Vegetable Curry	Taco Rice	Mushroom Hayashi rice	Beef & vegetables curry sauce with rice	Hashed beef on the rice	Pork & vegetables curry sauce with rice
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
			I.	I.	I.	1.	I.
*	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
d :	Sauteed Chicken with Ginger Sauce	Teriyaki Chicken	Chicken Cutlet with Creamy Mushroom Sauce	Sautéed Chicken with Lemon Butter Sauce	Pork cutlet with soy based flavored sauce	Cabbage minced meat cutlet with BBQ sauce	Fried white fish with sweet and sour sauce
n	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n e	[Supervised by Alporto] Gorotto Meat Sauce DON	Omelet Rice Beef with Demi-glace Sauce	Kanazawa Curry	Pork salt short rib bowl	Japanese–style chicken curry	Omelet rice with white sauce	Chicken Steak Bowl
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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	Week	cly Menu				Cafete	eria Fuji
目	2025/10/15	2025/10/16	2025/10/17	2025/10/18	2025/10/19	2025/10/20	2025/10/21
曜日	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	Spaghetti salad	potato salad	Macaroni Salad	Spaghetti salad	Pumpkin Salad	Spaghetti salad	potato salad
r	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs	omelette	scrambled eggs	Egg Soboro
e a k	Komatsuna and Shiitake Mushrooms Dressed with Bonito Flakes	Tuna and komatsuna with mustard	Spinach and Shimeji Mushroom Dressed with Bonito Flakes	Soaked bok choy and fried tofu	Vinegared wakame seaweed and okra	Komatsuna and Shiitake Mushrooms Dressed with Bonito Flakes	Tuna and komatsuna with mustard
T a	Shumai	Teriyaki Meatballs	Pork sausages	Flavored ground chicken	Meat dumplings (sweet and sour sauce)	Shumai	Teriyaki Meatballs
S	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
	Fried chicken with sweet and sour sauce	Grilled chicken honey mustard sauce	Fried chicken	White fish fritto flavored tomato sauce	Hamburger steak with demi-glace sauce	Chicken Tempura with ponzu sauce	Pork Shabu Caesar Salad
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
l u n	Tofu hamburger steak with refreshing sauce with mushrooms	Sweet and spicy sauce bowl of pork cutlet	Beef sukiyaki bukkake udon	Tianjin rice(Chicken with egg and ankake bowl)	Deep fried chicken with green onion nanban sauce	Pork miso and eggplant udon	Chicken katsudon with special sauce
C	<u>c</u>	<u>c</u>	<u>c</u>	<u>C</u>	<u>c</u>	<u>c</u>	<u>C</u>
h	Beef curry with rice	Grilled Vegetable Curry	Taco Rice	Mushroom Hayashi rice	Beef & vegetables curry sauce with rice	Hashed beef on the rice	Pork & vegetables curry sauce with rice
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
			T				
*	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
d :	Sauteed Chicken with Ginger Sauce	Teriyaki Chicken	Chicken Cutlet with Creamy Mushroom Sauce	Sautéed Chicken with Lemon Butter Sauce	Pork cutlet with soy based flavored sauce	Cabbage minced meat cutlet with BBQ sauce	Fried white fish with sweet and sour sauce
l n	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n e	【Supervised by Alporto】 Gorotto Meat Sauce DON	Omelet Rice Beef with Demi-glace Sauce	Kanazawa Curry	Pork salt short rib bowl	Japanese–style chicken curry	Omelet rice with white sauce	Chicken Steak Bowl
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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Buffet style	/26 2025/10/27 2025/10/2
Buffet style Macaroni Salad Thickly grilled egg Spinach and Shimeji Mushroom Dressed with Bonito Flakes Pork sausages Soup/drink bar Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert Salad/Fruit/Dessert Salad/Fruit/Dessert A Fried chicken with sweet and sour sauce B Tofu hamburger steak with refreshing sauce with bar and sour sauce bowl of park cutlet bare in the park sules and spirs park and sour sauce business and graph and spirs park cutlet bowl of park cutlet bowl of park cutlet bowl of park cutlet bare in the park cutlet bare in the park cutlet bare in the park cutlet in the park cut let in t	
Macaroni Salad Thickly grilled egg Spinach and Shimeji Mushroom Dressed with Bonito Flakes Pork sausages Soup/drink bar Soup/drink bar Soup/drink bar Solad/Fruit/Dessert Salad/Fruit/Dessert Salad/Fruit/Dessert Solad/Fruit/Dessert Solad/Fruit/Deso	y Monday Tuesday
Macaroni Salad Thickly grilled egg Spinach and Shimeji Mushroom Dressed with Bonito Flakes Pork sausages Soup/drink bar Soup/drink bar Soup/drink bar Solad/Fruit/Dessert Salad/Fruit/Dessert Salad/Fruit/Dessert Solad/Fruit/Dessert Solad/Fruit/Dess	
Thickly grilled egg Spinach and Shimeji Mushroom Dressed with Bonito Flakes Pork sausages Soup/drink bar Soup/drink bar Soup/drink bar Soladd/Fruit/Dessert Salad/Fruit/Dessert Salad/Fruit/Dessert Sour Salad/Fruit/Dessert Soup/drink sweet and sour sauce Soladd/Fruit/Dessert Soladd/Fruit/Dessert Soladd/Fruit/Dessert Soladd/Fruit/Dessert Sweet and spicy sauce with refreshing sauce with Bonito Flakes Soup/drink bar Soup/drink	Buffet style
Spinach and Shimeji Mushroom Dressed with Bonito Flakes Pork sausages Flavored ground chicken Soup/drink bar Rice/bread/natto Salad/Fruit/Dessert	nd Macaroni Salad
Soaked bok choy and fried tofu Dressed with Bonito Flakes Pork sausages Flavored ground chicken Soup/drink bar So	Thickly grilled egg
Soup/drink bar Soup/d	
Rice/bread/natto Rice/b	balls Pork sausages
Salad/Fruit/Dessert A Hamburger ste demi-glace salad/Fruit/Dessert Fried chicken Tofu hamburger steak White fish fritto flavored tomato sauce B Sweet and spicy sauce Salad/Fruit/Dessert B Hamburger steak Jeff chicken B Sweet and spicy sauce Salad/Fruit/Dessert A Hamburger steak Jeff chicken	bar Soup/drink bar
Fried chicken with sweet and sour sauce B Tofu hamburger steak with refreshing sauce with bowl of pork cutlet A Grilled chicken honey mustard sauce Fried chicken Fried chicken Fried chicken B Fried chicken White fish fritto flavored tomato sauce B Tianjin rice(Chicken with egg and ankake bowl) Grilled chicken honey mustard sauce B B Tianjin rice(Chicken with egg and ankake bowl) Green onion nankake bowl	atto Rice/bread/natto
Fried chicken with sweet and sour sauce Grilled chicken honey mustard sauce Fried chicken Fried chicken White fish fritto flavored tomato sauce Hamburger ste demi-glace source B Tofu hamburger steak with refreshing sauce with Sweet and spicy sauce bowl of park cutlet Beef sukiyaki bukkake udon	essert Salad/Fruit/Dessert
Beef curry with rice Grilled Vegetable Curry Taco Rice Mushroom Hayashi rice Beef & vegetable Sauce with ABC common menu Rice/soup/drink bar Rice/soup/drink bar Salad/Fruit/Dessert Salad/Fruit/Dessert Salad/Fruit/Dessert Salad/Fruit/Dessert Salad/Fruit/Dessert Salad/Fruit/Dessert Salad/Fruit/Dessert	ken with ban sauce closig day les curry rice nk bar
A Sauteed Chicken with Ginger Sauce A Teriyaki Chicken Creamy Mushroom Sauce A Sautéed Chicken with Creamy Mushroom Sauce A Sautéed Chicken with Greamy Mushroom Mushroom Mushroom Mushroom Mushroom Mush	
B B B B B B B B B B	
AB common menu	chicken <u>closing day</u>
Rice/soup/drink bar Rice/s	chicken <u>closing day</u>

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	Weel	cly Menu	12 (3)		S COM	Cafete	ria Fuji
目	2025/10/29	2025/10/30	2025/10/31	2025/11/1	2025/11/2	2025/11/3	2025/11/4
曜日	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
			Buffet style				
b			potato salad				
r e			Egg Soboro				
a k	closing day		Tuna and komatsuna with mustard				
f a			Teriyaki Meatballs				
s			Soup/drink bar				
†			Rice/bread/natto				
			Salad/Fruit/Dessert				
		<u>A</u>	<u>A</u>				
	<u>closig day</u>	Grilled chicken honey mustard sauce	Fried chicken		COMIN	is soon	
		<u>B</u>	<u>B</u>				
u		Sweet and spicy sauce bowl of pork cutlet	Beef sukiyaki bukkake udon				
''		<u>c</u>	<u>c</u>				
h	ABC common menu Rice/soup/drin	Grilled Vegetable Curry	Taco Rice				
		ABC common menu	ABC common menu				
		Rice/soup/drink bar	Rice/soup/drink bar				
		Salad/Fruit/Dessert	Salad/Fruit/Dessert				
-							
*)	<u>A</u>		<u>A</u>				
d	<u>closing day</u>	Teriyaki Chicken	Chicken Cutlet with Creamy Mushroom Sauce				
n		<u>B</u>	<u> </u>				
n e		Omelet Rice Beef with Demi-glace Sauce	Kanazawa Curry				
r		AB common menu	AB common menu				
		Rice/soup/drink bar	Rice/soup/drink bar				
		Salad/Fruit/Dessert	Salad/Fruit/Dessert				

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