	Week	ly Menu				Cafet	eria Fuji
	2025/9/1 2025/9/2		2025/9/3	2025/9/4	2025/9/5	2025/9/6	2025/9/7
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	•	•	•	· ·	· ·	·	·
	Buffet style			Buffet style	Buffet style	Buffet style	Buffet style
b	potato salad				Macaroni Salad	potato salad	Spaghetti salad
r	Egg Soboro			omelette	scrambled eggs	Egg Soboro	Thickly grilled egg
e a k	Sauteed spinach and carrots <u>closing and carrots</u>		ng day	Komatsuna and Shimeji Mushrooms Dressed with Bonito Flakes	Bonito and broccoli dressed with yuzu soy sauce	Sauteed spinach and carrots	Vinegared wakame seaweed and okra
f a	Shumai			Flavored ground chicken	Meat dumplings (sweet and sour sauce)	Shumai	Pork sausages
s	Soup/drink bar			Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
†	Rice/bread/natto			Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert			Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
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₹			A	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
			Pork with ginger	Fried fillet wrapped in shiso & pumpkin croquette	Stir-fried chicken with black pepper&spring rolls	Teriyaki Chicken	Fried chicken
			<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
u n	closing day		Chicken Tempura Udon	Spicy stir–fried pork and eggplant	Hamburger steak with tomato sauce	Beef sukiyaki bukkake udon	Grated pork yakiniku bowl
С			<u>c</u>	<u>c</u>	<u>c</u>	<u>C</u>	<u>C</u>
h			Kanazawa curry	Keema curry with melted eggs	beef curry	Simmered pork cutlet, onion & beaten egg on the rice	European curry
			ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
			Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
			Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
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3			Chicken cutlet with sweet		Chicken saute garlic soy	Cabbage minced meat	Deep-fried white fish with
d	OICOII IS GAY		miso sauce	Deep-fried chicken thighs	sauce flavor	cutlet with BBQ sauce	yuzu pepper sauce
i			<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n n e			Chinese style mixed vegetable and meat/seafood gravy rice	Pork curry	Pork shabu-shabu rice bowl with plenty of vegetables	Japanese–style chicken curry	Chicken steak bowl
r			AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
			Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
			Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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Weekly Me	nu	The state of the s		COMP
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2025/9/8	2025/9/9	2025/9/10	2025/9/11	2025/9/12	2025/9/13	2025/9/14
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
Pumpkin Salad	Spaghetti salad	Macaroni Salad	potato salad	Spaghetti salad	Pumpkin Salad	Spaghetti salad
scrambled eggs	omelette	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs	omelette
Vegetarian Chili Con Carne	Komatsuna and Shimeji Mushrooms Dressed with Bonito Flakes	Bonito and broccoli dressed with yuzu soy sauce	Sauteed spinach and carrots	Vinegared wakame seaweed and okra	Vegetarian Chili Con Carne	Komatsuna and Shimeji Mushrooms Dressed with Bonito Flakes
Teriyaki Meatballs	Flavored ground chicken	Meat dumplings (sweet and sour sauce)	Shumai	Pork sausages	Teriyaki Meatballs	Flavored ground chicken
Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
A	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
Hamburger steak with demi-glace sauce	Chicken saute with lemon butter sauce	Pork with ginger	Fried fillet wrapped in shiso & pumpkin croquette	Stir-fried chicken with black pepper&spring rolls	Teriyaki Chicken	Fried chicken
<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
Chicken cutlet bowl with special sauce	Fried horse mackerel with grated daikon radish and ponzu sauce	Chicken Tempura Udon	Spicy stir–fried pork and eggplant	Hamburger steak with tomato sauce	Beef sukiyaki bukkake udon	Grated pork yakiniku bo
<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>
White sauce omelet rice	Salted pork rib rice bowl	Kanazawa curry	Keema curry with melted eggs	beef curry	Simmered pork cutlet, onion & beaten egg on the rice	European curry
ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
Δ				ΙΔ		
<u>A</u>	<u>^</u>	<u>^</u>	<u> </u>	<u>~</u>	<u>^</u>	<u>A</u>
Sauteed Chicken with Onion Sauce	Deep fried chicken with green onion nanban sauce	Chicken cutlet with sweet miso sauce	Deep-fried chicken thighs	Chicken saute garlic soy sauce flavor	Cabbage minced meat cutlet with BBQ sauce	Deep-fried white fish w yuzu pepper sauce
<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
Hashed beef on the rice	Mushroom and cheese curry	Chinese style mixed vegetable and meat/seafood gravy rice	Pork curry	Pork shabu-shabu rice bowl with plenty of vegetables	Japanese–style chicken curry	Chicken steak bowl
AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu

Cafeteria Fuji

Salad/Fruit/Dessert

Salad/Fruit/Dessert

Salad/Fruit/Dessert

Salad/Fruit/Dessert

Salad/Fruit/Dessert

Salad/Fruit/Dessert

Salad/Fruit/Dessert

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	Week	ly Menu				Cafet	eria Fuji
日	2025/9/15	2025/9/16	2025/9/17	2025/9/18	2025/9/19	2025/9/20	2025/9/21
曜日	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						·	
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	Macaroni Salad	potato salad	Spaghetti salad	Pumpkin Salad	Spaghetti salad	Macaroni Salad	potato salad
r	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs	omelette	scrambled eggs	Egg Soboro
e a k	Bonito and broccoli dressed with yuzu soy sauce	Sauteed spinach and carrots	Vinegared wakame seaweed and okra	Vegetarian Chili Con Carne	Komatsuna and Shimeji Mushrooms Dressed with Bonito Flakes	Bonito and broccoli dressed with yuzu soy sauce	Sauteed spinach and carrots
а	Meat dumplings (sweet and sour sauce)	Shumai	Pork sausages	Teriyaki Meatballs	Flavored ground chicken	Meat dumplings (sweet and sour sauce)	Shumai
s	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
	Hamburger steak with demi-glace sauce	Chicken saute with lemon butter sauce	Pork with ginger	Fried fillet wrapped in shiso & pumpkin croquette	Stir-fried chicken with black pepper&spring rolls	Teriyaki Chicken	Fried chicken
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
l u n	Chicken cutlet bowl with special sauce	Fried horse mackerel with grated daikon radish and ponzu sauce	Chicken Tempura Udon	Spicy stir–fried pork and eggplant	Hamburger steak with tomato sauce	Beef sukiyaki bukkake udon	Grated pork yakiniku bowl
С	<u>C</u>	<u>c</u>	<u>c</u>	<u>C</u>	<u>c</u>	<u>C</u>	<u>C</u>
h	White sauce omelet rice	Salted pork rib rice bowl	Kanazawa curry	Keema curry with melted eggs	beef curry	Simmered pork cutlet, onion & beaten egg on the rice	European curry
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
			Ι.	I.	Ι.	I.	
*	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
d :-	Sauteed Chicken with Onion Sauce	Deep fried chicken with green onion nanban sauce	Chicken cutlet with sweet miso sauce	Deep-fried chicken thighs	Chicken saute garlic soy sauce flavor	Cabbage minced meat cutlet with BBQ sauce	Deep-fried white fish with yuzu pepper sauce
n	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n e	Hashed beef on the rice	Mushroom and cheese curry	Chinese style mixed vegetable and meat/seafood gravy rice	Pork curry	Pork shabu-shabu rice bowl with plenty of vegetables	Japanese–style chicken curry	Chicken steak bowl
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu

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Rice/soup/drink bar

Salad/Fruit/Dessert

2025/9/22	2025/9/23	2025/9/24	2025/9/25	2025/9/26	2025/9/27	2025/9/28
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u> </u>						
Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
Spaghetti salad	Pumpkin Salad	Spaghetti salad	Macaroni Salad	potato salad	Spaghetti salad	Pumpkin Salad
Thickly grilled egg	scrambled eggs	omelette	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs
Vinegared wakame seaweed and okra	Vegetarian Chili Con Carne	Komatsuna and Shimeji Mushrooms Dressed with Bonito Flakes	Bonito and broccoli dressed with yuzu soy sauce	Sauteed spinach and carrots	Vinegared wakame seaweed and okra	Vegetarian Chili Con Car
Pork sausages	Teriyaki Meatballs	Flavored ground chicken	Meat dumplings (sweet and sour sauce)	Shumai	Pork sausages	Teriyaki Meatballs
Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
Hamburger steak with demi-glace sauce	Chicken saute with lemon butter sauce	Pork with ginger	Fried fillet wrapped in shiso & pumpkin croquette	Stir-fried chicken with black pepper&spring rolls	Teriyaki Chicken	Fried chicken
<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
Chicken cutlet bowl with special sauce	Fried horse mackerel with grated daikon radish and ponzu sauce	Chicken Tempura Udon	Spicy stir–fried pork and eggplant	Hamburger steak with tomato sauce	Beef sukiyaki bukkake udon	Grated pork yakiniku
<u>C</u>	<u>C</u>	<u>c</u>	<u>C</u>	<u>c</u>	<u>c</u>	<u>C</u>
White sauce omelet rice	Salted pork rib rice bowl	Kanazawa curry	Keema curry with melted eggs	beef curry	Simmered pork cutlet, onion & beaten egg on the rice	European curry
ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
				T	T	
<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
Sauteed Chicken with Onion Sauce	Deep fried chicken with green onion nanban sauce	Chicken cutlet with sweet miso sauce	Deep-fried chicken thighs	Chicken saute garlic soy sauce flavor	Cabbage minced meat cutlet with BBQ sauce	Deep-fried white fish yuzu pepper sauc
<u></u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u></u>
Hashed beef on the rice	Mushroom and cheese curry	Chinese style mixed vegetable and meat/seafood gravy rice	Pork curry	Pork shabu-shabu rice bowl with plenty of vegetables	Japanese–style chicken curry	Chicken steak bov
AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
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Salad/Fruit/Dessert

Salad/Fruit/Dessert

Salad/Fruit/Dessert

Salad/Fruit/Dessert

Salad/Fruit/Dessert

Salad/Fruit/Dessert

Salad/Fruit/Dessert

Weekly Menu Cafeteria Fuji 2025/9/29 2025/10/1 2025/10/4 2025/10/2 2025/10/5 2025/9/30 2025/10/3 Monday Tuesday Wednesday **Thursday** Friday Saturday Sunday 曜日 Buffet style **Buffet style** Spaghetti salad Macaroni Salad b omelette scrambled eggs е Komatsuna and Shimeji Bonito and broccoli dressed **Mushrooms Dressed with** with yuzu soy sauce **Bonito Flakes** Flavored ground chicken Meat dumplings (sweet and sour sauce) a S Soup/drink bar Soup/drink bar † Rice/bread/natto Rice/bread/natto Salad/Fruit/Dessert Salad/Fruit/Dessert coming soon Hamburger steak with Chicken saute with lemon demi-glace sauce butter sauce Fried horse mackerel with Chicken cutlet bowl with grated daikon radish and u special sauce ponzu sauce n C White sauce omelet rice Salted pork rib rice bowl ABC common menu ABC common menu Rice/soup/drink bar Rice/soup/drink bar Salad/Fruit/Dessert Salad/Fruit/Dessert Sauteed Chicken with Deep fried chicken with d **Onion Sauce** green onion nanban sauce n Mushroom and cheese n Hashed beef on the rice curry е AB common menu AB common menu Rice/soup/drink bar Rice/soup/drink bar Salad/Fruit/Dessert Salad/Fruit/Dessert

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