## September 2025 [Breakfast] Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

\*Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

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date	1 • 6 • 11 • 16 • 21 • 26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	potato salad								
M a	Egg Soboro								
i n	Sauteed spinach and carrots								
	Shumai								

#### No.2

date	7 • 12 • 17 • 22 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Spaghetti salad								
M a	Thickly grilled egg								
l i	Vinegared wakame seaweed and okra								
• •	Pork sausages								

## No.3

natto

date	8 • 13 • 18 • 23 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Pumpkin Salad								
M a	scrambled eggs								
i n	Vegetarian Chili Con Carne								
	Teriyaki Meatballs								

# wheat egg milk buckwheat peanut shrimp crab walnut rice miso soup various breads Please check in store for daily changes.

## No.4

date	4 • 9 • 14 • 19 • 24 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Spaghetti salad								
M a	omelette								
i n	Komatsuna and Shimeji Mushrooms Dressed with Bonito Flakes								
, ,	Flavored ground chicken								

## No.5

date	5 • 10 • 15 • 20 • 25 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Macaroni Salad	•							
M a	scrambled eggs	•							
i n	Bonito and broccoli dressed with yuzu soy sauce	•							
	Meat dumplings (sweet and sour sauce)								

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

<sup>\*</sup>Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

# September 2025 [Lunch] Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

## \*For lunch, you can choose one item from the three items on the menu. Depending on availability on the day, some menu items may be sold out.

No.1	(Monday)									<u> </u>	lo.5	(Friday)							
date	8 • 15 • 22 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut	d	late	5 • 12 • 19 • 26	wheat	egg	milk	buckwheat peanut	shrimp	crab	walnut
M	Hamburger steak with demi-glace sauce	•		•							M	Stir-fried chicken with black pepper & spring rolls	•						
a	Chicken cutlet bowl with special sauce	•	•	•							a i	Hamburger steak with tomato sauce	•						
n	White sauce omelet rice	•	•	•							'n	beef curry	•						
No.2	2 (Tuesday)		•							<u></u>	10.6	(Saturday)	•						
date	9 • 16 • 23 • 30	wheat	egg	milk	ouckwheat	peanut	shrimp	crab	walnut	d	late	6 • 13 • 20 • 27	wheat	egg	milk	buckwheat peanut	shrimp	crab	walnut
М	Chicken saute with lemon butter sauce	•		•							M	Teriyaki Chicken	•						1
a	Fried horse mackerel with grated daikon radish and ponzu sauce	•									a i	Beef sukiyaki bukkake udon	•						·
'n	Salted pork rib rice bowl										'n	Simmered pork cutlet, onion & beaten egg on the rice	•	•					
No.3	3 (Wednesday)		•							<u></u>	10.7	(Sunday)	•			·			
date	3 • 10 • 17 • 24	wheat	egg	milk	ouckwheat	peanut	shrimp	crab	walnut	d	late	7 • 14 • 21 • 28	wheat	egg	milk	buckwheat peanut	shrimp	crab	walnut
М	Pork with ginger	•									М	Fried chicken	•	•					
a	Chicken Tempura Udon	•									a i	Grated pork yakiniku bowl	•						
n	Kanazawa curry	•									n	European curry	•						
No.4	(Thursday)																		
date	4 • 11 • 18 • 25	wheat	egg	milk	ouckwheat	peanut	shrimp	crab	walnut										
M	Fried fillet wrapped in shiso & pumpkin croquette																		
a	Spicy stir-fried pork and eggplant																		
n	Keema curry with melted eggs	•																	

o t		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
h e	rice								
r s	miso soup								

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

# September 2025 [Dinner] Main Menu Allergen Table

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- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).

rice

miso soup

• We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

\*For dinner you can choose one of the two items on the menu. Depending on availability on the day some menu items may be sold out

o.1 (Monday)								No.5	(Friday)	_			_				
ate 8 • 15 • 22 • 29	wheat	egg	milk	buckwheat	peanut shrimp	crab	walnut	date	5 • 12 • 19 • 26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnu
Sauteed Chicken with Onion Sauce			•					M a	Chicken saute garlic soy sauce flavor	•							
Hashed beef on the rice	•							i n	Pork shabu-shabu rice bowl with plenty of vegetables	•							
o.2 (Tuesday)		•		•				No.6	(Saturday)								
ate 9 • 16 • 23 • 30	wheat	egg	milk	buckwheat	peanut shrimp	crab	walnut	date	6 • 13 • 20 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnu <sup>-</sup>
M a Deep fried chicken with green onion nanban sauce	•							M a	Cabbage minced meat cutlet with BBQ sauce	•							
Mushroom and cheese curry	•		•					i	Japanese-style chicken curry	•							
o.3 (Wednesday)				•				No.7	(Sunday)								
ate 3 • 10 • 17 • 24	wheat	egg	milk	buckwheat	peanut shrimp	crab	walnut	date	7 • 14 • 21 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnu <sup>r</sup>
Chicken cutlet with sweet miso sauce	•	•	•					M a	Deep-fried white fish with yuzu pepper sauce	•							
Chinese bowl	•	•						i	Chicken steak bowl	•							
o.4 (Thursday)																	
ate 4 • 11 • 18 • 25	wheat	egg	milk	buckwheat	peanut shrimp	crab	walnut										
M a Deep-fried chicken thighs	•																
Pork curry	•																
· · · · · · · · · · · · · · · · · · ·	1			1	1												

Salads, fruit bars/drink bars, and desserts are also available.

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