July 2025 [Breakfast] Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

1	N		_
	I V	. ,	

date	1 • 6 • 11 • 16 • 21 • 26 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	potato salad								
M a	Egg Soboro								
l i n	Kinpira of Hijiki and Dried Daikon Radish	•							
, ,	Shumai								

No.2

date	2 • 7 • 12 • 17 • 22 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Pumpkin Salad								
M a	omelette	•							
i n	Cabbage and wakame seaweed with bonito flakes	•							
	Meat dumplings (sweet and sour sauce)								

No.3

natto

date	3 • 13 • 18 • 23 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Macaroni Salad								
M a	scrambled eggs								
i n	Broccoli and bean sprouts namul								
	Flavored ground chicken								

rice miso soup various breads Please check in store for daily changes.

wheat

egg | milk |

buckwheat peanut shrimp crab walnut

No.4

date	4 • 9 • 14 • 19 • 24 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Spaghetti salad								
M a	Thickly grilled egg								
i n	Stir-fried potatoes with spices								
	Pork sausages								

No.5

date	5 • 10 • 15 • 20 • 25 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	Macaroni Salad								
M a	omelette								
i n	Tuna and spinach with ginger and soy sauce								
	Teriyaki Meatballs								

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

^{*}Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

July 2025 [Lunch] Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*For lunch, you can choose one item from the three items on the menu. Depending on availability on the day, some menu items may be sold out.

(Tuesday) No.5 (Saturday) No.1 date 1 • 8 • 15 • 22 • 29 date 5 • 12 • 19 • 26 milk buckwheat milk buckwheat | peanut | shrimp | crab | walnut wheat egg wheat egg | peanut | shrimp | crab | walnut Ground meat cutlet with mustard sauce Grilled Chicken with Bacon and Onion Demiglace Sauce а Chicken Stamina Rice Bowl Sauce cutlet bowl n n Pork curry with rice Summer vegetable curry rice No.2 (Wednesday) No.6 (Sunday) date 6 · 13 · 20 · 27 date 2 • 9 • 16 • 23 • 30 milk | buckwheat | peanut | shrimp | crab | walnut milk | buckwheat | peanut | shrimp | crab | walnut egg wheat egg wheat Fried chicken Japanese-style hamburger steak with onion and green onion salt sauce M а Chicken cutlet with ketchup mayonnaise sauce Pork shabu-shabu and eggplant dressed with grated daikon radish Hayashi rice with plenty of mushrooms Keema curry No.3No.7 (Monday) (Thursday) date 3 • 10 • 17 • 24 • 31 date 14 • 21 • 28 egg | milk | buckwheat | peanut | shrimp | crab | walnut milk buckwheat | peanut | shrimp | crab | walnut wheat egg wheat Teriyaki Hamburger Steak Stir-fried pork and onions with lemon garlic flavor salt M а Chicken and summer vegetables with chili sauce Deep-fried chicken rice bowl n n Vegetable Kakiage Rice Bowl European curry No.4 (Friday) date 4 • 11 • 18 • 25 buckwheat | peanut | shrimp | crab | walnut milk wheat egg Saut é ed chicken with grated radish steak sauce a Fried white fish with lemon sauce Minced pork miso and eggplant udon

o t		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnu
h e	rice								
r s	miso soup								

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

July 2025 [Dinner] (3) Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).

rice

miso soup

• We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.

22 • 29 er steak with ginger sauce nced Rice Bowl with Hot Spring Egg day) 23 • 30 Ite with vegetables and tomato sauce ik rib rice bowl ay) 7 • 24 • 31	wheat	egg	•			t shrimp			M a i n No.6	5 · 12 · 19 · 26 Grilled salted mackerel and teriyaki chicken Omelette rice with beef demiglace sauce (Sunday) 6 · 13 · 20 · 27	wheat	•	•		peanut shrimp	
chanced Rice Bowl with Hot Spring Egg day) 23 • 30 Ite with vegetables and tomato sauce 25 k rib rice bowl 39	wheat	egg	milk	buckwhea	t peanu	t shrimp	crab	walnut	a i n No.6 date	Omelette rice with beef demiglace sauce (Sunday)	•	egg	milk	buckwheat	recourt obrimo	
day) 23 • 30 Ite with vegetables and tomato sauce k rib rice bowl ay)	wheat	egg	milk	buckwhea	t peanu	t shrimp	crab	walnut	date	(Sunday)	wheat	egg	milk	buckwheat	nean it obrima	
23 • 30 Ite with vegetables and tomato sauce k rib rice bowl (y)	•	egg	milk	buckwhea	t peanu	t shrimp	crab	walnut	date	<u>-</u>	wheat	egg	milk	buckwheat	necourt obrimo	
ite with vegetables and tomato sauce k rib rice bowl	•	egg	milk	buckwhea	t peanu	t shrimp	crab	walnut		6 • 13 • 20 • 27	wheat	egg	milk	buckwheat	page ut obrime	
k rib rice bowl			•						Ν.Λ						peanut Sininp	crab walnu
ly)						1	1		M a	Chicken Tempura with Shiso Flavor						
									i n	Beef & vegetables curry sauce with rice	•					
· 24 · 31	Ι.,								No.7	(Monday)						
	wheat	egg	milk	buckwhea	t peanu	shrimp	crab	walnut	date	14 • 21 • 28	wheat	egg	milk	buckwheat	peanut shrimp	crab wainu
utlet with BBQ sauce		•							M	Fried sardines with green laver & Cabbage minced meat cutlet	•					
a curry rice									i n	Japanese-style chicken curry	•					
· 25	wheat	egg	milk	buckwhea	t peanu	tshrimp	crab	walnut								
ken and vegetables with black vinegar sauce	•															
tyle pork cutlet bowl		•	•													
3	• 25 en and vegetables with black vinegar sauce	• 25 en and vegetables with black vinegar sauce	• 25 en and vegetables with black vinegar sauce	• 25 wheat egg milk en and vegetables with black vinegar sauce	• 25 en and vegetables with black vinegar sauce	• 25 en and vegetables with black vinegar sauce	• 25 wheat egg milk buckwheat peanut shrimp en and vegetables with black vinegar sauce	• 25 wheat egg milk buckwheat peanut shrimp craben and vegetables with black vinegar sauce	• 25 wheat egg milk buckwheat peanut shrimp crab walnut en and vegetables with black vinegar sauce	• 25 wheat egg milk buckwheat peanut shrimp crab walnut en and vegetables with black vinegar sauce	• 25 wheat egg milk buckwheat peanut shrimp crab walnut en and vegetables with black vinegar sauce	• 25 wheat egg milk buckwheat peanut shrimp crab walnut en and vegetables with black vinegar sauce	• 25 wheat egg milk buckwheat peanut shrimp crab walnut en and vegetables with black vinegar sauce	• 25 wheat egg milk buckwheat peanut shrimp crab walnut en and vegetables with black vinegar sauce	• 25 wheat egg milk buckwheat peanut shrimp crab walnut en and vegetables with black vinegar sauce	• 25 wheat egg milk buckwheat peanut shrimp crab walnut en and vegetables with black vinegar sauce

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.