

# Weekly Menu



# Cafeteria Fuji

|                                           | 2025/3/1<br>Saturday                                                                                                                                                                                      | 2025/3/2<br>Sunday                                                                                                                                                                                | 2025/3/3<br>Monday                                                                                                                                                                 | 2025/3/4<br>Tuesday | 2025/3/5<br>Wednesday                                               | 2025/3/6<br>Thursday                                                                                                                                                                                      | 2025/3/7<br>Friday                                                                                                                                                                                |                                                                      |                                                                      |                                                                      |
|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|---------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|----------------------------------------------------------------------|----------------------------------------------------------------------|
| b<br>r<br>e<br>a<br>k<br>f<br>a<br>s<br>t | <u>Buffet style</u><br>Pumpkin Salad<br>omelette<br>Shiitake mushrooms and hijiki with olive flavor<br>Meat dumplings (sweet and sour sauce)<br>Soup/drink bar<br>Rice/bread/natto<br>Salad/Fruit/Dessert | <u>Buffet style</u><br>Potato salad<br>scrambled eggs<br>a side dish of boiled Chinese cabbage and shimeji mushroom<br>Pork sausages<br>Soup/drink bar<br>Rice/bread/natto<br>Salad/Fruit/Dessert | <u>Buffet style</u><br>Spaghetti salad<br>Thickly grilled egg<br>Sautéed spinach and bacon<br>Flavored ground chicken<br>Soup/drink bar<br>Rice/bread/natto<br>Salad/Fruit/Dessert | <u>closing day</u>  | <u>closing day</u>                                                  | <u>Buffet style</u><br>Pumpkin Salad<br>omelette<br>Shiitake mushrooms and hijiki with olive flavor<br>Meat dumplings (sweet and sour sauce)<br>Soup/drink bar<br>Rice/bread/natto<br>Salad/Fruit/Dessert | <u>Buffet style</u><br>Potato salad<br>scrambled eggs<br>a side dish of boiled Chinese cabbage and shimeji mushroom<br>Pork sausages<br>Soup/drink bar<br>Rice/bread/natto<br>Salad/Fruit/Dessert |                                                                      |                                                                      |                                                                      |
|                                           | l<br>u<br>n<br>c<br>h                                                                                                                                                                                     | <u>A</u><br>Grilled Chicken with Basil Tomato Sauce                                                                                                                                               | <u>A</u><br>Hamburg steak with onion sauce                                                                                                                                         |                     |                                                                     | <u>closing day</u>                                                                                                                                                                                        | <u>closing day</u>                                                                                                                                                                                | <u>A</u><br>Ground meat cutlet with mushroom hayashi sauce           | <u>A</u><br>Grilled chicken & Miso cream sauce with seasonal veggies | <u>A</u><br>Chicken cheese cutlet with teriyaki sauce                |
|                                           |                                                                                                                                                                                                           | <u>B</u><br>Pork cutlet with sweet and spicy sauce rice bowl                                                                                                                                      | <u>B</u><br>Fried fish fillet with lemon daikon sauce                                                                                                                              |                     |                                                                     |                                                                                                                                                                                                           |                                                                                                                                                                                                   | <u>B</u><br>Tianjin rice(Chicken with egg and ankake bowl)           | <u>B</u><br>Spicy and sweet stir-fried beef with steamed vegetables  | <u>B</u><br>Salted pork rib rice bowl                                |
|                                           |                                                                                                                                                                                                           | <u>C</u><br>Hashed beef on the rice                                                                                                                                                               | <u>C</u><br>Japanese-style chicken curry                                                                                                                                           |                     |                                                                     |                                                                                                                                                                                                           |                                                                                                                                                                                                   | <u>C</u><br>Pork curry and rice                                      | <u>C</u><br>Pork cutlet on the rice with demiglace sauce             | <u>C</u><br>Pork & vegetables curry sauce with rice                  |
|                                           |                                                                                                                                                                                                           | <u>ABC common menu</u><br>Rice/soup/drink bar<br>Salad/Fruit/Dessert                                                                                                                              | <u>ABC common menu</u><br>Rice/soup/drink bar<br>Salad/Fruit/Dessert                                                                                                               |                     |                                                                     |                                                                                                                                                                                                           |                                                                                                                                                                                                   | <u>ABC common menu</u><br>Rice/soup/drink bar<br>Salad/Fruit/Dessert | <u>ABC common menu</u><br>Rice/soup/drink bar<br>Salad/Fruit/Dessert | <u>ABC common menu</u><br>Rice/soup/drink bar<br>Salad/Fruit/Dessert |
| d<br>i<br>n<br>n<br>e<br>r                | <u>A</u><br>Fried minced meat cutlet and fried pepper stuffed with meat                                                                                                                                   | <u>A</u><br>Fried chicken                                                                                                                                                                         | <u>closing day</u>                                                                                                                                                                 | <u>closing day</u>  | <u>A</u><br>Fried white fish with tartar sauce                      | <u>A</u><br>Hamburger steak with ginger sauce                                                                                                                                                             | <u>A</u><br>Chicken cutlet with ketchup mayonnaise sauce                                                                                                                                          |                                                                      |                                                                      |                                                                      |
|                                           | <u>B</u><br>Gapao rice                                                                                                                                                                                    | <u>B</u><br>Ginger-grilled pork rice bowl                                                                                                                                                         |                                                                                                                                                                                    |                     | <u>B</u><br>chicken steak rice bowl                                 | <u>B</u><br>Omelet rice chicken tomato cream sauce                                                                                                                                                        | <u>B</u><br>Mushroom and cheese curry                                                                                                                                                             |                                                                      |                                                                      |                                                                      |
|                                           | <u>AB common menu</u><br>Rice/soup/drink bar<br>Salad/Fruit/Dessert                                                                                                                                       | <u>AB common menu</u><br>Rice/soup/drink bar<br>Salad/Fruit/Dessert                                                                                                                               |                                                                                                                                                                                    |                     | <u>AB common menu</u><br>Rice/soup/drink bar<br>Salad/Fruit/Dessert | <u>AB common menu</u><br>Rice/soup/drink bar<br>Salad/Fruit/Dessert                                                                                                                                       | <u>AB common menu</u><br>Rice/soup/drink bar<br>Salad/Fruit/Dessert                                                                                                                               |                                                                      |                                                                      |                                                                      |

- Breakfast will be served in buffet style.
- You can choose from 3 menu items for lunch and 1 item from 2 menu items for dinner. The menu may change due to availability of ingredients.
- Our store is not a free space. Those who cannot purchase a meal ticket or those who bring their own food will not be permitted to use the facility.
- Reservations are required for breakfast and dinner. Please make your reservation by 3:00 pm 7 days in advance, excluding holidays. Please see the Olympic Center homepage for details.
- Tickets for lunch will be sold on the day, but if there are many customers, we may stop selling tickets on the day at the ticket vending machine.

# Weekly Menu



# Cafeteria Fuji



|                                           | 2025/3/8<br>Saturday                                                    | 2025/3/9<br>Sunday                                           | 2025/3/10<br>Monday                                                  | 2025/3/11<br>Tuesday                                   | 2025/3/12<br>Wednesday                                     | 2025/3/13<br>Thursday                                                | 2025/3/14<br>Friday                                          |
|-------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------|----------------------------------------------------------------------|--------------------------------------------------------|------------------------------------------------------------|----------------------------------------------------------------------|--------------------------------------------------------------|
| b<br>r<br>e<br>a<br>k<br>f<br>a<br>s<br>t | Buffet style                                                            | Buffet style                                                 | Buffet style                                                         | Buffet style                                           | Buffet style                                               | Buffet style                                                         | Buffet style                                                 |
|                                           | Spaghetti salad                                                         | Macaroni Salad                                               | Potato salad                                                         | Pumpkin Salad                                          | Potato salad                                               | Spaghetti salad                                                      | Macaroni Salad                                               |
|                                           | Thickly grilled egg                                                     | scrambled eggs                                               | Egg Soboro                                                           | omelette                                               | scrambled eggs                                             | Thickly grilled egg                                                  | scrambled eggs                                               |
|                                           | Sauteed spinach and bacon                                               | Tuna, broccoli and wakame seaweed tossed in Japanese mustard | Bok choy and bean sprout namul                                       | Shiitake mushrooms and hijiki with olive flavor        | a side dish of boiled Chinese cabbage and shimeji mushroom | Sauteed spinach and bacon                                            | Tuna, broccoli and wakame seaweed tossed in Japanese mustard |
|                                           | Flavored ground chicken                                                 | Shumai                                                       | Teriyaki Meatballs                                                   | Meat dumplings (sweet and sour sauce)                  | Pork sausages                                              | Flavored ground chicken                                              | Shumai                                                       |
|                                           | Soup/drink bar                                                          | Soup/drink bar                                               | Soup/drink bar                                                       | Soup/drink bar                                         | Soup/drink bar                                             | Soup/drink bar                                                       | Soup/drink bar                                               |
| Rice/bread/natto                          | Rice/bread/natto                                                        | Rice/bread/natto                                             | Rice/bread/natto                                                     | Rice/bread/natto                                       | Rice/bread/natto                                           | Rice/bread/natto                                                     |                                                              |
| Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                                     | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                                                  | Salad/Fruit/Dessert                                    | Salad/Fruit/Dessert                                        | Salad/Fruit/Dessert                                                  |                                                              |
| l<br>u<br>n<br>c<br>h                     | <u>A</u><br>Grilled Chicken with Basil Tomato Sauce                     | <u>A</u><br>Hamburg steak with onion sauce                   | <u>A</u><br>Ham cutlet and fried sardines with plum and shiso leaves | <u>A</u><br>Hamburg steak with demi-glace tomato sauce | <u>A</u><br>Ground meat cutlet with mushroom hayashi sauce | <u>A</u><br>Grilled chicken & Miso cream sauce with seasonal veggies | <u>A</u><br>Chicken cheese cutlet with teriyaki sauce        |
|                                           | <u>B</u><br>Pork cutlet with sweet and spicy sauce rice bowl            | <u>B</u><br>Fried fish fillet with lemon daikon sauce        | <u>B</u><br>Chicken teriyaki on the rice                             | <u>B</u><br>Fried chicken with curry flavor            | <u>B</u><br>Tianjin rice(Chicken with egg and ankake bowl) | <u>B</u><br>Spicy and sweet stir-fried beef with steamed vegetables  | <u>B</u><br>Salted pork rib rice bowl                        |
|                                           | <u>C</u><br>Hashed beef on the rice                                     | <u>C</u><br>Japanese-style chicken curry                     | <u>C</u><br>Kanazawa curry rice                                      | <u>C</u><br>Omelet rice with stew sauce                | <u>C</u><br>Pork curry and rice                            | <u>C</u><br>Pork cutlet on the rice with demiglace sauce             | <u>C</u><br>Pork & vegetables curry sauce with rice          |
|                                           | ABC common menu                                                         | ABC common menu                                              | ABC common menu                                                      | ABC common menu                                        | ABC common menu                                            | ABC common menu                                                      | ABC common menu                                              |
|                                           | Rice/soup/drink bar                                                     | Rice/soup/drink bar                                          | Rice/soup/drink bar                                                  | Rice/soup/drink bar                                    | Rice/soup/drink bar                                        | Rice/soup/drink bar                                                  | Rice/soup/drink bar                                          |
|                                           | Salad/Fruit/Dessert                                                     | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                                                  | Salad/Fruit/Dessert                                    | Salad/Fruit/Dessert                                        | Salad/Fruit/Dessert                                                  | Salad/Fruit/Dessert                                          |
| d<br>i<br>n<br>n<br>e<br>r                | <u>A</u><br>Fried minced meat cutlet and fried pepper stuffed with meat | <u>A</u><br>Fried chicken                                    | <u>A</u><br>Stir-fried beef and vegetables with oyster sauce         | <u>A</u><br>Sauteed Chicken with Japanese Garlic Sauce | <u>A</u><br>Fried white fish with tartar sauce             | <u>A</u><br>Hamburger steak with ginger sauce                        | <u>A</u><br>Chicken cutlet with ketchup mayonnaise sauce     |
|                                           | <u>B</u><br>Gapao rice                                                  | <u>B</u><br>Ginger-grilled pork rice bowl                    | <u>B</u><br>Chicken tempura rice bowl                                | <u>B</u><br>European curry                             | <u>B</u><br>chicken steak rice bowl                        | <u>B</u><br>Omelet rice chicken tomato cream sauce                   | <u>B</u><br>Mushroom and cheese curry                        |
|                                           | AB common menu                                                          | AB common menu                                               | AB common menu                                                       | AB common menu                                         | AB common menu                                             | AB common menu                                                       | AB common menu                                               |
|                                           | Rice/soup/drink bar                                                     | Rice/soup/drink bar                                          | Rice/soup/drink bar                                                  | Rice/soup/drink bar                                    | Rice/soup/drink bar                                        | Rice/soup/drink bar                                                  | Rice/soup/drink bar                                          |
|                                           | Salad/Fruit/Dessert                                                     | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                                                  | Salad/Fruit/Dessert                                    | Salad/Fruit/Dessert                                        | Salad/Fruit/Dessert                                                  | Salad/Fruit/Dessert                                          |

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| 日曜日                                       | 2025/3/15<br>Saturday                                       | 2025/3/16<br>Sunday                             | 2025/3/17<br>Monday                                        | 2025/3/18<br>Tuesday                       | 2025/3/19<br>Wednesday                                       | 2025/3/20<br>Thursday                                    | 2025/3/21<br>Friday                             |
|-------------------------------------------|-------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------------|--------------------------------------------|--------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------|
| b<br>r<br>e<br>a<br>k<br>f<br>a<br>s<br>t | <u>Buffet style</u>                                         | <u>Buffet style</u>                             | <u>Buffet style</u>                                        | <u>Buffet style</u>                        | <u>Buffet style</u>                                          | <u>Buffet style</u>                                      | <u>Buffet style</u>                             |
|                                           | Potato salad                                                | Pumpkin Salad                                   | Potato salad                                               | Spaghetti salad                            | Macaroni Salad                                               | Potato salad                                             | Pumpkin Salad                                   |
|                                           | Egg Soboro                                                  | omelette                                        | scrambled eggs                                             | Thickly grilled egg                        | scrambled eggs                                               | Egg Soboro                                               | omelette                                        |
|                                           | Bok choy and bean sprout namul                              | Shiitake mushrooms and hijiki with olive flavor | a side dish of boiled Chinese cabbage and shimeji mushroom | Sauteed spinach and bacon                  | Tuna, broccoli and wakame seaweed tossed in Japanese mustard | Bok choy and bean sprout namul                           | Shiitake mushrooms and hijiki with olive flavor |
|                                           | Teriyaki Meatballs                                          | Meat dumplings (sweet and sour sauce)           | Pork sausages                                              | Flavored ground chicken                    | Shumai                                                       | Teriyaki Meatballs                                       | Meat dumplings (sweet and sour sauce)           |
|                                           | Soup/drink bar                                              | Soup/drink bar                                  | Soup/drink bar                                             | Soup/drink bar                             | Soup/drink bar                                               | Soup/drink bar                                           | Soup/drink bar                                  |
| Rice/bread/natto                          | Rice/bread/natto                                            | Rice/bread/natto                                | Rice/bread/natto                                           | Rice/bread/natto                           | Rice/bread/natto                                             | Rice/bread/natto                                         |                                                 |
| Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                         | Salad/Fruit/Dessert                             | Salad/Fruit/Dessert                                        | Salad/Fruit/Dessert                        | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                                      |                                                 |
| l<br>u<br>n<br>c<br>h                     | <u>A</u>                                                    | <u>A</u>                                        | <u>A</u>                                                   | <u>A</u>                                   | <u>A</u>                                                     | <u>A</u>                                                 | <u>A</u>                                        |
|                                           | Grilled Chicken with Basil Tomato Sauce                     | Hamburg steak with onion sauce                  | Ham cutlet and fried sardines with plum and shiso leaves   | Hamburg steak with demi-glace tomato sauce | Ground meat cutlet with mushroom hayashi sauce               | Grilled chicken & Miso cream sauce with seasonal veggies | Chicken cheese cutlet with teriyaki sauce       |
|                                           | <u>B</u>                                                    | <u>B</u>                                        | <u>B</u>                                                   | <u>B</u>                                   | <u>B</u>                                                     | <u>B</u>                                                 | <u>B</u>                                        |
|                                           | Pork cutlet with sweet and spicy sauce rice bowl            | Fried fish fillet with lemon daikon sauce       | Chicken teriyaki on the rice                               | Fried chicken with curry flavor            | Tianjin rice(Chicken with egg and ankake bowl)               | Spicy and sweet stir-fried beef with steamed vegetables  | Salted pork rib rice bowl                       |
|                                           | <u>C</u>                                                    | <u>C</u>                                        | <u>C</u>                                                   | <u>C</u>                                   | <u>C</u>                                                     | <u>C</u>                                                 | <u>C</u>                                        |
|                                           | Hashed beef on the rice                                     | Japanese-style chicken curry                    | Kanazawa curry rice                                        | Omelet rice with stew sauce                | Pork curry and rice                                          | Pork cutlet on the rice with demiglace sauce             | Pork & vegetables curry sauce with rice         |
| <u>ABC common menu</u>                    | <u>ABC common menu</u>                                      | <u>ABC common menu</u>                          | <u>ABC common menu</u>                                     | <u>ABC common menu</u>                     | <u>ABC common menu</u>                                       | <u>ABC common menu</u>                                   |                                                 |
| Rice/soup/drink bar                       | Rice/soup/drink bar                                         | Rice/soup/drink bar                             | Rice/soup/drink bar                                        | Rice/soup/drink bar                        | Rice/soup/drink bar                                          | Rice/soup/drink bar                                      |                                                 |
| Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                         | Salad/Fruit/Dessert                             | Salad/Fruit/Dessert                                        | Salad/Fruit/Dessert                        | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                                      |                                                 |
| d<br>i<br>n<br>n<br>e<br>r                | <u>A</u>                                                    | <u>A</u>                                        | <u>A</u>                                                   | <u>A</u>                                   | <u>A</u>                                                     | <u>A</u>                                                 | <u>A</u>                                        |
|                                           | Fried minced meat cutlet and fried pepper stuffed with meat | Fried chicken                                   | Stir-fried beef and vegetables with oyster sauce           | Sauteed Chicken with Japanese Garlic Sauce | Fried white fish with tartar sauce                           | Hamburger steak with ginger sauce                        | Chicken cutlet with ketchup mayonnaise sauce    |
|                                           | <u>B</u>                                                    | <u>B</u>                                        | <u>B</u>                                                   | <u>B</u>                                   | <u>B</u>                                                     | <u>B</u>                                                 | <u>B</u>                                        |
|                                           | Gapao rice                                                  | Ginger-grilled pork rice bowl                   | Chicken tempura rice bowl                                  | European curry                             | chicken steak rice bowl                                      | Omelet rice chicken tomato cream sauce                   | Mushroom and cheese curry                       |
|                                           | <u>AB common menu</u>                                       | <u>AB common menu</u>                           | <u>AB common menu</u>                                      | <u>AB common menu</u>                      | <u>AB common menu</u>                                        | <u>AB common menu</u>                                    | <u>AB common menu</u>                           |
|                                           | Rice/soup/drink bar                                         | Rice/soup/drink bar                             | Rice/soup/drink bar                                        | Rice/soup/drink bar                        | Rice/soup/drink bar                                          | Rice/soup/drink bar                                      | Rice/soup/drink bar                             |
| Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                         | Salad/Fruit/Dessert                             | Salad/Fruit/Dessert                                        | Salad/Fruit/Dessert                        | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                                      |                                                 |

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# Weekly Menu



# Cafeteria Fuji

| 日曜日                                       | 2025/3/22<br>Saturday                                       | 2025/3/23<br>Sunday                       | 2025/3/24<br>Monday                                          | 2025/3/25<br>Tuesday                       | 2025/3/26<br>Wednesday                          | 2025/3/27<br>Thursday                                      | 2025/3/28<br>Friday                          |
|-------------------------------------------|-------------------------------------------------------------|-------------------------------------------|--------------------------------------------------------------|--------------------------------------------|-------------------------------------------------|------------------------------------------------------------|----------------------------------------------|
| b<br>r<br>e<br>a<br>k<br>f<br>a<br>s<br>t | <u>Buffet style</u>                                         | <u>Buffet style</u>                       | <u>Buffet style</u>                                          | <u>Buffet style</u>                        | <u>Buffet style</u>                             | <u>Buffet style</u>                                        | <u>Buffet style</u>                          |
|                                           | Potato salad                                                | Spaghetti salad                           | Macaroni Salad                                               | Potato salad                               | Pumpkin Salad                                   | Potato salad                                               | Spaghetti salad                              |
|                                           | scrambled eggs                                              | Thickly grilled egg                       | scrambled eggs                                               | Egg Soboro                                 | omelette                                        | scrambled eggs                                             | Thickly grilled egg                          |
|                                           | a side dish of boiled Chinese cabbage and shimeji mushroom  | Sauteed spinach and bacon                 | Tuna, broccoli and wakame seaweed tossed in Japanese mustard | Bok choy and bean sprout namul             | Shiitake mushrooms and hijiki with olive flavor | a side dish of boiled Chinese cabbage and shimeji mushroom | Sauteed spinach and bacon                    |
|                                           | Pork sausages                                               | Flavored ground chicken                   | Shumai                                                       | Teriyaki Meatballs                         | Meat dumplings (sweet and sour sauce)           | Pork sausages                                              | Flavored ground chicken                      |
|                                           | Soup/drink bar                                              | Soup/drink bar                            | Soup/drink bar                                               | Soup/drink bar                             | Soup/drink bar                                  | Soup/drink bar                                             | Soup/drink bar                               |
| Rice/bread/natto                          | Rice/bread/natto                                            | Rice/bread/natto                          | Rice/bread/natto                                             | Rice/bread/natto                           | Rice/bread/natto                                | Rice/bread/natto                                           |                                              |
| Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                         | Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                        | Salad/Fruit/Dessert                             | Salad/Fruit/Dessert                                        |                                              |
| l<br>u<br>n<br>c<br>h                     | <u>A</u>                                                    | <u>A</u>                                  | <u>A</u>                                                     | <u>A</u>                                   | <u>A</u>                                        | <u>A</u>                                                   | <u>A</u>                                     |
|                                           | Grilled Chicken with Basil Tomato Sauce                     | Hamburg steak with onion sauce            | Ham cutlet and fried sardines with plum and shiso leaves     | Hamburg steak with demi-glace tomato sauce | Ground meat cutlet with mushroom hayashi sauce  | Grilled chicken & Miso cream sauce with seasonal veggies   | Chicken cheese cutlet with teriyaki sauce    |
|                                           | <u>B</u>                                                    | <u>B</u>                                  | <u>B</u>                                                     | <u>B</u>                                   | <u>B</u>                                        | <u>B</u>                                                   | <u>B</u>                                     |
|                                           | Pork cutlet with sweet and spicy sauce rice bowl            | Fried fish fillet with lemon daikon sauce | Chicken teriyaki on the rice                                 | Fried chicken with curry flavor            | Tianjin rice(Chicken with egg and ankake bowl)  | Spicy and sweet stir-fried beef with steamed vegetables    | Salted pork rib rice bowl                    |
|                                           | <u>C</u>                                                    | <u>C</u>                                  | <u>C</u>                                                     | <u>C</u>                                   | <u>C</u>                                        | <u>C</u>                                                   | <u>C</u>                                     |
|                                           | Hashed beef on the rice                                     | Japanese-style chicken curry              | Kanazawa curry rice                                          | Omelet rice with stew sauce                | Pork curry and rice                             | Pork cutlet on the rice with demiglace sauce               | Pork & vegetables curry sauce with rice      |
| <u>ABC common menu</u>                    | <u>ABC common menu</u>                                      | <u>ABC common menu</u>                    | <u>ABC common menu</u>                                       | <u>ABC common menu</u>                     | <u>ABC common menu</u>                          | <u>ABC common menu</u>                                     |                                              |
| Rice/soup/drink bar                       | Rice/soup/drink bar                                         | Rice/soup/drink bar                       | Rice/soup/drink bar                                          | Rice/soup/drink bar                        | Rice/soup/drink bar                             | Rice/soup/drink bar                                        |                                              |
| Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                         | Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                        | Salad/Fruit/Dessert                             | Salad/Fruit/Dessert                                        |                                              |
| d<br>i<br>n<br>n<br>e<br>r                | <u>A</u>                                                    | <u>A</u>                                  | <u>A</u>                                                     | <u>A</u>                                   | <u>A</u>                                        | <u>A</u>                                                   | <u>A</u>                                     |
|                                           | Fried minced meat cutlet and fried pepper stuffed with meat | Fried chicken                             | Stir-fried beef and vegetables with oyster sauce             | Sauteed Chicken with Japanese Garlic Sauce | Fried white fish with tartar sauce              | Hamburger steak with ginger sauce                          | Chicken cutlet with ketchup mayonnaise sauce |
|                                           | <u>B</u>                                                    | <u>B</u>                                  | <u>B</u>                                                     | <u>B</u>                                   | <u>B</u>                                        | <u>B</u>                                                   | <u>B</u>                                     |
|                                           | Gapao rice                                                  | Ginger-grilled pork rice bowl             | Chicken tempura rice bowl                                    | European curry                             | chicken steak rice bowl                         | Omelet rice chicken tomato cream sauce                     | Mushroom and cheese curry                    |
|                                           | <u>AB common menu</u>                                       | <u>AB common menu</u>                     | <u>AB common menu</u>                                        | <u>AB common menu</u>                      | <u>AB common menu</u>                           | <u>AB common menu</u>                                      | <u>AB common menu</u>                        |
|                                           | Rice/soup/drink bar                                         | Rice/soup/drink bar                       | Rice/soup/drink bar                                          | Rice/soup/drink bar                        | Rice/soup/drink bar                             | Rice/soup/drink bar                                        | Rice/soup/drink bar                          |
| Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                         | Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                        | Salad/Fruit/Dessert                             | Salad/Fruit/Dessert                                        |                                              |

- Breakfast will be served in buffet style.
- You can choose from 3 menu items for lunch and 1 item from 2 menu items for dinner. The menu may change due to availability of ingredients.
- Our store is not a free space. Those who cannot purchase a meal ticket or those who bring their own food will not be permitted to use the facility.
- Reservations are required for breakfast and dinner. Please make your reservation by 3:00 pm 7 days in advance, excluding holidays. Please see the Olympic Center homepage for details.
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# Weekly Menu



# Cafeteria Fuji



| 日曜日 | 2025/3/29<br>Saturday | 2025/3/30<br>Sunday | 2025/3/31<br>Monday | 2025/4/1<br>Tuesday | 2025/4/2<br>Wednesday | 2025/4/3<br>Thursday | 2025/4/4<br>Friday |
|-----|-----------------------|---------------------|---------------------|---------------------|-----------------------|----------------------|--------------------|
|-----|-----------------------|---------------------|---------------------|---------------------|-----------------------|----------------------|--------------------|

|                                           |                                                              |                                           |                                                          |             |  |  |  |
|-------------------------------------------|--------------------------------------------------------------|-------------------------------------------|----------------------------------------------------------|-------------|--|--|--|
| b<br>r<br>e<br>a<br>k<br>f<br>a<br>s<br>t | <u>Buffet style</u>                                          | <u>Buffet style</u>                       | <u>Buffet style</u>                                      | coming soon |  |  |  |
|                                           | Macaroni Salad                                               | Potato salad                              | Pumpkin Salad                                            |             |  |  |  |
|                                           | scrambled eggs                                               | Egg Soboro                                | omelette                                                 |             |  |  |  |
|                                           | Tuna, broccoli and wakame seaweed tossed in Japanese mustard | Bok choy and bean sprout namul            | Shiitake mushrooms and hijiki with olive flavor          |             |  |  |  |
| Shumai                                    | Teriyaki Meatballs                                           | Meat dumplings (sweet and sour sauce)     |                                                          |             |  |  |  |
| Soup/drink bar                            | Soup/drink bar                                               | Soup/drink bar                            |                                                          |             |  |  |  |
| Rice/bread/natto                          | Rice/bread/natto                                             | Rice/bread/natto                          |                                                          |             |  |  |  |
| Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                       |                                                          |             |  |  |  |
| l<br>u<br>n<br>c<br>h                     | <u>A</u>                                                     | <u>A</u>                                  | <u>A</u>                                                 |             |  |  |  |
|                                           | Grilled Chicken with Basil Tomato Sauce                      | Hamburg steak with onion sauce            | Ham cutlet and fried sardines with plum and shiso leaves |             |  |  |  |
|                                           | <u>B</u>                                                     | <u>B</u>                                  | <u>B</u>                                                 |             |  |  |  |
|                                           | Pork cutlet with sweet and spicy sauce rice bowl             | Fried fish fillet with lemon daikon sauce | Chicken teriyaki on the rice                             |             |  |  |  |
|                                           | <u>C</u>                                                     | <u>C</u>                                  | <u>C</u>                                                 |             |  |  |  |
| Hashed beef on the rice                   | Japanese-style chicken curry                                 | Kanazawa curry rice                       |                                                          |             |  |  |  |
| <u>ABC common menu</u>                    | <u>ABC common menu</u>                                       | <u>ABC common menu</u>                    |                                                          |             |  |  |  |
| Rice/soup/drink bar                       | Rice/soup/drink bar                                          | Rice/soup/drink bar                       |                                                          |             |  |  |  |
| Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                       |                                                          |             |  |  |  |
| d<br>i<br>n<br>n<br>e<br>r                | <u>A</u>                                                     | <u>A</u>                                  | <u>A</u>                                                 |             |  |  |  |
|                                           | Fried minced meat cutlet and fried pepper stuffed with meat  | Fried chicken                             | Stir-fried beef and vegetables with oyster sauce         |             |  |  |  |
|                                           | <u>B</u>                                                     | <u>B</u>                                  | <u>B</u>                                                 |             |  |  |  |
|                                           | Gapao rice                                                   | Ginger-grilled pork rice bowl             | Chicken tempura rice bowl                                |             |  |  |  |
| <u>AB common menu</u>                     | <u>AB common menu</u>                                        | <u>AB common menu</u>                     |                                                          |             |  |  |  |
| Rice/soup/drink bar                       | Rice/soup/drink bar                                          | Rice/soup/drink bar                       |                                                          |             |  |  |  |
| Salad/Fruit/Dessert                       | Salad/Fruit/Dessert                                          | Salad/Fruit/Dessert                       |                                                          |             |  |  |  |

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