

# March 2025 【Breakfast】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

\*Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

No.1

date	1 • 6 • 11 • 16 • 21 • 26 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Pumpkin Salad	●	●	●					
	omelette	●	●	●					
	Shiitake mushrooms and hijiki with olive flavor	●							
	Meat dumplings (sweet and sour sauce)	●	●	●					

No.2

date	2 • 7 • 12 • 17 • 22 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Potato salad	●	●	●					
	scrambled eggs	●	●	●					
	a side dish of boiled Chinese cabbage and shimeji mushroom	●							
	Pork sausages			●					

No.3

date	3 • 8 • 13 • 18 • 23 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Spaghetti salad	●	●	●					
	Thickly grilled egg	●	●						
	Sauteed spinach and bacon	●	●	●					
	Flavored ground chicken	●							

		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
o t h e r s	rice								
	miso soup								
	various breads	●	Please check in store for daily changes.						
	natto	●							

\*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	9 • 14 • 19 • 24 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Macaroni Salad	●	●	●					
	scrambled eggs	●	●	●					
	Tuna, broccoli and wakame seaweed tossed in Japanese mustard	●							
	Shumai	●		●					

No.5

date	10 • 15 • 20 • 25 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Potato salad	●	●	●					
	Egg Soboro	●	●						
	Bok choy and bean sprout namul								
	Teriyaki Meatballs	●	●	●					

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

# March 2025 【Lunch】 Main Menu Allergen Table

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- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

\*For lunch, you can choose one item from the three items on the menu.  
Depending on availability on the day, some menu items may be sold out.

No.1 (Saturday)

date	1 • 8 • 15 • 22 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Grilled Chicken with Basil Tomato Sauce	●		●					
	Pork cutlet with sweet and spicy sauce rice bowl	●	●	●					
	Hashed beef on the rice	●							

No.2 (Sunday)

date	2 • 9 • 16 • 23 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Hamburg steak with onion sauce	●		●					
	Fried fish fillet with lemon daikon sauce	●	●	●					
	Japanese-style chicken curry	●							

No.3 (Monday)

date	10 • 17 • 24 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Ham cutlet and fried sardines with plum and shiso leaves	●	●	●					
	Chicken teriyaki on the rice	●	●						
	Kanazawa curry rice	●		●					

No.4 (Tuesday)

date	11 • 18 • 25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Hamburg steak with demi-glace tomato sauce	●		●					
	Fried chicken with curry flavor	●							
	Omelet rice with stew sauce	●	●	●					

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Wednesday)

date	5 • 12 • 19 • 26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Ground meat cutlet with mushroom hayashi sauce	●		●					
	Tianjin rice(Chicken with egg and ankake bowl)	●	●	●					
	Pork curry and rice	●							

No.6 (Thursday)

date	6 • 13 • 20 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Grilled chicken & Miso cream sauce with seasonal veggies	●		●					
	Spicy and sweet stir-fried beef with steamed vegetables	●							
	Pork cutlet on the rice with demiglace sauce	●	●	●					

No.7 (Friday)

date	7 • 14 • 21 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Chicken cheese cutlet with teriyaki sauce	●	●	●					
	Salted pork rib rice bowl								
	Pork & vegetables curry sauce with rice	●		●					

Salads, fruit bars/drink bars, and desserts are also available.

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# March 2025 【Dinner】 Main Menu Allergen Table

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- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.

No.1 (Saturday)

date	1・8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried minced meat cutlet and fried pepper stuffed with meat	●		●					
	Gapao rice	●	●						

No.2 (Sunday)

date	2・9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried chicken	●	●						
	Ginger-grilled pork rice bowl	●							

No.3 (Monday)

date	10・17・24・31	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Stir-fried beef and vegetables with oyster sauce	●							
	Chicken tempura rice bowl	●							

No.4 (Tuesday)

date	11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Sauteed Chicken with Japanese Garlic Sauce	●							
	European curry	●		●					

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Wednesday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried white fish with tartar sauce	●	●	●					
	chicken steak rice bowl	●							

No.6 (Thursday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Hamburger steak with ginger sauce	●		●					
	Omelet rice chicken tomato cream sauce	●	●	●					

No.7 (Friday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Chicken cutlet with ketchup mayonnaise sauce	●	●	●					
	Mushroom and cheese curry	●		●					

Salads, fruit bars/drink bars, and desserts are also available.

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