



- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
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- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

*Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)

No.1

date	1 • 6 • 11 • 16 • 21 • 26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●	●					
	scrambled eggs	●	●	●					
	Steamed cabbage & carrot dressed with mustard sauce	●							
	Pork sausages			●					

No.2

date	2 • 7 • 12 • 17 • 22 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Potato salad	●	●	●					
	Thickly grilled egg	●	●						
	Bok choy and fried tofu simmered in soy sauce	●							
	Meat dumplings (sweet and sour sauce)	●	●	●					

No.3

date	3 • 8 • 13 • 18 • 23 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Macaroni Salad	●	●	●					
	Egg Soboro	●	●						
	Minced chicken and potatoes stir-fried with BBQ sauce	●							
	Shumai	●		●					

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								
	various breads	●	Please check in store for daily changes.						
	natto	●							

*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	9 • 14 • 19 • 24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Spaghetti salad	●	●	●					
	scrambled eggs	●	●	●					
	Vegetarian Chili Con Carne								
	Teriyaki Meatballs	●	●	●					

No.5

date	5 • 10 • 15 • 20 • 25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
Main	Pumpkin Salad	●	●	●					
	Thickly grilled egg	●	●						
	Spinach with bonito flakes	●							
	Flavored ground chicken	●							

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

February 2025 【Lunch】 Main Menu Allergen Table

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*For lunch, you can choose one item from the three items on the menu.
Depending on availability on the day, some menu items may be sold out.

No.1 (Saturday)

date	1・8・15・22	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Chicken saute garlic soy sauce flavor	●		●					
	Kitsune udon with lotus root tempura	●							
	Omelet rice chicken tomato cream sauce	●	●	●					

No.2 (Sunday)

date	2・9・16・23	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried minced meat cutlet and fried pepper stuffed with meat	●		●					
	Grilled pork with ginger	●							
	tomato minced meat curry with soybeans								

No.3 (Monday)

date	10・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried chicken with teriyaki sauce	●	●	●					
	Pork and cabbage stir-fried with miso	●							
	European curry	●		●					

No.4 (Tuesday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Roast Chicken & Pumpkin Croquettes	●	●	●					
	Spicy and sweet stir-fried beef with steamed vegetables	●							
	Mushroom and cheese curry	●		●					

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Wednesday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Chicken Saute Japanese style mushroom sauce	●		●					
	White sauce omelet rice	●	●	●					
	Miso pork cutlet bowl	●	●	●					

No.6 (Thursday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried white fish with tartar sauce	●	●	●					
	Chicken stew with demi-glace sauce	●							
	Beef curry	●		●					

No.7 (Friday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried fish with spicy sauce	●	●						
	Hamburger steak with BBQ sauce	●		●					
	Chinese style mixed vegetable and meat/seafood gravy rice bowl	●	●						

Salads, fruit bars/drink bars, and desserts are also available.

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February 2025 【Dinner】 Main Menu Allergen Table

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※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.

No.1 (Saturday)

date	1・8・15・22	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Chicken Tempura with ponzu sauce	●							
	Pork curry and rice	●							

No.2 (Sunday)

date	2・9・16・23	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Lemon Pepper Chicken	●							
	beef bowl	●							

No.3 (Monday)

date	10・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Hamburg steak with tomato sauce	●		●					
	Sweet and spicy stir-fried pork and vegetables bowl	●							

No.4 (Tuesday)

date	4・11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Sauteed Chicken with Yuzu Pepper Sauce	●							
	fried white fish curry with rice	●							

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
	rice								
	miso soup								

No.5 (Wednesday)

date	5・12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Fried chicken	●	●						
	Beef & vegetables curry sauce with rice	●		●					

No.6 (Thursday)

date	6・13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Tofu hamburger with mushroom sauce	●		●					
	Chicken outlet in sweet and spicy sauce rice bowl	●	●	●					

No.7 (Friday)

date	7・14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab	walnut
M a i n	Spicy chicken and steamed vegetables with onion sauce	●							
	Hayashi rice with plenty of mushrooms	●		●					

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