

November 2024 【Breakfast】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

***Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)**

No.1

date	1 • 11 • 16 • 21 • 26	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Macaroni Salad	●	●	●				
	Thickly grilled egg	●	●					
	Bonito, wakame and broccoli tossed with bonito flakes	●						
	Pork sausages			●				

No.2

date	12 • 17 • 22 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	potato salad	●	●	●				
	scrambled eggs	●	●	●				
	Soaked komatsuna and fried tofu	●						
	Chicken dumplings stewed in tomatoes	●	●	●				

No.3

date	13 • 18 • 23 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Spaghetti salad	●	●	●				
	omelette	●	●	●				
	Tuna and spinach with ginger soy sauce	●						
	Pork sausages			●				

		wheat	egg	milk	buckwheat	peanut	shrimp	crab	
o t h e r s	rice								
	miso soup								
	various breads	●	Please check in store for daily changes.						
	natto	●							

*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	9 • 14 • 19 • 24 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Pumpkin Salad	●	●	●				
	scrambled eggs	●	●	●				
	boiled Bok choy and enoki mushrooms seasoned with soy sauce	●						
	Meat dumplings (sweet and sour sauce)	●	●	●				

No.5

date	10 • 15 • 20 • 25 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	potato salad	●	●	●				
	Egg Soboro	●	●					
	ratatouille							
	Teriyaki Meatballs	●	●	●				

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

November 2024 【Lunch】 Main Menu Allergen Table

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***For lunch, you can choose one item from the three items on the menu.
Depending on availability on the day, some menu items may be sold out.**

No.1 (Friday)

date	8・15・22・29	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Baked chicken with black pepper							
	Fried whitefish with mushroom starchy sauce YUZU flavor	●						
	Omelet Curry Rice	●	●	●				

No.2 (Saturday)

date	9・16・23・30	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Pork shabu-shabu with Caesar dressing		●	●				
	Pumpkin Croquettes & Grilled Chicken with Honey Mustard Sauce	●	●	●				
	European curry	●		●				

No.3 (Sunday)

date	10・17・24	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Fried dumplings with vegetable sweet and sour ankake	●						
	Demitoma hamburger steak	●		●				
	Japanese-style chicken curry	●						

No.4 (Monday)

date	11・18・25	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Sardine green nori fried & kyabetsu minced cutlet	●		●				
	Omelet Rice, Tomato Cheese Sauce	●	●	●				
	Hayashi rice with plenty of mushrooms	●		●				

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab
	rice							
	miso soup							

No.5 (Tuesday)

date	12・19・26	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Chicken Sauteed Garlic Butter Soy Sauce	●		●				
	Chinese style mixed vegetable and meat/seafood gravy rice bowl	●						
	【Gogo Curry Supervision】 Kanazawa Curry	●		●				

No.6 (Wednesday)

date	13・20・27	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Grilled pork with ginger	●						
	Fried chicken sleet bean paste	●						
	Stewed pork with brown sauce	●						

No.7 (Thursday)

date	14・21・28	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Aji Fried & Menchikatsu	●		●				
	Grilled chicken thighs with miso paste		●					
	Grilled Vegetable Curry	●		●				

Salads, fruit bars/drink bars, and desserts are also available.

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November 2024 【Dinner】 Main Menu Allergen Table

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※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.

No.1 (Friday)

date	8 • 15 • 22 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Tandoori Chicken			●				
	Locomoco (Hamburg steak & hot spring egg on the rice)	●	●	●				

No.2 (Saturday)

date	9 • 16 • 23 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Stir-fried pork, mushrooms & egg	●	●					
	Minced pork curry with rice	●		●				

No.3 (Sunday)

date	10 • 17 • 24	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Chicken with mushroom cream sauce	●		●				
	Pork cutlet & sliced cabbage on the rice with tonkatsu sauce	●	●	●				

No.4 (Monday)

date	11 • 18 • 25	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Sautéed chicken grated ponzu	●						
	Beef curry	●		●				

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab
	rice							
	miso soup							

No.5 (Tuesday)

date	12 • 19 • 26	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Grilled chicken salad	●		●				
	Stir-fried rice with basil	●	●					

No.6 (Wednesday)

date	13 • 20 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Sasami cheese katsu	●	●	●				
	Hashed beef on the rice	●						

No.7 (Thursday)

date	14 • 21 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Teriyaki Tofu Hamburger	●		●				
	Fried chicken bowl	●						

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