

·Breakfast will be served in buffet style.

Rice/soup/drink bar

Salad/Fruit/Dessert

- ·You can choose from 3 menu items for lunch and 1 item from 2 menu items for dinner. The menu may change due to availability of ingredients.
- ·Our store is not a free space. Those who cannot purchase a meal ticket or those who bring their own food will not be permitted to use the facility.
- ·Reservations are required for breakfast and dinner. Please make your reservation by 3:00 pm 7 days in advance, excluding holidays. Please see the Olympic Center homepage for details.

Rice/soup/drink bar

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•Tickets for lunch will be sold on the day, but if there are many customers, we may stop selling tickets on the day at the ticket vending machine.



## Cafeteria Fuji

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	2024/9/8	2024/9/9	2024/9/10	2024/9/11	2024/9/12	2024/9/13	2024/9/14
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	•	·	•	•	·	•	·
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
b	Spaghetti salad	Spaghetti salad	Vermicelli salad	Macaroni Salad	Burdock salad	Spaghetti salad	Spaghetti salad
r	scrambled eggs	Spaghetti salad	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs	Spaghetti salad
e a k	Stir–fried minced chicken and potatoes with BBQ sauce	Tuna and komatsuna with mustard	Broccoli dressed with shaved dried bonito	Ratatouille (vegetables stewed in tomatoes)	Vegetarian Chile Con Carne	Stir–fried minced chicken and potatoes with BBQ sauce	Tuna and komatsuna with mustard
а	Pork sausages	Meat dumplings (sweet and sour sauce)	Chicken Nuggets	Pork sausages	Shumai	Pork sausages	Meat dumplings (sweet and sour sauce
S	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
					T.	T	T
	<u>A</u> Spiced Grilled Chicken	<u>A</u> Chicken tempura grated ponzu	<u>A</u> [Director: Chen Kenichi] Fried Chicken with Sweet and Sour Sauce	A Grilled chicken with mushrooms in lemon cream sauce	<u>A</u> pork shabu and eggplant Dressed with grated radish	A Chicken Katsu Aurora Sauce	A Hamburger steak with BBQ sauce
l u n	<u>B</u> Katsudon with special sauce	B Stir-fried pork, eggplant, and mushrooms with spicy miso	B Hamburger steak with tomato sauce	B Supervised by Yokohama Hotel, Cantonese-style mapo tofu	B Fried white fish with black vinegar mushroom sauce	Boiled gyoza dumpling with spicy scallion sauce	B A Nagasaki noodle dish
С	<u>C</u>	<u>C</u>	<u>C</u>	<u>c</u>	<u>c</u>	<u>C</u>	<u>C</u>
h	Beef & vegetables curry sauce with rice	Hashed beef on the rice	Beef sukiyaki bukkake udon	Omelet Rice Beef with Demi-glace Sauce	Japanese–style chicken curry	Curry with hamburger	[Gogo Curry Supervision] Kanazawa Curry
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
				<u> </u>	I	1	
*	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u> Sautéed chicken with	<u>A</u>	<u>A</u>	<u>A</u>
<b>d</b> .	Demi-glace stewed hamburger steak	Chicken Sauteed Garlic Butter Soy Sauce	Grilled chicken yakiniku salad	Japanese-style grated sauce	Pork cutlet with demi- glace sauce	Big Menchi Cutlet Tomato Cheese Sauce	Chicken Nanban
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
n n e	Keema curry with melted eggs	Fillet cutlet curry	[Supervised by Alporto] Meat Sauce DON	Tianjin rice (soy sauce flavor)	Chicken Stamina Bowl	Chicken Steak Bowl	Pork salt yakiniku bowl
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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## Weekly Menu Weekly Menu

## Cafeteria Fuji

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				COMPASS

日	B 2024/9/15 2024/9/16		2024/9/17	2024/9/18	2024/9/19	2024/9/20	2024/9/21		
曜日	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style		
b	Vermicelli salad	Macaroni Salad	Burdock salad	Spaghetti salad	Spaghetti salad	Vermicelli salad	Macaroni Salad		
r e	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs	Spaghetti salad	scrambled eggs	Egg Soboro		
a k	Broccoli dressed with shaved dried bonito	Ratatouille (vegetables stewed in tomatoes)	Vegetarian Chile Con Carne	Stir-fried minced chicken and potatoes with BBQ sauce	Tuna and komatsuna with mustard	Broccoli dressed with shaved dried bonito	Ratatouille (vegetables stewed in tomatoes)		
a	Chicken Nuggets	Pork sausages	Shumai	Pork sausages	Meat dumplings (sweet and sour sauce)	Chicken Nuggets	Pork sausages		
s	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar		
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto		
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		
A	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>		
	Spiced Grilled Chicken	Chicken tempura grated ponzu	[Director: Chen Kenichi] Fried Chicken with Sweet and Sour Sauce	Grilled chicken with mushrooms in lemon cream sauce	pork shabu and eggplant Dressed with grated radish	Chicken Katsu Aurora Sauce	Hamburger steak with BBQ sauce		
ı	<u>B</u>	<u>B</u> Stir–fried pork, eggplant,	<u>B</u>	B Supervised by Yokohama	<u>B</u>	<u>B</u>	<u>B</u>		
u n	Katsudon with special sauce	and mushrooms with spicy miso	Hamburger steak with tomato sauce	Hotel, Cantonese–style mapo tofu	Fried white fish with black vinegar mushroom sauce	Boiled gyoza dumpling with spicy scallion sauce	A Nagasaki noodle dish		
С	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>		
h	Beef & vegetables curry sauce with rice	Hashed beef on the rice	Beef sukiyaki bukkake udon	Omelet Rice Beef with Demi-glace Sauce	Japanese–style chicken curry	Curry with hamburger	[Gogo Curry Supervision] Kanazawa Curry		
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu		
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar		
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		
*	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u> Sautéed chicken with	<u>A</u>	<u>A</u>	<u>A</u>		
d ::	Demi-glace stewed hamburger steak	Chicken Sauteed Garlic Butter Soy Sauce	Grilled chicken yakiniku salad	Japanese-style grated sauce	Pork cutlet with demi- glace sauce	Big Menchi Cutlet Tomato Cheese Sauce	Chicken Nanban		
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>		
n n e	Keema curry with melted eggs	Fillet cutlet curry	[Supervised by Alporto] Meat Sauce DON	Tianjin rice (soy sauce flavor)	Chicken Stamina Bowl	Chicken Steak Bowl	Pork salt yakiniku bowl		
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu		
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar		
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		

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## Cafeteria Fuji







<b>日</b>	2024/9/22	2024/9/23	2024/9/24	2024/9/25	2024/9/26	2024/9/27	2024/9/28
曜日	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
,	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
h	Burdock salad	Spaghetti salad	Spaghetti salad	Vermicelli salad	Macaroni Salad	Burdock salad	Spaghetti salad
r	Thickly grilled egg	scrambled eggs	Spaghetti salad	scrambled eggs	Egg Soboro	Thickly grilled egg	scrambled eggs
e a k	Vegetarian Chile Con Carne	Stir–fried minced chicken and potatoes with BBQ sauce	Tuna and komatsuna with mustard	Broccoli dressed with shaved dried bonito	Ratatouille (vegetables stewed in tomatoes)		Stir–fried minced chicken and potatoes with BBQ sauce
f a	Shumai	Pork sausages	Meat dumplings (sweet and sour sauce)	Chicken Nuggets	Pork sausages	Shumai	Pork sausages
S	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
†	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
	A Spiced Grilled Chicken	<u>A</u> Chicken tempura grated ponzu	<u>A</u> [Director: Chen Kenichi] Fried Chicken with Sweet and Sour Sauce	A Grilled chicken with mushrooms in lemon cream sauce	A pork shabu and eggplant Dressed with grated radish	<u>A</u> Chicken Katsu Aurora Sauce	<u>A</u> Hamburger steak with  BBQ sauce
l u n	B Katsudon with special sauce	B Stir-fried pork, eggplant, and mushrooms with spicy miso	B Hamburger steak with tomato sauce	B Supervised by Yokohama Hotel, Cantonese-style mapo tofu	B Fried white fish with black vinegar mushroom sauce	B Boiled gyoza dumpling with spicy scallion sauce	B A Nagasaki noodle dish
С	<u>C</u>	<u>c</u>	<u>C</u>	<u>c</u>	<u>C</u>	<u>C</u>	<u>c</u>
h	Beef & vegetables curry sauce with rice	Hashed beef on the rice	Beef sukiyaki bukkake udon	Omelet Rice Beef with Demi-glace Sauce	Japanese–style chicken curry	Curry with hamburger	[Gogo Curry Supervision] Kanazawa Curry
	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
<b>d</b>	<u>A</u> Demi-glace stewed  hamburger steak	<u>A</u> Chicken Sauteed Garlic Butter Soy Sauce	<u>A</u> Grilled chicken yakiniku salad	<u>A</u> Sautéed chicken with Japanese–style grated sauce	A Pork cutlet with demi- glace sauce	A Big Menchi Cutlet Tomato Cheese Sauce	<u>A</u> Chicken Nanban
n n e	B Keema curry with melted eggs	B Fillet cutlet curry	B [Supervised by Alporto] Meat Sauce DON	B Tianjin rice (soy sauce flavor)	B Chicken Stamina Bowl	B Chicken Steak Bowl	B Pork salt yakiniku bowl
r	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

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	Week	dy Menu			Cafeteria F	Fuji 👃 🕹 👌	COMPASS
日	2024/9/29	2024/9/30	2024/10/1	2024/10/2	2024/10/3	2024/10/4	2024/10/5
曜日	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	- Comording		, a.coura,	w sum sum y	· · · · · · · · · · · · · · · · · · ·		- Cararaa,
,	Buffet style	Buffet style	Buffet style				
b	Spaghetti salad	Vermicelli salad	Macaroni Salad				
r	Spaghetti salad	scrambled eggs	Egg Soboro				
e a k	Tuna and komatsuna with mustard	Broccoli dressed with shaved dried bonito	Ratatouille (vegetables stewed in tomatoes)				
f a	Meat dumplings (sweet and sour sauce)	Chicken Nuggets	Pork sausages				
s	Soup/drink bar	Soup/drink bar	Soup/drink bar				
t	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto				
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert				
	A Spiced Grilled Chicken	A Chicken tempura grated ponzu	A [Director: Chen Kenichi] Fried Chicken with Sweet and Sour Sauce		comi	ng soon	
l u	B Katsudon with special sauce	B Stir-fried pork, eggplant, and mushrooms with spicy miso	B Hamburger steak with tomato sauce				
C	<u>c</u>	<u>c</u>	<u>c</u>				
h	Beef & vegetables curry sauce with rice	Hashed beef on the rice	Beef sukiyaki bukkake udon				
	ABC common menu	ABC common menu	ABC common menu				
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar				
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert				
_	<b>_</b>	Ι.	I.				
d d	<u>A</u> Demi-glace stewed  hamburger steak	A Chicken Sauteed Garlic Butter Soy Sauce	<u>A</u> Grilled chicken yakiniku salad				
l n	<u>B</u>	<u>B</u>	<u>B</u>				
n n e	Keema curry with melted eggs	Fillet cutlet curry	[Supervised by Alporto] Meat Sauce DON				
r	AB common menu	AB common menu	AB common menu				
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar				
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert				

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