

August 2024 【 Breakfast】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

***Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)**

No.1

date	1 • 6 • 11 • 16 • 21 • 26 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	vermicelli salad							
	scrambled eggs	●	●	●				
	Cabbage with sesame seeds	●						
	Teriyaki meatballs	●	●	●				

No.2

date	2 • 7 • 12 • 17 • 22 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	macaroni salad	●	●	●				
	scrambled eggs Japanese style	●	●					
	Fried potatoes with spices							
	pork wiener			●				

No.3

date	3 • 8 • 13 • 18 • 23 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	burdock salad	●	●	●				
	thick fried egg	●	●					
	Spinach namul	●						
	Flavored ground chicken	●						

		wheat	egg	milk	buckwheat	peanut	shrimp	crab	
o t h e r s	rice								
	miso soup								
	various breads	●	Please check in store for daily changes.						
	natto	●							

*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	4 • 9 • 14 • 19 • 24 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	spaghetti salad	●	●	●				
	scrambled eggs	●	●	●				
	Stir-fried wakame and tuna	●						
	pork wiener			●				

No.5

date	5 • 10 • 15 • 20 • 25 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	potato salad	●	●	●				
	omelette	●	●	●				
	Bok choy and fried tofu salad	●						
	Meatballs (sweet and sour sauce)	●	●	●				

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

August 2024 [Lunch] Main Menu Allergen Table

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*For lunch, you can choose one item from the three items on the menu.
Depending on availability on the day, some menu items may be sold out.

No.1 (Thursday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	1 • 8 • 15 • 22 • 29							
	Demi-glace croquette & grilled chicken with tomato sauce	●		●				
	Pork Shabu-Shabu with Daikon Radish and Ponzu Sauce	●						
	Omelet curry	●	●	●				

No.2 (Friday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	2 • 9 • 16 • 23 • 30							
	Hamburger steak with mushroom peperon sauce	●		●				
	Steamed chicken & seasonal veggies with sesame sauce	●	●					
	Beef curry	●		●				

No.3 (Saturday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	3 • 10 • 17 • 24 • 31							
	Teriyaki chicken	●						
	Fried fish with spicy sauce	●	●					
	Curry & rice [Acoustic measurement ship HIBIKI style]	●		●				

No.4 (Sunday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	4 • 11 • 18 • 25							
	Tofu hamburger steak with grated Daikon & Ponzu sauce	●		●				
	Sichuan mapo tofu rice bowl	●						
	Fillet cutlet curry	●	●	●				

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab
	rice							
	miso soup							

No.5 (Monday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	5 • 12 • 19 • 26							
	Grilled pork with green onion and miso sauce	●						
	Chicken cutlet on rice with sweet and salty sauce	●	●	●				
	Udon noodles in soup with spicy cod roe & grated daikon	●						

No.6 (Tuesday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	6 • 13 • 20 • 27							
	Grilled Chicken with Honey Mustard Sauce & Fried Horse Mackerel	●						
	Caponata on the pilaf	●	●	●				
	Kanazawa curry	●		●				

No.7 (Wednesday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	7 • 14 • 21 • 28							
	Teriyaki hamburger steak	●		●				
	omelet rice chicken tomato cream sauce	●	●	●				
	Curry & rice [Submarine KUROSHIO style]	●		●				

Salads, fruit bars/drink bars, and desserts are also available.

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August 2024 【Dinner】 Main Menu Allergen Table

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※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.

No.1 (Thursday)

date	1 • 8 • 15 • 22 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Japanese-style stamina barbecue	●						
	Pork Hayashi Rice	●		●				

No.2 (Friday)

date	2 • 9 • 16 • 23 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Sichuan spicy tofu	●						
	Chicken Nanban Rice Bowl	●	●					

No.3 (Saturday)

date	3 • 10 • 17 • 24 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Giant minced meat cutlet with BBQ sauce	●		●				
	Hashed beef on the rice	●						

No.4 (Sunday)

date	4 • 11 • 18 • 25	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Sauteed Chicken with Lemon Butter Sauce	●		●				
	Pork stamina bowl	●						

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab
	rice							
	miso soup							

No.5 (Monday)

date	5 • 12 • 19 • 26	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Ginger-grilled pork	●						
	Fried mackerel curry	●						

No.6 (Tuesday)

date	6 • 13 • 20 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Japanese-style hamburger steak	●		●				
	Pork cutlet & sliced cabbage on the rice with tonkatsu sauce	●	●	●				

No.7 (Wednesday)

date	7 • 14 • 21 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Sauteed Chicken with Ginger Sauce	●						
	Crispy Chinese noodles with chop suey sauce	●	●				●	

Salads, fruit bars/drink bars, and desserts are also available.

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