

# ★ Weekly Menu

# Cafeteria Fuji



	2024/7/1 Monday	2024/7/2 Tuesday	2024/7/3 Wednesday	2024/7/4 Thursday	2024/7/5 Friday	2024/7/6 Saturday	2024/7/7 Sunday
b r e a k f a s t	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>
	potato salad	vermicelli salad	macaroni salad	burdock salad	spaghetti salad	potato salad	vermicelli salad
	omelette	scrambled eggs	scrambled eggs Japanese style	thick fried egg	scrambled eggs	omelette	scrambled eggs
	a side dish of boiled seasoned Bok choy and fried tofu	Potato and broccoli with grain mustard	Lightly seasoned bean sprouts and tuna	Komatsuna and enoki mushrooms Seasoned	Vinegared tuna and okra	a side dish of boiled seasoned Bok choy and fried tofu	Potato and broccoli with grain mustard
	Flavored ground chicken	Chicken dumplings stew in tomato	pork wiener	Shumai	pork wiener	Flavored ground chicken	Chicken dumplings stew in tomato
	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	
l u n c h	<u>A</u> chicken sauté grated steak sauce	<u>A</u> Fried Tatsuta with cheese and perilla & grilled pork with ginger	<u>A</u> Grilled pork with seasonal veggies ratatouille	<u>A</u> chicken yakiniku salad	<u>A</u> Grilled chicken garlic tomato sauce	<u>A</u> Whitefish fritters with lemon sauce	<u>A</u> chicken cutlet aurora sauce
	<u>B</u> Meat sauce DON	<u>B</u> Hamburger BBQ sauce	<u>B</u> Baby sardine & poached egg on the rice	<u>B</u> crab omelette on rice (soy sauce flavor)	<u>B</u> Pork cutlet on the rice with sweet miso sauce	<u>B</u> Spicy Sichuan eggplant on the rice	<u>B</u> Stir-fried beef and vegetables with oyster sauce
	<u>C</u> fried white fish curry	<u>C</u> Vegetable curry with rice	<u>C</u> chicken cutlet curry	<u>C</u> Curry & rice [Submarine ISOSHIO style]	<u>C</u> Chilled grated meat bukkake udon	<u>C</u> Curry & rice [Acoustic measurement ship HIBIKI style]	<u>C</u> hamburger curry
	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert
d i n n e r	<u>A</u> Ground beef cutlet with demi glace sauce & Salt-grilled mackerel	<u>A</u> chicken saute ginger sauce	<u>A</u> Minced meat cutlet with grated ponzu sauce	<u>A</u> Demi-glace stewed hamburger	<u>A</u> Stir-fried chicken with black pepper & spring rolls	<u>A</u> Pork cutlet	<u>A</u> Fried chicken
	<u>B</u> Bulgogi bowl (pork)	<u>B</u> Pork cutlet bowl with sweet and spicy sauce	<u>B</u> Hashed beef on the rice	<u>B</u> Salt-grilled mackerel & teriyaki chicken	<u>B</u> Keema curry with melty eggs	<u>B</u> chicken steak bowl	<u>B</u> Omelet rice beef demi-glace sauce
	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert

- Breakfast will be served in buffet style.
- You can choose from 3 menu items for lunch and 1 item from 2 menu items for dinner. The menu may change due to availability of ingredients.
- Our store is not a free space. Those who cannot purchase a meal ticket or those who bring their own food will not be permitted to use the facility.
- Reservations are required for breakfast and dinner. Please make your reservation by 3:00 pm 7 days in advance, excluding holidays. Please see the Olympic Center homepage for details.
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# Cafeteria Fuji



	2024/7/8 Monday	2024/7/9 Tuesday	2024/7/10 Wednesday	2024/7/11 Thursday	2024/7/12 Friday	2024/7/13 Saturday	2024/7/14 Sunday
b r e a k f a s t	Buffet style	closing day	Buffet style	Buffet style	Buffet style	Buffet style	Buffet style
	macaroni salad		spaghetti salad	potato salad	vermicelli salad	macaroni salad	burdock salad
	scrambled eggs Japanese style		scrambled eggs	omelette	scrambled eggs	scrambled eggs Japanese style	thick fried egg
	Lightly seasoned bean sprouts and tuna		Vinegared tuna and okra	a side dish of boiled seasoned Bok choy and fried tofu	Potato and broccoli with grain mustard	Lightly seasoned bean sprouts and tuna	Komatsuna and enoki mushrooms Seasoned
	pork wiener		pork wiener	Flavored ground chicken	Chicken dumplings stew in tomato	pork wiener	Shumai
Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	
Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	
l u n c h	closing day	A Fried Tatsuta with cheese and perilla & grilled pork with ginger	A Grilled pork with seasonal veggies ratatouille	A chicken yakiniku salad	A Grilled chicken garlic tomato sauce	A Whitefish fritters with lemon sauce	A chicken cutlet aurora sauce
		B Hamburger BBQ sauce	B Baby sardine & poached egg on the rice	B crab omelette on rice (soy sauce flavor)	B Pork cutlet on the rice with sweet miso sauce	B Spicy Sichuan eggplant on the rice	B Stir-fried beef and vegetables with oyster sauce
		C Vegetable curry with rice	C chicken cutlet curry	C Curry & rice [Submarine ISOSHIO style]	C Chilled grated meat bukkake udon	C Curry & rice [Acoustic measurement ship HIBIKI style]	C hamburger curry
		ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu	ABC common menu
		Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		
d i n n e r	closing day	A chicken saute ginger sauce	A Minced meat cutlet with grated ponzu sauce	A Demi-glace stewed hamburger	A Stir-fried chicken with black pepper & spring rolls	A Pork cutlet	A Fried chicken
		B Pork cutlet bowl with sweet and spicy sauce	B Hashed beef on the rice	B Salt-grilled mackerel & teriyaki chicken	B Keema curry with melty eggs	B chicken steak bowl	B Omelet rice beef demi-glace sauce
		AB common menu	AB common menu	AB common menu	AB common menu	AB common menu	AB common menu
		Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert		

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# Cafeteria Fuji



日曜日	2024/7/15 Monday	2024/7/16 Tuesday	2024/7/17 Wednesday	2024/7/18 Thursday	2024/7/19 Friday	2024/7/20 Saturday	2024/7/21 Sunday
b r e a k f a s t	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>
	spaghetti salad	potato salad	vermicelli salad	macaroni salad	burdock salad	spaghetti salad	potato salad
	scrambled eggs	omelette	scrambled eggs	scrambled eggs Japanese style	thick fried egg	scrambled eggs	omelette
	Vinegared tuna and okra	a side dish of boiled seasoned Bok choy and fried tofu	Potato and broccoli with grain mustard	Lightly seasoned bean sprouts and tuna	Komatsuna and enoki mushrooms Seasoned	Vinegared tuna and okra	a side dish of boiled seasoned Bok choy and fried tofu
	pork wiener	Flavored ground chicken	Chicken dumplings stew in tomato	pork wiener	Shumai	pork wiener	Flavored ground chicken
	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	
l u n c h	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
	chicken sauté grated steak sauce	Fried Tatsuta with cheese and perilla & grilled pork with ginger	Grilled pork with seasonal veggies ratatouille	chicken yakiniku salad	Grilled chicken garlic tomato sauce	Whitefish fritters with lemon sauce	chicken cutlet aurora sauce
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
	Meat sauce DON	Hamburger BBQ sauce	Baby sardine & poached egg on the rice	crab omelette on rice (soy sauce flavor)	Pork cutlet on the rice with sweet miso sauce	Spicy Sichuan eggplant on the rice	Stir-fried beef and vegetables with oyster sauce
	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>
	fried white fish curry	Vegetable curry with rice	chicken cutlet curry	Curry & rice [Submarine ISOSHIO style]	Chilled grated meat bukkake udon	Curry & rice [Acoustic measurement ship HIBIKI style]	hamburger curry
<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	
d i n n e r	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
	Ground beef cutlet with demi glace sauce & Salt-grilled mackerel	chicken saute ginger sauce	Minced meat cutlet with grated ponzu sauce	Demi-glace stewed hamburger	Stir-fried chicken with black pepper & spring rolls	Pork cutlet	Fried chicken
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
	Bulgogi bowl (pork)	Pork cutlet bowl with sweet and spicy sauce	Hashed beef on the rice	Salt-grilled mackerel & teriyaki chicken	Keema curry with melty eggs	chicken steak bowl	Omelet rice beef demi-glace sauce
	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>
	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	

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日曜日	2024/7/22 Monday	2024/7/23 Tuesday	2024/7/24 Wednesday	2024/7/25 Thursday	2024/7/26 Friday	2024/7/27 Saturday	2024/7/28 Sunday
b r e a k f a s t	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>
	vermicelli salad	macaroni salad	burdock salad	spaghetti salad	potato salad	vermicelli salad	macaroni salad
	scrambled eggs	scrambled eggs Japanese style	thick fried egg	scrambled eggs	omelette	scrambled eggs	scrambled eggs Japanese style
	Potato and broccoli with grain mustard	Lightly seasoned bean sprouts and tuna	Komatsuna and enoki mushrooms Seasoned	Vinegared tuna and okra	a side dish of boiled seasoned Bok choy and fried tofu	Potato and broccoli with grain mustard	Lightly seasoned bean sprouts and tuna
	Chicken dumplings stew in tomato	pork wiener	Shumai	pork wiener	Flavored ground chicken	Chicken dumplings stew in tomato	pork wiener
	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar	Soup/drink bar
Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	Rice/bread/natto	
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	
l u n c h	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
	chicken sauté grated steak sauce	Fried Tatsuta with cheese and perilla & grilled pork with ginger	Grilled pork with seasonal veggies ratatouille	chicken yakiniku salad	Grilled chicken garlic tomato sauce	Whitefish fritters with lemon sauce	chicken cutlet aurora sauce
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
	Meat sauce DON	Hamburger BBQ sauce	Baby sardine & poached egg on the rice	crab omelette on rice (soy sauce flavor)	Pork cutlet on the rice with sweet miso sauce	Spicy Sichuan eggplant on the rice	Stir-fried beef and vegetables with oyster sauce
	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>	<u>C</u>
	fried white fish curry	Vegetable curry with rice	chicken cutlet curry	Curry & rice [Submarine ISOSHIO style]	Chilled grated meat bukkake udon	Curry & rice [Acoustic measurement ship HIBIKI style]	hamburger curry
<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>	
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	
d i n n e r	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>	<u>A</u>
	Ground beef cutlet with demi glace sauce & Salt-grilled mackerel	chicken saute ginger sauce	Minced meat cutlet with grated ponzu sauce	Demi-glace stewed hamburger	Stir-fried chicken with black pepper & spring rolls	Pork cutlet	Fried chicken
	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>	<u>B</u>
	Bulgogi bowl (pork)	Pork cutlet bowl with sweet and spicy sauce	Hashed beef on the rice	Salt-grilled mackerel & teriyaki chicken	Keema curry with melty eggs	chicken steak bowl	Omelet rice beef demi-glace sauce
	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar	
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert	

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# Cafeteria Fuji



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b r e a k f a s t	<u>Buffet style</u>	<u>Buffet style</u>	<u>Buffet style</u>	coming soon			
	burdock salad	spaghetti salad	potato salad				
	thick fried egg	scrambled eggs	omelette				
	Komatsuna and enoki mushrooms Seasoned	Vinegared tuna and okra	a side dish of boiled seasoned Bok choy and fried tofu				
Shumai	pork wiener	Flavored ground chicken					
Soup/drink bar	Soup/drink bar	Soup/drink bar					
Rice/bread/natto	Rice/bread/natto	Rice/bread/natto					
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert					
l u n c h	<u>A</u>	<u>A</u>	<u>A</u>				
	chicken sauté grated steak sauce	Fried Tatsuta with cheese and perilla & grilled pork with ginger	Grilled pork with seasonal veggies ratatouille				
	<u>B</u>	<u>B</u>	<u>B</u>				
	Meat sauce DON	Hamburger BBQ sauce	Baby sardine & poached egg on the rice				
	<u>C</u>	<u>C</u>	<u>C</u>				
	fried white fish curry	Vegetable curry with rice	chicken cutlet curry				
<u>ABC common menu</u>	<u>ABC common menu</u>	<u>ABC common menu</u>					
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar					
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert					
d i n n e r	<u>A</u>	<u>A</u>	<u>A</u>				
	Ground beef cutlet with demi glace sauce & Salt-grilled mackerel	chicken saute ginger sauce	Minced meat cutlet with grated ponzu sauce				
	<u>B</u>	<u>B</u>	<u>B</u>				
	Bulgogi bowl (pork)	Pork cutlet bowl with sweet and spicy sauce	Hashed beef on the rice				
	<u>AB common menu</u>	<u>AB common menu</u>	<u>AB common menu</u>				
Rice/soup/drink bar	Rice/soup/drink bar	Rice/soup/drink bar					
Salad/Fruit/Dessert	Salad/Fruit/Dessert	Salad/Fruit/Dessert					

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# July 2024 【 Breakfast】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

**\*Breakfast is served in a buffet style, and each person can choose the food they like, so Unintended contamination may occur. (If there are less than 30 people on the day, a plate will be provided)**

No.1

date	1 • 6 • 11 • 16 • 21 • 26 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	potato salad	●	●	●				
	omelette	●	●	●				
	a side dish of boiled seasoned Bok choy and fried tofu	●						
	Flavored ground chicken	●						

No.2

date	2 • 7 • 12 • 17 • 22 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	vermicelli salad							
	scrambled eggs	●	●	●				
	Potato and broccoli with grain mustard							
	Chicken dumplings stew in tomato	●	●	●				

No.3

date	3 • 8 • 13 • 18 • 23 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	macaroni salad	●	●	●				
	scrambled eggs Japanese style	●	●					
	Lightly seasoned bean sprouts and tuna	●						
	pork wiener			●				

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab
	rice							
	miso soup							
	various breads	●	Please check in store for daily changes.					
	natto	●						

\*Ingredients change daily. Fried tofu, tofu, green onion, seaweed.

No.4

date	4 • 14 • 19 • 24 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	burdock salad	●	●	●				
	thick fried egg	●	●					
	Komatsuna and enoki mushrooms Seasoned	●						
	Shumai	●		●				

No.5

date	5 • 10 • 15 • 20 • 25 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab
Main	spaghetti salad	●	●	●				
	scrambled eggs	●	●	●				
	Vinegared tuna and okra							
	pork wiener			●				

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.



# July 2024 [ Lunch ] Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria "Fuji" for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

\*For lunch, you can choose one item from the three items on the menu.  
Depending on availability on the day, some menu items may be sold out.

No.1 (Monday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	chicken sauté grated steak sauce	●						
	Meat sauce DON	●	●	●				
	fried white fish curry	●						

No.2 (Tuesday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Fried Tatsuta with cheese and perilla & grilled pork with ginger	●	●	●				
	Hamburger BBQ sauce	●		●				
	Vegetable curry with rice	●		●				

No.3 (Wednesday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Grilled pork with seasonal veggies ratatouille	●	●	●				
	Baby sardine & poached egg on the rice	●	●				▲	▲
	chicken cutlet curry	●	●	●				

No.4 (Thursday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	chicken yakiniku salad	●	●	●				
	crab omelette on rice (soy sauce flavor)	●	●	●			●	●
	Curry & rice [Submarine ISOSHIO style]	●		●				

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab
	rice							
	miso soup							

No.5 (Friday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Grilled chicken garlic tomato sauce	●		●				
	Pork cutlet on the rice with sweet miso sauce	●	●	●				
	Chilled grated meat bukkake udon	●						

No.6 (Saturday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Whitefish fritters with lemon sauce	●	●	●				
	Spicy Sichuan eggplant on the rice	●						
	Curry & rice [Acoustic measurement ship HIBIKI style]	●		●				

No.7 (Sunday)

date		wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	chicken cutlet aurora sauce	●	●	●				
	Stir-fried beef and vegetables with oyster sauce	●						
	hamburger curry	●		●				

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.

# July 2024 【Dinner】 Main Menu Allergen Table

- The menu and ingredients may change depending on the purchasing situation, so please contact Cafeteria “Fuji” for details.
- Since our restaurant is a large-volume cooking facility, there is a possibility of contamination during cooking. We will investigate contamination information during the product manufacturing process after receiving your inquiry in advance. If you are looking for information on specific raw materials or other than recommended items, it will take time, so please contact us by the deadline.
- Please note that if your symptoms become severe even after ingesting a small amount, or if you consume a large number of eliminated foods, we may ask you to bring a lunch box or eliminated foods.
- If you have a food allergy, please let us know at least two weeks in advance (excluding closed days).
- We refrain from providing removal or substitute meals to people who may develop serious symptoms such as anaphylactic shock, or who have had shock in the past. Please note.

※For dinner, you can choose one of the two items on the menu. Depending on availability on the day, some menu items may be sold out.

## No.1 (Monday)

date	1 • 15 • 22 • 29	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Ground beef cutlet with demi glace sauce& Salt-grilled mackerel	●		●				
	Bulgogi bowl (pork)	●						

## No.2 (Tuesday)

date	2 • 9 • 16 • 23 • 30	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	chicken saute ginger sauce	●						
	Pork cutlet bowl with sweet and spicy sauce	●	●	●				

## No.3 (Wednesday)

date	3 • 10 • 17 • 24 • 31	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Minced meat cutlet with grated ponzu sauce	●		●				
	Hashed beef on the rice	●						

## No.4 (Thursday)

date	4 • 11 • 18 • 25	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Demi-glace stewed hamburger	●	●	●				
	Salt-grilled mackerel & teriyaki chicken	●						

o t h e r s		wheat	egg	milk	buckwheat	peanut	shrimp	crab
	rice							
	miso soup							

## No.5 (Friday)

date	5 • 12 • 19 • 26	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Stir-fried chicken with black pepper & spring rolls	●						
	Keema curry with melty eggs	●	●	●				

## No.6 (Saturday)

date	6 • 13 • 20 • 27	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Pork cutlet	●	●	●				
	chicken steak bowl	●						

## No.7 (Sunday)

date	7 • 14 • 21 • 28	wheat	egg	milk	buckwheat	peanut	shrimp	crab
M a i n	Fried chicken	●	●					
	Omelet rice beef demi-glace sauce	●	●	●				

Salads, fruit bars/drink bars, and desserts are also available.

Please contact us separately for the allergen list of seasonings etc. provided in the store.